## Children's Participation: Recent results from the CFFS & FUNDES-Child

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# **My Experience**

- Occupational Therapy
- Children/youth with disabilities & chronic illness (*Traumatic Brain Injury*)
- Interdisciplinary teams
- Measurement & Intervention Development
- Rehabilitation Outcomes Research
- Qualitative Research
- Consultation / Teaching

# **Presentation Objectives**

- To provide background to the concept of <u>participation</u> and its importance for children & youth
- 2. To provide an overview of the <u>Child & Family</u> <u>Follow up Survey (CFFS) & recent research</u>
- To provide an overview of the <u>Functioning</u> <u>Scale of The Disability Evaluation System –</u> <u>Child version</u> (FUNDES-Child) & recent research

## Participation: What it is & why important

- Involvement in life situations International Classification of Functioning, Disability & Health (ICF; ICF-CY) (WHO, 2001, 2007)
- Multi-dimensional & universal

• (Coster & Khetani, 2008; Law, 2002)

- Children & youth with disabilities often restricted in participation
  - Affected by child & environmental factors

(Bedell, 2009; Law, 2002; King, et al., 2003; Simeonsson, et al.,2001)

• Key aim of rehabilitation, education & community programs (Bedell & Dumas, 2004; Law, 2002)

# **Participation:**

 Enables children to interact, work and live with others and function in society

• (Law, 2002; Larson, 2000; Mahoney, et al., 2003).

- Associated with enhanced quality of life, social competence and educational success
  - (Bedell & Dumas, 2004; Eccles, et al., 2003; King, et al., 2003; Larson, 2000; Law, 2002; Mahoney, et al., 2003; Simeonsson, et al., 2001).
  - Especially activities that promote skill development, and provide a sense of accomplishment and enjoyment

• (Eccles, et al., 2003; Fletcher, et al., 2003; Mahoney, et al., 2003; Rutter, 1987).

ICF DOMAINS	<b>ACTIVITY &amp; PARTICIPATION (SUB-DOMAINS)</b>	
1. Learning & Applying knowledge	Purposeful sensory experiences; Basic learning; Applying knowledge	
2. General Tasks & Demands	Undertaking a single task; Undertaking multiple tasks; Carrying out daily routines; Handling stress & other psychological demands	
3. Communication	Communicating-receiving; Communicating-producing (spoken & nonverbal); Conversation & use of communication devices & techniques	
4. Mobility	Changing and maintaining body position; Maintaining a body position; Transferring oneself; Carrying, moving & handling objects; Walking & moving; Moving around using transportation	
5. Self-care	Washing oneself; Caring for body parts (grooming); Toileting; Dressing; Eating; Drinking; Looking after one's health	
6. Domestic Life	Acquisition of necessities; Household tasks; Caring for household objects and assisting others	
7. Interpersonal Interactions & Relationships	General (basic & complex) interpersonal interactions; Particular interpersonal interactions (Relating with strangers, Informal & formal social relationships, Family relationships, Intimate relationships)	
8. Major Life Areas	Education; Work & employment, Economic life	
9. Community, Social & Civic Life	Community life, Recreation & leisure, Religion & spirituality, Human rights, Political life & citizenship (WHO, 2001)	

#### **Social Participation & Participation**

- Often used interchangeably
- <u>Social participation</u>: "taking part, involvement, engagement, doing or being with others" (Bedell, 2012)
- Participation is involvement in activities that can, should or might prefer to be done without others.

## What is important to measure?

- Key themes important to children's wellbeing: 1) essential for survival, 2) supportive of child development, 3) discretionary, & 4) educational (McConachie, et al., 2006)
- Meaningful & setting-specific goals:
   1) sustenance & physical health, 2) development of skills
   & capacities, & 3) enjoyment & well-being (Coster & Khetani, 2008)
- Performance or fulfillment of social or societal roles (Whiteneck & Dijkers, 2009).
- Stakeholder needs & goals: children, families, service providers, program directors, policy makers (Bedell & Coster, 2008; Bedell, Khetani, et al., 2012)

## National Survey of Children's Participation in Taiwan

- Based on United Nations Convention on Human Rights of Persons with Disability (UNCRPD) and the Rights of the Child (UNCRC), participation has been described as the individual's right to be respected.
- The research of children's participation in Taiwan began before the new Disability Evaluation System (DES; which was launched in July 2012).
- The DES includes children's functioning in determining eligibility for social welfare based on the People with Disabilities Rights Protection Act in Taiwan.

#### Child & Family Follow-up Survey (CFFS)

- Originally developed as parent report measure to monitor needs & outcomes of children & youth with acquired brain injury & their families (Bedell, 2004)
- Informed by the International Classification of Functioning, Disability & Health (ICF, WHO, 2001)
- Now used in multiple settings worldwide with children & youth with other conditions, & for varied purposes and levels of focus (*population, program, child/family*)
- Evidence of reliability & validity (Bedell, 2004; 2009, Bedell & McDougall, 2013, McDougall, Bedell & Wright, 2013)
- Translations & cultural modifications:
  - Traditional Chinese (part of the Functioning Scale of the Disability Evaluation System (FUNDES) - Child version (Hwang, et al., 2013)
  - Spanish, Dutch, French, Hebrew, Arabic, German, Swedish, others

## **Overview of the CFFS (continued)**

#### Child & & Adolescent Scale of Participation (CASP)

- Parent report & youth report versions
- Extent of participation compared to same age in home, school & community

#### Child & Adolescent Scale of Environment (CASE)

Extent of environmental problems

#### • Child & Adolescent Factors Inventory (CAFI):

- Extent of impairment
- Other questions: Child's physical & emotional health, ways of communicating & moving around, current services, family needs & quality of life

## CASP: Four subsections (20 items)

#### HOME PARTICIPATION:

- 1. Social/ leisure (family)
- 2. Social/ leisure (friends)
- 3. Chores / Responsibilities
- 4. Self-care
- 5. Mobility
- 6. Communication

#### **COMMUNITY PARTICIPATION:**

- 7. Social/ leisure (friends)
- 8. Structured activities
- 9. Mobility
- 10. Communication

#### \*Plus open-ended questions (e.g., strategies, equipment)

#### SCHOOL PARTICIPATION

- 11. Educational activities
- 12. Social / Leisure (students)
- 13. Mobility
- 14. Using educational materials
- 15. Communication

#### HOME & COMMUNITY LIVING

- 16. Household Activities
- 17. Shopping/ Managing Money
- 18. Managing Daily Schedule
- 19. Using Transportation
- 20. Work Activities

#### Compared to other children your child's age, what is your child's current level of participation in the following activities?

#### • CASP 4-point rating scale is as follows:

- •1=無法參與活動 (unable)
- 2=參與程度非常侷限 (very limited)
- •3=參與程度部分侷限 (somewhat limited)
- •4=參與程度與其年齡相符 (age-expected)
- <u>Not applicable</u>, other children your child's age would NOT be expected to participate in the activities

\*Higher scores indicate a greater extent of participation

## The Child and Adolescent Factors Inventory (CAFI) 15 Items

- 1. Paying attention or concentrating
- 2. Remembering people, places or directions
- 3. Problem solving or judgment
- 4. Understanding or learning new things
- 5. Controlling behaviors, moods or activity level
- 6. Motivation (lacks interest or initiative)
- 7. Psychological (e.g., depression or anxiety)
- 8. Speech
- 9. Vision
- 10. Hearing
- 11. Movement (balance, coordination, muscle tone)
- 12. Strength or energy level (e.g., weakness or fatigue)
- 13. Reacting to sensation or stimulation (e.g., over- or underreaching to sound, light, touch, movement)
- 14. Physical symptoms (e.g., headaches, dizziness, pain):\_
- 15. Other health and medical conditions:

## The Child and Adolescent Factors Inventory (CAFI)

- Assesses level of impairment and other child personal factors
- Each item or problem is rated on a 3-point scale:
  - 1= 沒有問題 (no problem)
    2= 有些問題 (little problem)
    3= 嚴重問題 (big problem)
    - \*Higher scores indicate a greater extent of problem.

## Child and Adolescent Scale of Environment (CASE)

- Assesses physical, social and attitudinal environmental barriers
- Adaptation of the CHIEF (initially designed for adults; Whiteneck, et al., 2004)

Same response options as CAFI (3-points):

- 1= 沒問題 (no problem)
- 2= 些許問題 (little problem)
- 3= 嚴重問題 (big problem)
- There is a "non applicable" response as well
   \*Higher scores indicate a greater extent of problem.

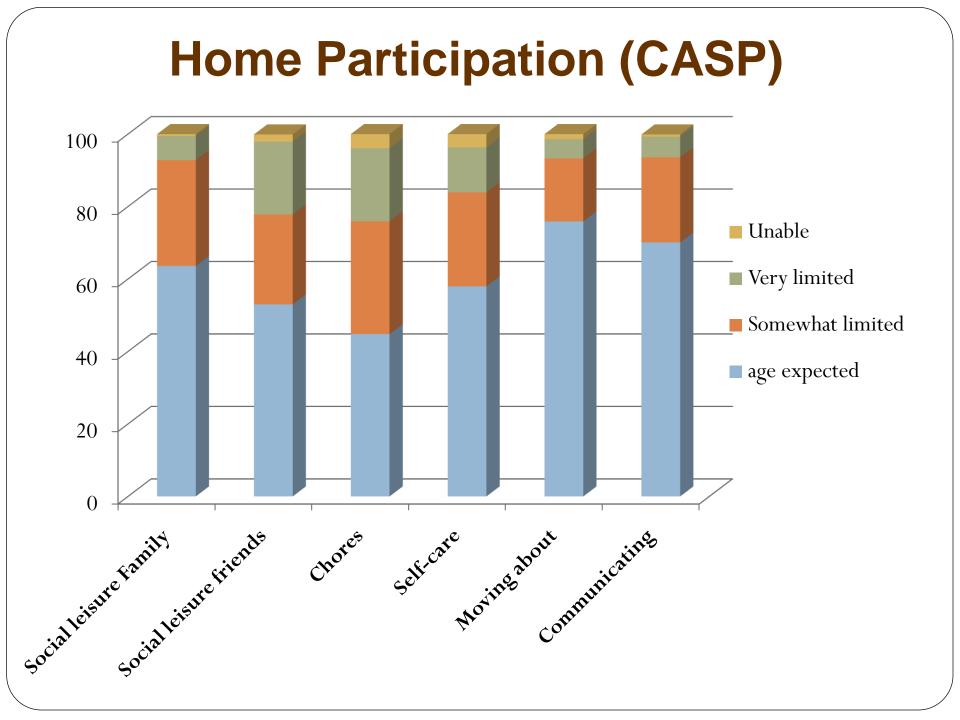
# Child and Adolescent Scale of Environment (CASE) 18 Items

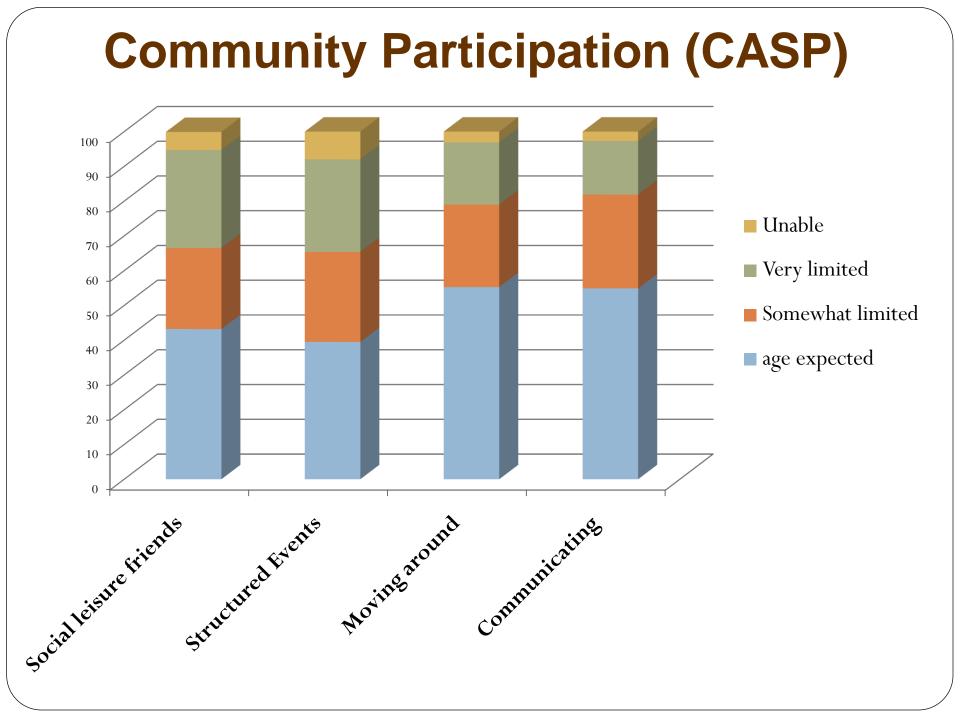
- Problem with design and layout of home (Hard to get to places and things, or hard to see or hear important information)
- (2) Problem with design and layout of buildings and places your child uses in the *community or neighbourhood*
- (3) Problem with design and layout of school or work setting (Circle school or work)
- (4) Lack of support and encouragement for your child in the *community or neighbourhood*
- (5) Lack of support and encouragement for your child at school or work (Circle school or work)
- (6) Problems with people's attitudes toward your child at school or work (Circle school or work)
- (7) Problems with people's attitudes toward your child in the *community or neighbourhood*
- (8) Inadequate or lack of assistive devices or equipment

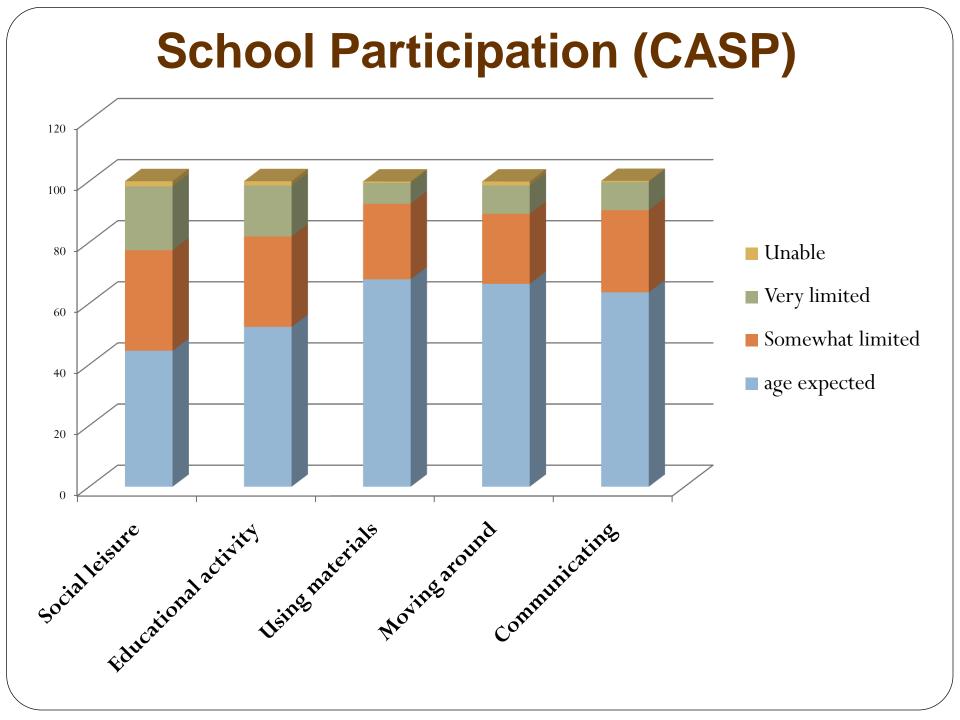
- (9) Inadequate or lack of assistance from people at *home* or in the *community or neighbourhood*
- (10) Inadequate or lack of assistance from people at school or work (Circle school or work)
- (11) Inadequate or lack of transportation
- (12) Inadequate or lack of programmes and services at *school*
- (13) Inadequate or lack of programmes and services in the *community or neighbourhood*
- (14) Inadequate or lack of family finances
- (15) Family stress
- (16) Crime or violence in the community or neighbourhood
- (17) Problems with government agencies and policies
- (18) Inadequate or lack of information about your child's diagnosis or condition or intervention approaches (e.g. educational, rehabilitation or medical)

#### Recent findings from the CFFS (n=793)

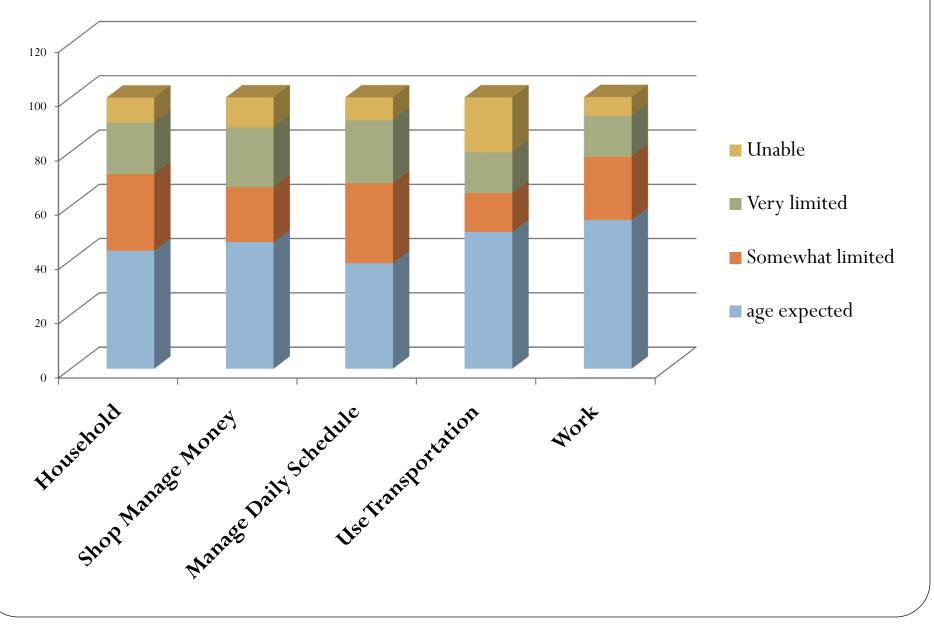
- Age range: 2.5 to 27 years; Mean = 13.5 (SD=3.6); 96% ages 5 to 17.99
- Canada (60%), USA (35.4%), Australia (2.5%), Israel (2.1%)
- Male (55.3%); Female (44.7%)
- Acquired Brain Injury (35.9 %); Cerebral Palsy (18.8%); Developmental / Intellectual Disability (11.9%); No disability (6.7%)
  - Autism Spectrum (4.7%); Learning, attention, communication (4.3%); Spina Bifida (4.4%); Cleft lip/palate (4.2%); Amputee (2.1%);Other (7.1 %)







#### Home & Community Living Activities(CASP)



Factors Associated with Participation (CFFS)			
	CAFI	CASE	Age
CASP	<b>66</b> **	57**	.011
CAFI		.54**	.06*
CASE			.06
<ul> <li>Child &amp; Adolescent Scale of Participation (<i>CASP</i>); Child &amp; Adolescent Factors Inventory(CAFI); Child &amp; Adolescent Scale of Environment (CASE)</li> <li>Pearson Correlation Coefficients (r)</li> <li>** p &lt;.001; *p &lt; .05</li> </ul>			

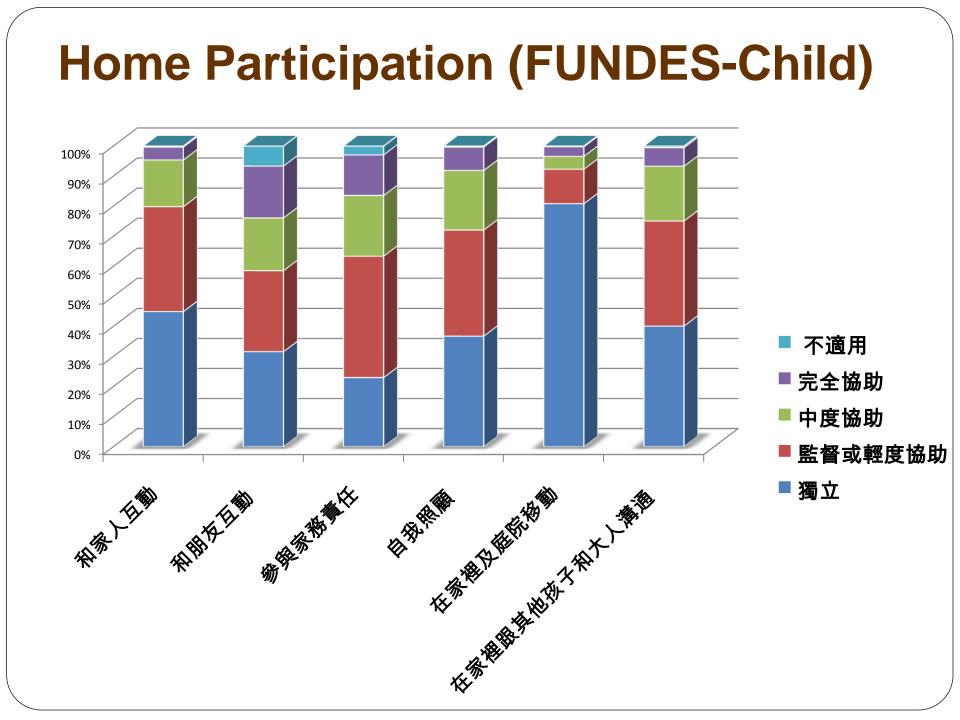
#### Differences in Participation (Mean CASP Scores)

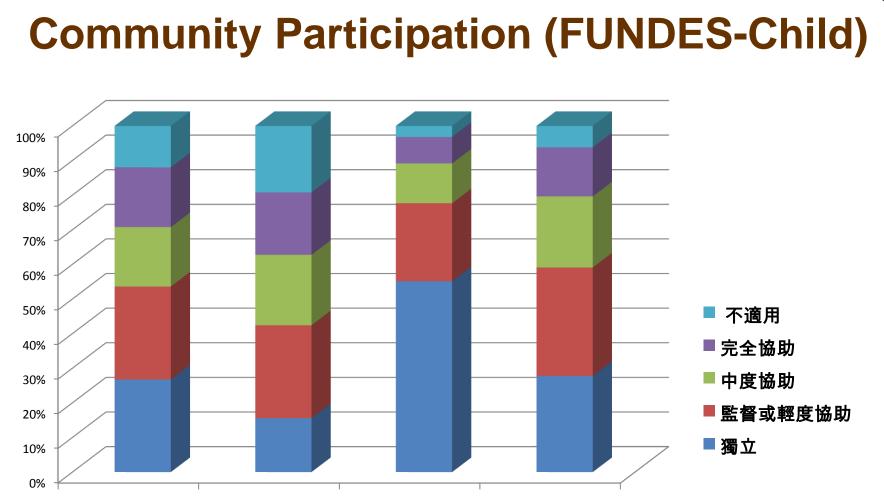
CAFI items	No Problem Mean (SD)	<i>Little Problem</i> Mean ( <i>SD</i> )	Big Problem Mean (SD)
Cognitive (e.g., problem solving)*	<u>n=247</u> 91 (13)	<u>n=263</u> 82 (14)	<u>n=191</u> <b>71 (<i>14</i>)</b>
Movement (e.g., balance, coordination)*	<u>n=261</u> 91 ( <i>12</i> )	<u>n=259</u> 82 (14)	<u>n=180</u> <b>70 (<i>15</i>)</b>
Psychological (e.g., anxiety, depression)*	<u>n=375</u> 86 (15)	<u>n=229</u> <b>80 (<i>15</i>)</b>	<u>n=95</u> 73 (15) *(p < .001)

#### Recent findings: FUNDES-Child (*n* = 18,119)

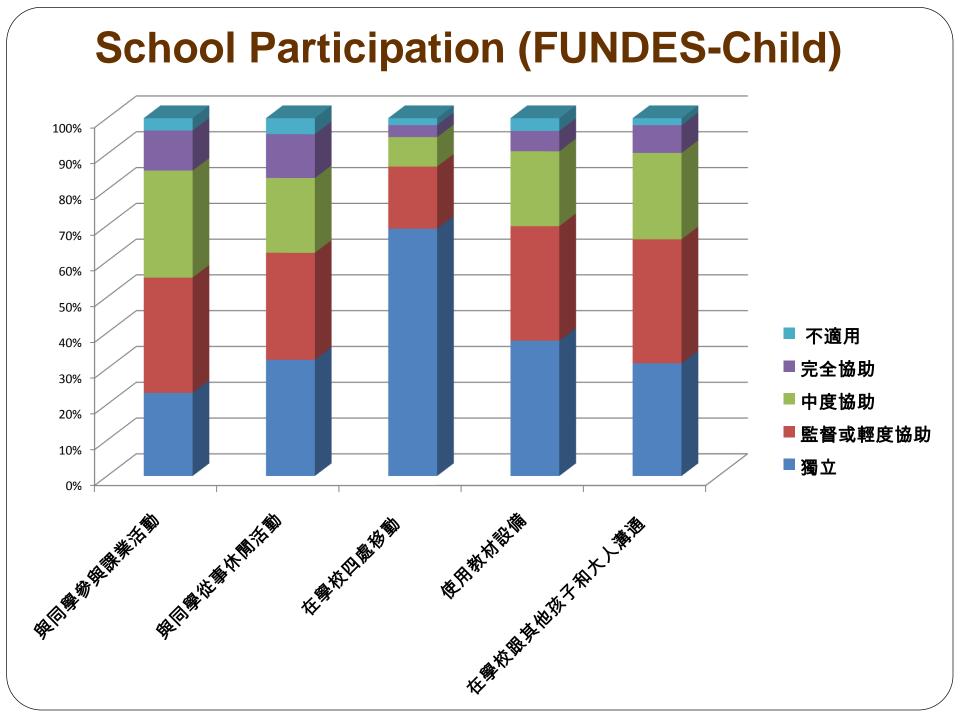
- Age range: 6- 17.99; Mean = 12.1 (SD=3.5);
- Male (64.6 %); Female (35.4%)

Diagnoses/ICD-9 codes	Frequency (%)
Intellectual disability/317-319	10310 (56.9 %)
Autism/299.01-299.90	4013 (22.1 %)
Language delay/315.31-315.39, 318.1	801 (4.4 %)
Cerebral palsy/343.9,	602 (3.3 %)
Hearing impairment/389	448 (2.5 %)
Schizophrenia/295.10-295.90	191 (1.1 %)
Visual impairment	89 (0.5 %)
CVA	58 (0.3 %)
Depression/296	31 (0.2 %)
SCI	20 (0.1 %)

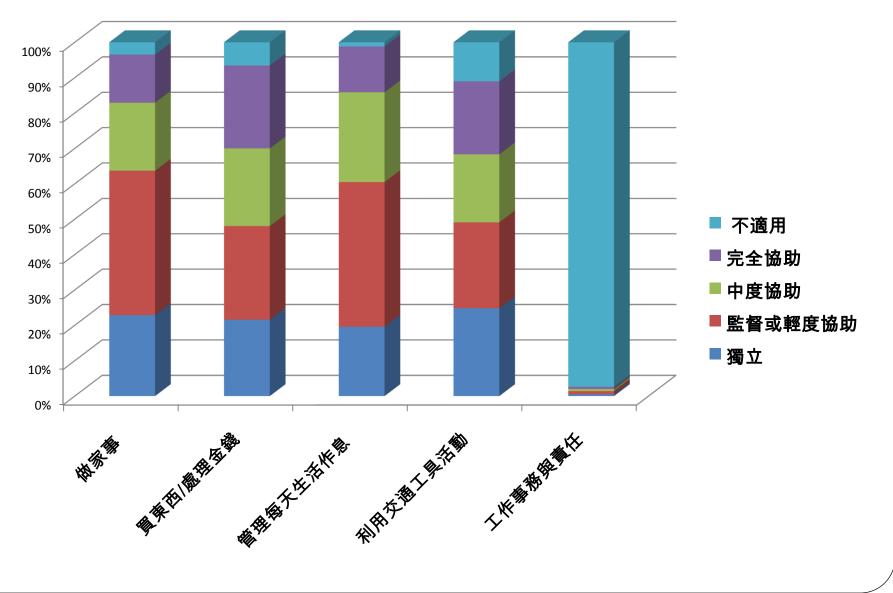








#### Home & Community Living Activities (FUNDES-Child)



Factors Associated with Participation (FUNDES-Child)			
	Body function impairments	Environmental barriers	Age
Participation- Capability restriction	.73***	.37***	17***
Body function impairments		.45***	.08***
Environmental barriers			.00
Pearson Correlation Coefficients (r) *** p <.001			

#### Differences in Participation (Mean FUNDES-Child Scores)

CAFI items	No Problem Mean (SD)	<i>Little Problem</i> Mean ( <i>SD</i> )	Big Problem Mean (SD)
Cognitive (e.g., problem solving)*	<u>n=2416</u> <b>4.2 (4.2)</b>	<u>n=7569</u> 7.1 (4.3)	<u>n=8132</u> <b>12.7 (5.9)</b>
Movement (e.g., balance, coordination)*	<u>n=10530</u> <b>7.3 (5.0)</b>	<u>n=5558</u> 10.4 (5.4)	<u>n=2029</u> <b>16.0 (6.7)</b>
Psychological (e.g., anxiety, depression)*	<u>n=6978</u> 6.6 (5.1)	<u>n=8019</u> 9.5 (5.2)	<u>n=3120</u> 14.3 (6.4) *(p < .001)

## Summary

- Both the CFFS & FUNDES have evidence of reliability & validity (responsiveness to change not yet studied)
- Recent CFFS results are consistent with prior results:
  - children with greater impairment and environmental problems have more restricted participation
  - greater participation restrictions are noted in
    - social leisure with friends (across settings)
    - Structured events in the community
    - Educational activities with others at school
    - All home and community living activities (especially managing daily activity)
  - no clear pattern for sex or age categories
- Recent FUNDES-Child: Results were similar to U.S. data except there was a positive association with participation capability and age in Taiwan.

## Implications

- Results provide broad picture of participation patterns & factors affecting participation
  at the population or societal level
- Results might inform policy & services:
  - Types of participation to target
  - Child & environmental factors that need to be addressed to promote participation
- Foundation for next presentation:
  - how to use the CFFS and FUNDES for goal setting, intervention planning, and program evaluation and improvement

# **THANK YOU!**

#### **ANY QUESTIONS?**

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http://sites.tufts.edu/garybedell/ (web-site for additional resources)