



## Acquired Myocardial Disease

Created by V'22 cardio group revised from Dr. John Rush

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**Myocardial diseases**: predominant cardiac lesion localized to the heart muscle (+/- endocardium & epicardium involvement)

Primary cardiomyopathies: myocardial disease of unknown cause

**Myocarditis**: inflammation of the heart muscle. Sequela to primary muscle disorder, immunemediated diseases, or infectious agents (most common)

- Bacterial, viral, rickettsial, fungal, parasitic diseases can → myocarditis
- Usually, systemic signs of the infection >> clinical signs of myocardial involvement
- Myocarditis usually unrecognized until it is well-developed or post-mortem exam is performed
- Histopathology: inflammation and edema, lymphocytes and macrophages predominate
- +/- Fibrosis and fatty tissue replacement of myocytes
- Earliest recognizable findings
  - o Sinus tachycardia
  - Cardiac arrhythmias
  - Non-specific ST-T changes on ECG
- Significant myocardial involvement
  - Cardiomegaly
  - o Tachy- and bradyarrhythmias
  - $\circ$  Thromboembolism
  - CHF
  - o Sudden death

*Bacterial myocarditis*: usually a complication of bacterial endocarditis (direct extension from infected valve OR hematogenous spread)

Immune-suppressed patients at increased risk

Viral myocarditis: uncommonly recognized in animals, varied effects on heart muscle

- Inflammatory lesion, myocytolysis and necrosis
- Predominantly mononuclear (lymphocytic) cell infiltration
- It is proposed that some cases develop due to immune-mediated mechanisms, not direct injury of myocytes by the virus
- 1. Parvovirus (dog)
  - a. Peracute form: puppies 3-8 wk.
    - i. Acute CHF, sudden death
    - ii. Intranuclear basophilic inclusion bodies
  - b. Delayed onset: puppies 3-5+ mo.





- i. CHF, ventricular arrhythmias
- ii. Dilated ventricles, scattered white foci over epi- and endocardium
- iii. Myocardial necrosis, fibrosis
- 2. Picornavirus
  - a. Foot and mouth disease (cattle, goat, sheep, pigs)
    - i. Type C virus  $\rightarrow$  myocarditis in adults
    - ii. Lymphocytic myocarditis with hyaline necrosis and scattered neutrophils
  - b. Encephalomyocarditis (pigs, primates, mice)
    - i. Acute CHF young pigs, especially
    - ii. Dilated hearts, scattered white streaks in RV
    - iii. Lymphocytic myocarditis with myocyte necrosis and calcification
    - iv. Rats = reservoir host
- 3. Coronavirus (cats)
  - a. DCM-like syndrome in young kittens
  - b. Immune-mediated vasculitis in adult cats
    - i. Non-cardiac, multisystemic signs > cardiac signs (usually)
    - ii. Pericardial effusion
    - iii. Myocardial involvement = rare

Fungal myocarditis: very rare in domestic animals

- Well-recognized, severe complication of disseminated systemic mycoses in humans

Spirochetal myocarditis: Lyme disease

- Borrelia burgdorferi reported to cause cardiac pathology in humans and dogs
- Variable degrees of AV block common

*Protozoan infections*: common cause of myocardial lesions, rarely  $\rightarrow$  clinically significant myocarditis

- Clinical signs typically multisystemic or non-cardiac, localized organ involvement
- Myocardial effects (if present) likely due to pathogenic effects of organism AND host's immune response
- 1. Sarcosporidia, sarcocystis sp. (aquatic birds, most mammals esp. herbivores)
  - a. Cyst formation (sarcocysts) in cardiac and skeletal muscle throughout body
  - b. Cyst will displace sarcolemma without inflammatory reaction  $\rightarrow$  clinical signs absent
  - c. In some calves clinical signs and death reported if significant infection
- 2. Trypanosomiasis; Chagas' Disease (dog)
  - a. Texas, Mexico, Central & South America
  - b. Serious, often fatal disease caused by Trypanosoma cruzi
  - c. Enzootic in wild animals in southern US (armadillos, rodents)
  - d. Vector = Reduviidae, "kissing bugs"
  - e. Causes severe myocarditis, primarily of the RA & RV ightarrow RCHF





- f. Necrotizing granulomatous myocarditis associated with both intra- and extracellular amastigotes of the organism
- 3. Toxoplasmosis (cat, dog, etc.)
  - a. Intestinal coccidian of cats Toxoplasma gondii
  - b. Non-cardiac signs >>, multisystem involvement (i.e. GI, respiratory, CNS, ocular)
  - c. Cardiac lesions = most common in dog/cat, rarely  $\rightarrow$  clinical signs
    - i. Gross = Scattered pale myocardial lesions
    - ii. Microscopic = Necrotizing myocarditis associated with scattered pseudocysts
- 4. Encephalitozoonosis (rabbits/other lab rodents)
  - a. Caused by Encephalitozoon cuniculi microsporidium, obligate, intracellular protozoan parasite
  - b. Urine-oral passage (rabbit colony), also fecal-oral, respiratory, and transplacental transmission possible
  - c. Most infections = chronic, subclinical, diagnosed at post-mortem exam
  - d. IF signs are present typically CNS signs >> (i.e. paresis, convulsions, death)
    - i. Myocarditis CAN develop and produce clinical signs/sudden death in young rabbits

Myocardial lesions as a result of parasitic infection

- May be the result of hypersensitivity or non-specific inflammatory response to larvae presence, larval migration, or presence of encysted parasites in myocardium
- Sometimes vascular lesions due to larvae  $\rightarrow$  myocardial lesions
- Myocardial lesions due to parasitic diseases = mild & asymptomatic, usually
  - EXCEPT: Strongylus spp. In equine and Trichinella spiralis in man  $\rightarrow$  decreased myocardial performance, potential for CHF, sudden death

Secondary myocardial diseases: myocardial disease of known cause or origin

- Systemic disease which involves the myocardium
- Clinical myocardial disease present, but typically overpowered by non-cardiac manifestations of the disease
- Myocardial dysfunction can result from
  - Diffuse areas of myocyte death OR
  - Alteration in myocardial performance W/O recognizable microscopic changes
- Peripheral vascular effects (i.e. systemic hypertension, peripheral vasodilation, thromboembolism, shock) may contribute to changes in cardiac performance → myocardial dysfunction
- Prognosis is typically poor, unless underlying disease is recognized early and can be treated
- 1. Myocardial disease of known or suspected heritability
  - a. Hereditary CM in Syrian hamsters
  - b. Hereditary CM of turkeys ("round heart disease")





c. Glycogenesis (glycogen storage diseases) or other inherited myopathies

## 2. Myocardial diseases secondary to nutritional deficiencies

- a. Selenium-Vitamin E deficiency (white muscle disease)
  - i. Many species, including man
  - ii. Myocardial and skeletal muscle necrosis
  - iii. Etiology
    - 1. Low dietary selenium, vitamin E
    - 2. High dietary concentration of polyunsaturated fats
    - 3. Exposure to prooxidant compounds
    - 4. Intake of selenium antagonists (i.e. silver salt)
- b. Copper deficiency adult cattle
  - i. Cattle maintained in Cu deficient pastures
  - ii. Microscopic findings = extensive myocardial fibrosis
- c. Thiamine (vitamin B1) deficiency Beriberi heart disease
  - i. Common in people living in undernourished regions
  - ii. Hemodynamic changes
    - 1. Increased CO, SV
    - 2. Peripheral vasodilation reduction in peripheral vascular resistance
- d. Taurine deficiency in cats and dogs (DCM)
- 3. Myocardial diseases of **toxic** etiology
  - a. Cobalt cardiotoxicity
    - i. Biochemical lesion blocking oxidation of alpha-ketoglutarate & pyruvate
    - ii. Myocardial energy metabolism is compromised (like in thiamine deficiency)
  - b. Catecholamine cardiotoxicity
    - May occur by increased circulating levels of endogenous catecholamines (as in pheochromocytomas) or by administration of exogenous catecholamines
    - ii. Myocardial lesions multifocal myocardial necrosis, most severe I LV subendocardium & papillary muscles
  - c. Minoxidil (Loniten) cardiotoxicity
    - i. Used in humans vasodilator for refractory HT
    - ii. In dogs, even very low doses → severe RA hemorrhage w/ inflammation, fibrosis and LV papillary muscle necrosis
  - d. Doxorubicin (Adriamycin) and Daunorubicin (Cerubidine) cardiotoxicity
    - i. Antineoplastic drug used in chemotherapy
    - ii. Cumulative toxicity ightarrow DCM-like syndrome with severe CHF
      - Develops when maximum total cumulative dose > 240 mg/m2 (sometimes at lower doses if breed is predisposed to CM)
    - iii. Microscopic myocardial lesions: sarcoplasmic vacuolization, myocytolysis, hyaline necrosis
  - e. Furazolidone cardiotoxicity in poultry





- i. Antibiotic used as food additive
- ii. Accidental exposure to excessive amounts (typical cause)  $\rightarrow$  CHF
- iii. Turkeys, ducklings, chickens
- f. Renal failure
  - i. Associated myocardial necrosis as likely sequela to SHT
  - ii. Focal lesions severe in LV subendocardium, uremic vasculitis can contribute
  - iii. Target end organ damage
    - 1. LV hypertrophy
    - 2. Glomerulosclerosis and progressive renal failure
    - 3. Retinal hemorrhage or detachment  $\rightarrow$  blindness
    - Hypertensive encephalopathy/CNS stroke/hemorrhage → neuro deficits
- 4. Myocardial disease associated with physical injuries
  - a. CNS lesions
    - i. Myocardial necrosis and/or hemorrhage
    - ii. Lesions similar to result of excessive catecholamine administration
  - b. Electric shock; defibrillation
    - i. Focal myocardial necrosis occurs in areas of high current density
    - ii. Factors increasing severity of necrosis
      - 1. High strength shocks, use of small electrodes
      - 2. Multiple shock delivery
      - 3. Frequent shocks with short rest intervals between
  - c. Hemorrhagic shock
    - i. Most severe lesions in LV subendocardium and papillary muscles
    - ii. Subendocardial hemorrhage and microscopic regions of focal necrosis
    - iii. Trauma, GDV, splenic mass, pancreatitis, etc.
    - iv. Associated with development of ventricular arrhythmias, high cardiac troponin I
- 5. Myocardial disease associated with endocrine disorders
  - a. Diabetes mellitus
    - i. Myocardial lesions in man and genetically diabetic mice only
  - b. Hyperthyroidism
    - i. Cardiac changes secondary to hyperthyroid state in humans and domestic cats
    - ii. Effects due to increased circulating levels of thyroid hormones on the heart and peripheral vascular beds, as well as increased sensitivity of heart to endogenous catecholamines
      - 1. Increased CO, HR, LV EF
      - 2. Decreased PVR, circulation time
      - 3. Widened pulse pressure
    - iii. Thyroid hormone stimulates protein synthesis → myocardial hypertrophy (microscopic change + increased # of mitochondria)





- iv. Non-cardiac signs (weight loss, intermittent vomiting, diarrhea, nervousness) >> cardiac signs (tachycardia, arrhythmias, CHF) of hyperthyroidism
  - 1. BUT cardiac signs are usually prominent on clinical exam and most life-threatening
- c. Amyloidosis
  - i. Multisystem disease, deposition of amyloid (fibrillar glycoprotein) in various tissues throughout the body
  - Deposition in kidneys, liver, other non-cardiac tissues occurs with some chronic infections, inflammatory and neoplastic diseases → dysfunction of affected organs → clinical signs
  - iii. Cardiac involvement = rare

Deposition in endocardium, myocardium, pericardium, valve leaflets, conduction system, intramural coronaries can occur  $\rightarrow$  variety of cardiac manifestations & severe cardiac dysfunction