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The Cayetano Cough Monitor: A Method for Investigating Spread of Infection in Tuberculosis

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44 All authors declare that they have no conflict of interest in relation to this work.
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ABSTRACT

Background: Cough is a key symptom of tuberculosis (TB) as well as the main cause of transmission. However, cough frequency (number of coughs per hour) in patients with TB has been poorly studied. The main aim of this study is to describe cough patterns before and after TB treatment and to determine baseline factors that affect cough frequency in these patients. Secondly, we will evaluate the correlation between cough frequency and TB microbiological resolution.

Methods: This study will select participants with suspected TB from two tertiary hospitals in Lima, Peru. Participants will initially be evaluated through questionnaires, radiology, MODS broth TB-culture, auramine smear microscopy, and cough recordings. This cohort will be followed for the initial 60 days of anti-TB treatment, and throughout the study several microbiological samples as well as 24-hour cough event recordings will be collected. We will describe the variability of coughs and determine the association with baseline laboratory parameters of pulmonary TB. In addition, we will analyse the reduction in cough frequency in predicting TB cure, adjusted for potential confounders.

Discussion: This will be the first published peer-reviewed study cough frequency in TB patients since the 1960s. The data could be used to develop new technologies to predict TB outcomes during treatment. Understanding the variation of cough frequency during treatment will help clinicians and policy-makers take better decisions regarding isolation and airborne precautions in patients with TB.

Strengths and limitations of this study

- Our study has the limitation that recordings have been processed through a semi-automated algorithm. To decrease time constraints our long-time goal is to create a fully automated processing system. We anticipate that experience gained with semi-automated analysis will aid us in developing future algorithms
- A strength of this project is that its results will reflect actual cough frequency in pulmonary tuberculosis by utilising 24-hour recordings in the patients' normal-day settings (traffic, dogs barking, etc.). We expect that this will generate a novel method of evaluating cough in TB that can be used in real-world scenarios.
- The algorithm employed in this project has been validated specifically for patients with pulmonary tuberculosis, which enables us to use this algorithm in our patients.

INTRODUCTION

Tuberculosis (TB) is an infectious disease, and was responsible for 9.0 million new cases and 1.5 million deaths in 2013.[1] TB is transmitted in the air[2 ,3] and cough is the most important cause of transmission.[4] Cough in people with pulmonary TB disease arises as a result of the inflammatory response to mycobacterial pulmonary infection. A reduction in cough is assumed to result in decreased spread of infection. Despite its crucial role in TB transmission, a recent literature review[5] reported that cough frequency during TB therapy has not been studied since work carried out by Loudon in the 1960s.[6 ,7] Thus, longitudinal cough frequency studies in TB are needed.

Loudon described cough frequency in eight-hour overnight periods for nine weeks. All sounds with amplitude and frequency consistent with possible cough events were recorded and then manually reviewed.[7 ,8] His findings show a two-fold reduction in the first two weeks of treatment, from a mean of 13.6 to 4.75 coughs/hour.[7] *Mycobacterium TB* colony forming units (CFU) also reduced significantly, from 10^6 at baseline 10^3 two weeks later.[9 ,10] This evidence led to the idea that drug-susceptible TB patients become sufficiently non-infective by the second week of treatment that they no longer posed a risk to others. This and other evidence led to the often-used policy that two weeks was the necessary duration of respiratory isolation for newly diagnosed patients commenced on appropriate treatment. Current evidence[11] and guidelines affirm this position;[12 ,13] however, this two week policy has been criticised.[14 ,15] Our group has shown that drug-susceptible TB patients remain sputum culture positive for longer.[16] Most

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2
3 importantly, the assumption that TB patients are no longer coughing at two
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5 weeks has never been corroborated.
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10 The 2015 CHEST guidelines state that acoustic parameters are the best
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12 parameter to evaluate the frequency of cough.[17] In order to ensure accurate
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14 measurement, it is important to use a standardised method such as
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16 automated cough counting with a validated algorithm. Despite the recently
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18 growing literature on this topic, these methods are principally being used in
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20 the field of non-infectious chronic disease.[18-23] Whilst algorithms for cough-
21
22 counting have been validated[24-28] our research protocol appears to be the
23
24 first to do so specifically in patients with pulmonary TB.[29 ,30]
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29 To address this knowledge gap, we have developed the Cayetano Cough
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31 Monitor (CayeCoM) and here describe a protocol for it to be used to study
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33 cough frequency in patients with pulmonary TB.
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38 **METHODS**

39 **Study objectives**

40
41 The primary objective of this study is to describe cough frequency patterns in
42
43 adults with pulmonary TB before and after treatment initiation.
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47 The second objective of this study is to determine baseline characteristics that
48
49 correlate with cough frequency, such as patient demographics, radiological
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51 findings, presence of multi drug-resistant TB (MDR-TB), and HIV status.
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54 The third objective of this study is to test for an association between cough
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56 frequency and microbiological resolution of TB disease.
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Study design

This prospective cohort study will follow adult patients with pulmonary TB through their treatment period in Lima, Peru.

Subjects with a confirmed or suspected diagnosis of active pulmonary TB will be referred to our study team. After written informed consent, we will record coughs prior to initiation of TB treatment. Subjects will provide us with early-morning sputum samples that will be tested for active pulmonary TB disease by testing at least one sputum sample using the microscopic-observation drug-susceptibility (MODS) broth culture assay[31-33] and auramine smear microscopy, which assessed the bacillary load.

Patients in whom the pulmonary TB diagnosis is confirmed by MODS will receive treatment delivered by the National TB Programme as per standard practice.[34] Figure 1 summarises the data to be collected at baseline and during the 60 days of follow-up.

Study sites

Peru has one of the highest TB incidence rates in the Americas.[35] More than one-third of the incident TB cases in the Andean region are from Peru. With respect to rates of MDR-TB and extensively drug resistant (XDR) TB, Peru ranks first in all of the Americas. However, underreporting in the region may contribute to Peru's overrepresentation, as shown in the latest Pan American Health Organization (PAHO) report.[35]

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5 Within Peru, Lima and its metropolitan area account for most cases of MDR-
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7 TB and XDR-TB.[36] Thus, we will recruit patients from two hospitals: Hospital
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9 Nacional Dos de Mayo, located in the historic centre of Lima; and Hospital
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11 Nacional Daniel Alcides Carrión, located in Callao and which belongs to
12
13 Lima's metropolitan area.
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18 Our main site, Hospital Nacional Dos de Mayo (HNDM), is a 650-bed teaching
19
20 and public national tertiary referral hospital run by the Peruvian Ministry of
21
22 Health (MINSA). It provides services to the poor population from the
23
24 surrounding inner city area. HNDM is the only hospital in Peru with a negative
25
26 pressure ward available for TB patients. Our secondary site is another tertiary
27
28 referral hospital run by MINSA, Hospital Nacional Daniel Alcides Carrión. This
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30 462-bed teaching health facility lies in the Callao region.
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36 **Study population**

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38 The infectious disease and pulmonary physicians will refer subjects to the
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40 research team. Criteria for referral are suspicion of active pulmonary TB or a
41
42 confirmed case of active pulmonary TB who has not yet started treatment.
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44 Active pulmonary TB is defined by a positive MODS culture result. Subjects
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46 will be excluded if they were less than 18 years of age, pregnant, had started
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48 a new treatment regimen for TB within the last 30 days, or are unable or
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50 unwilling to provide informed consent. If a patient changes treatment regimen,
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52 for example due to treatment failure or to an adverse drug reaction, this would
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3 also be considered as a new regimen. Pregnancy is defined by a positive
4 result on serum or urine beta human chorionic gonadotropin (β -hCG) assay.
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9 10 **Outcomes and case definitions**

11 The primary outcomes for this study are cough frequency and microbiological
12 data from serial sputum samples. Cough frequency is defined as the number
13 of cough episodes, or cough epochs, within a time period. Cough epochs are
14 defined as cough events that are within a two-second period frame.[30]
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22 Regarding microbiological data, participants will be entered into the study if
23 they have a positive culture result. Treatment regimens will be adjusted as
24 needed by the treating team based on the results of the MODS drug-
25 susceptibility testing from their sputum. Our study team will not be involved in
26 the treatment regimen selection.
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35 Sputum smear conversion is defined as three consecutive smear-negative
36 results, collected at least 8 hours apart after initial smear positivity at
37 diagnosis.[37] Culture conversion is defined as two consecutive negative
38 culture results, taken at least 30 days apart. This last definition is the one
39 used in the Ministry of Health (MINSA)[34] and is recommended by the World
40 Health Organization (WHO).[38] The date of conversion will be considered as
41 the date of the first negative sputum smear or culture contributing to
42 conversion.
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3 Secondary outcomes include weight, temperature, and radiological
4 characteristics. When possible, radiological interpretation data from chest
5 films and thoracic computed tomography (CT) scans will be obtained. Chest
6 X-ray films (CXR) provide a high negative predictive value for the presence of
7 active TB[39] but CT scans provide higher sensitivity for the detection of
8 lymphadenopathy, early bronchogenic spread, and to evaluate cavitation and
9 disease activity.[40]
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20 **Sample size**

21 In a pilot study we estimated that the frequency of cough in TB patients before
22 receiving treatment is approximately 327 coughs during a 24-hour period with
23 a standard deviation of approximately 50. A sample size of 97 patients would
24 enable us to detect a conservative decrease of the mean number of coughs in
25 the 24-hour period of at least 45 coughs after two weeks of treatment, with a
26 5% Type I error probability and 80% power.
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38 Under the hypothesis that TB patients before treatment experience a high
39 cough frequency, we hypothesise that after two weeks of anti-TB treatment,
40 there will be a clinical response accompanied by a significant reduction in
41 cough frequency. Response is defined as at least a two-fold reduction in
42 cough frequency. Response was previously shown to occur within the first 2
43 weeks of treatment.[7] For power calculations, it is assumed that all subjects
44 will eventually respond to treatment, according to our definition of response,
45 and that once cough frequency has reduced in an individual it will not rise
46 again. We assume that after the two weeks of treatment approximately 10%
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3 of patients would maintain a high frequency of cough. Thus, a sample size of
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5 97 patients will allow us to detect an odds ratio of at least 3.2 for the risk of
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7 patients not responding to TB treatment in two weeks of therapy, under a 95%
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9 significance and 80% power.
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11 12 13 14 **Study organisation**

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16 The Asociación Benéfica (A.B.) PRISMA and Universidad Peruana Cayetano
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18 Heredia in Lima, Peru will provide local administrative oversight. Overseas,
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20 oversight will be conducted by Johns Hopkins University in Baltimore,
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22 Maryland, USA.
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26 In Lima, the Pampas office of A.B. PRISMA will provide operations and
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28 logistic support for fieldwork. An additional collaborating signal processing
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30 team will be based locally in the Universidad Nacional de Ingeniería, Lima,
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32 Peru, as well as at Tufts University, Massachusetts, USA.
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36 Our collaborating biostatisticians are based at Tufts University, Tulane
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38 University, and Universidad Peruana Cayetano Heredia, Lima, Peru. All
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40 investigators are involved in protocol design and technical support and will
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42 remain involved in the on-going analyses.
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45 46 **Personnel, training and logistics**

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48 Nurses have been trained by study staff to obtain sputum samples in a best-
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50 practice fashion based on previous work,[41 ,42] and to operate and
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52 troubleshoot all recorder devices, memory cards, and battery packs. Written
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54 informed consent is required by all participants. At the time of enrolment
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56 subjects will follow the procedures outlined in Figure 1.
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5 Subjects with active pulmonary TB will be followed throughout their TB
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7 treatment. After the identification of active pulmonary TB and based on
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9 convenience basis, subjects who consent will undergo CXR and a non-
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11 contrast thoracic CT scan.
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16 The first day of a new TB treatment regimen is defined as "Day 0". An initial
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18 questionnaire will be completed on that day (Supplementary 1). This
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20 questionnaire is similar to the one that was employed in a previous study.[43]
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22 Baseline cough frequency will be obtained by performing an audio recording
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24 of the patients before they obtain their microbiological results, which is usually
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26 a few days prior to treatment initiation. Hence, subjects will be recorded from
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28 at least one day prior to treatment and throughout their first two weeks of
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30 treatment. They will be subsequently recorded for 24 hours on or around days
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32 21, 30 and 60 of treatment, although up to two days date deviation for
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34 Sundays and public holidays will be allowed.
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40 Recordings will start at 09:00 hours and will be as continuous as possible.
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42 Occasionally incomplete recordings could be obtained due to malfunction of
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44 equipment or patient non-compliance. On the recording days clinical data will
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46 be gathered, including: weight, temperature, sputum samples for smear and
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48 MODS results. The number of days to culture positivity on the MODS assays
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50 will be recorded in order to assess the microbiological burden in the patients'
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52 samples.
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Audio recording

Design of the audio recording equipment, the CayeCoM device, builds on previous chronic cough ambulatory audio recordings.[25 ,44 ,45] The CayeCoM device is a Marantz PMD 620 professional handheld recorder, using an Audio-Technica AT899 sub-mini microphone with an AT8537 microphone power module. The microphone will be attached at the patient's lapel as shown in Figure 2. The recorder is adapted to work with an external lithium battery supply (Enix Energies 800040) to enable continuous 24-hour recordings. The audio is recorded onto a SanDisk SDHC 8 GB card, at a sample rate of 48 kHz, encoding 64 kbps in mono in MP3 format. The audio equipment is kept inside a basic pack connected to a lapel microphone. Batteries and SD cards will be exchanged daily by the study nurses. In pilot research, subjects tolerated the audio equipment well, wearing them 24 hours a day and taking them off only to bathe.

Processing of audio recordings

The recorded signals will be analysed after all patient recordings are completed. For cough analysis, software developed by our group and previously described in detail will be used.[29 ,30] This semi-automated approach has an initial automated step that removes the large majority of possible events. Thus on average, review time is reduced by nearly two orders of magnitude compared to a fully manual review in which the entire recording is reviewed.

Microbiology

The microbiological tests will be carried out in a Biosafety Containment Level 3 research laboratory situated within Universidad Peruana Cayetano Heredia in Lima, Peru. The sputum samples will be digested and decontaminated by the standard NaOH-N-acetyl cysteine method.[46] For smear microscopy, an aliquot of 100 µl is stained with Auramine O and examined with x400 magnification. Results are determined as negative, paucibacillary (1-19 acid fast bacilli [AFB] visualized in 40 fields), 1+ (20-199 AFB visualized in 40 fields), 2+ (5-50 AFB per field) and 3+ (>50 AFB per field). Culture and MODS susceptibility testing will be performed with the remaining samples, according to standard protocols.[31-33]

Radiology

Radiological information will be gathered, when possible, on a convenience basis. Priority will be given to CT scans, since they have been shown to be more sensitive. Films will be read by a local radiologist and a US board-certified radiologist blinded to the patient's demographics and outcomes. They will provide an interpretation that is standardised as per our study protocol to describe radiological findings including cavitation, consolidation, lymphadenopathy, and effusions (Supplementary 2). Cavitations will be further described by size, location, presence or absence of an air-fluid level, and cavity wall thickness based on prior work that shows the relevance of these findings to pulmonary TB.[47-49]

Statistical methodology and analysis

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3 All questionnaire data will be double-digitised from paper forms using Visual
4 FoxPro 9 Service Pack 2 (Microsoft Corp. Redmond, Washington, USA) and
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6 microbiological data will be double entered using Microsoft Access 2010
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8 (Microsoft Corp. Redmond, Washington, USA). These two data sets will be
9
10 cross-compared for validity and errors. From these data, descriptive statistics
11
12 will be tabulated and graphed.
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18 Cough analysis processing results will be stored as Matlab (Mathworks, Inc,
19
20 Natick MA) files containing information regarding each event and its
21
22 timestamp. Algorithmically detected coughs will be annotated in the files. After
23
24 manual review, isolated cough events will be grouped into cough epochs, or
25
26 bursts of closely spaced individual coughs within 2 seconds, following
27
28 published work on cough evaluation.[50] We have previously published a
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30 review and discussion of these various metrics (including number of individual
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32 coughs, number of cough bouts or epochs, and number of 1-sec periods
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34 containing cough).[30]
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41 For the first study objective of describing cough frequency, cough epochs will
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43 be plotted throughout the day, and cough frequency will be summarized as
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45 the frequency of cough epochs per hour. To address the second study
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47 objective, characterising correlated of cough frequency, we will use
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49 generalised estimating equations (GEE) based Poisson or negative binomial
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51 regression with baseline microbiologic status, and trigonometric (sine/cosine)
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53 terms to model circadian periodicity, as the independent variables. In addition,
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55 a multiple logistic regression in a longitudinal generalized linear model (GLM)
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3 framework analysis will evaluate a function of sputum bacillary load and with
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5 cough frequency that we propose as a potential predictor of TB
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7 transmissibility. In all cases we will correct for outliers, and nested models will
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9 be compared using the likelihood ratio test.
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11 To test the association between cough frequency and microbiological
12 resolution of TB disease associated with the third aim of this study, time-to-
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14 event survival analyses where the outcomes of interest are sputum smear
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16 conversion, and culture conversion, as defined above, and the primary
17
18 predictors of interest are cough frequency at baseline, during treatment, and
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20 time to two-fold reduction in cough frequency. In addition, secondary analyses
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22 of weight, temperature, and radiological characteristics, will be conducted
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24 using generalized linear models and GEE logistic regression as appropriate.
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34 **Ethical considerations**

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36 Ethical approval has been obtained from the ethics committees at A.B.
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38 PRISMA in Lima, Peru, the Universidad Peruana Cayetano Heredia in Lima,
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40 Peru, and Johns Hopkins University, in Baltimore, USA. Written informed
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42 consent will be obtained from all participants. Test results will be delivered by
43
44 telephone call or at subsequent visits at which time a team physician or nurse
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46 will be able to explain the results to the study participants. TB treatment
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48 remains the responsibility of the medical staff in charge and the national TB
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50 Programme.
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55 **Discussion**

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57 We will determine cough frequency before and during anti-TB treatment using
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3 the CayeCoM device. We will identify baseline predictors of cough frequency
4
5 during TB treatment and evaluate the correlation between change in cough
6
7 frequency and microbiological resolution.
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11 The medical literature currently lacks information about cough frequency in
12
13 TB. As recently noted by Turner and Bothamley,[5] cough frequency in
14
15 patients undergoing TB treatment has only been studied once, almost half a
16
17 century ago.[6 ,7] This previous study has the limitation of only being
18
19 conducted within an 8-hour period, overnight, and thus there is no information
20
21 on daytime coughing or the effect of the diurnal rhythm on cough. A similar
22
23 study[51] demonstrated that the severity of cough and pathological chest x-
24
25 ray findings were associated with higher levels of TB transmission. However,
26
27 their study did not measure cough frequency but instead focused on a
28
29 subjective characteristic: cough severity. It should be noted that to assess
30
31 cough frequency one must utilise objective acoustic parameters, since self-
32
33 reported cough is unreliable.[17] As reported in abstract form, the objective
34
35 acoustic Leicester Cough Monitor (LCM) has been used to evaluate 24-hour
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37 cough recordings in patients with pulmonary TB before starting treatment,
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39 showing that cough frequency is reduced at night.[52] This further justifies re-
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41 evaluation of Loudon's overnight study.
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48 Our project has several strengths and limitations. An important strength is the
49
50 generation of 24-hour cough recordings, which will provide lengthy recordings,
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52 will enable evaluation of cough patterns at different times of day, and also has
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54 the benefit of being recorded during a normal day in real-world settings where
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56 we expect our device to be used in the future. Normal day recordings are filled
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3 with noise, which is a challenge for analysis of cough recordings, considering
4 that traffic and environmental noise (such as dogs barking, music, and
5 television) may generate noises similar to cough. To diminish this effect we
6 have incorporated a time-varying estimate of the noise background as well as
7 a data quality control. Having a semi-automated algorithm is a limitation, since
8 it requires time and human input, but also a strength since the human ear is
9 the gold standard for determining the characteristic sound of cough. Similar to
10 Loudon's proposal,[8] our algorithm will help to screen and reduce the length
11 of the recordings to ~5% of their original length, without affecting sensitivity
12 and improving specificity.[30] Fully automated processing remains a long-term
13 goal for our group, and we anticipate that experience gained with semi-
14 automated analysis will aid us in developing future algorithms.

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32 CayeCoM has been validated for 24-hour recordings,[30] whereas
33 PulmoTrack (PulmoTrack-CC, KarmelSonix, Haifa, Israel) was validated for
34 25 minutes[27] and the Hull Automatic Cough Counter for 1-hour
35 recordings.[25] Other systems have also validated their algorithms for 24-hour
36 recordings, such as the LCM,[26 ,53] VitaloJAK,[28] and the LifeShirt
37 System.[24] However, in contrast to our study, none of these algorithms have
38 been validated in the setting of pulmonary TB nor within real-life settings (e.g.
39 traffic). We expect that this project will generate a novel method of evaluating
40 cough in TB that can be used in real-world scenarios, potentially where
41 laboratory investigations are unavailable.

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56 Cough frequency should provide additional information regarding the
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3 evolution of the patients' medical condition. If a correlation with bacteriological
4 treatment response is demonstrated, this has the possibility to contribute to
5 patient management without relying on a laboratory in adult patients with
6 pulmonary TB. However, we should be careful when monitoring TB patients
7 since many might worsen their biomarkers after an initial positive response to
8 therapy. It could assist with decisions regarding the need for on-going
9 respiratory isolation of patients, treatment duration, and identification of
10 patients with treatment failure who may need modification of their treatment
11 regimens. The device also has the potential to be used remotely, as in
12 telemedicine. This is potentially important in a country such as Peru, where
13 the majority of doctors live in the capital, leaving most of the country without a
14 physician in their region.
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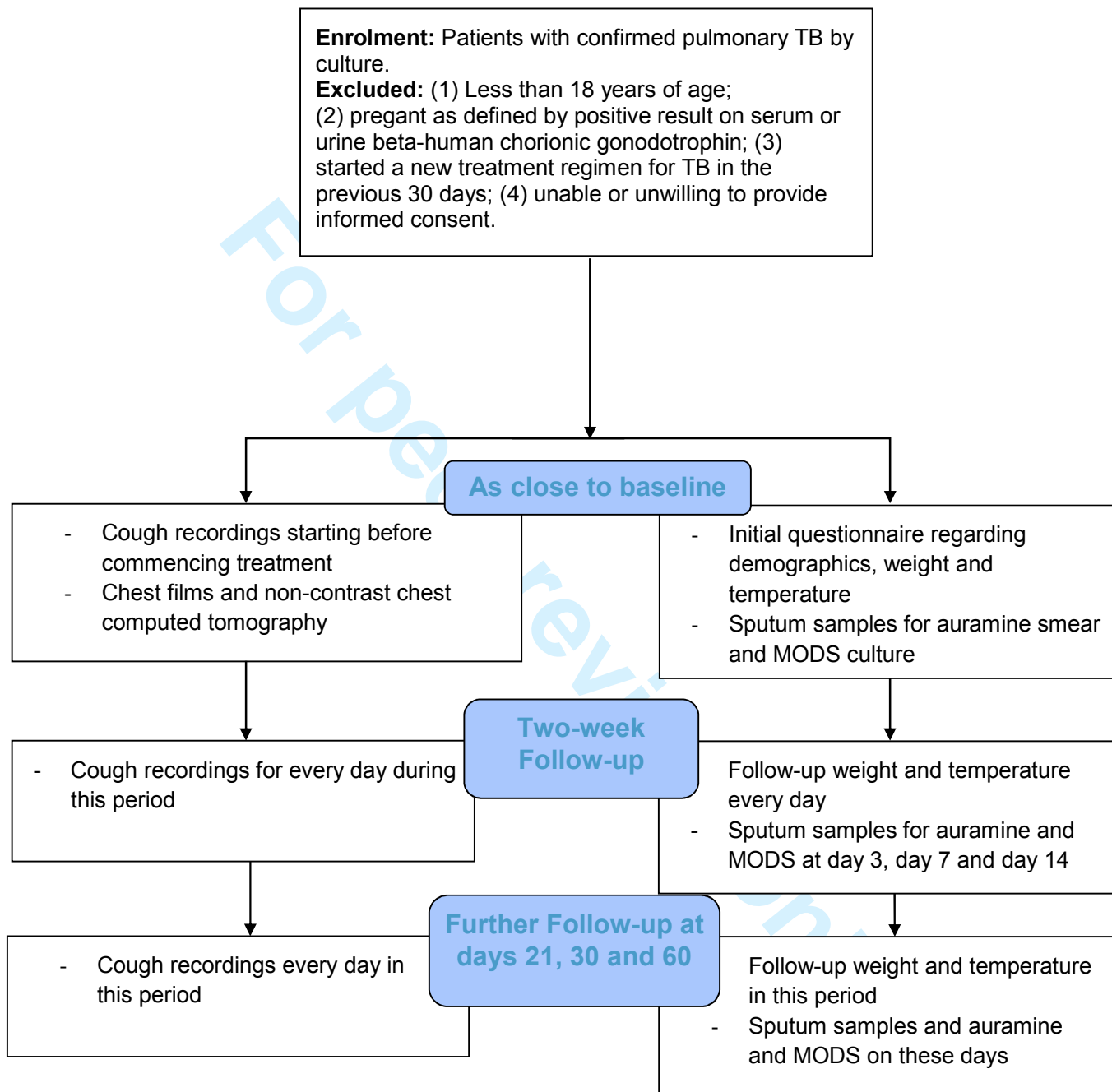
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For peer review only

Figure 1 – Flow Diagram for CayeCoM Study



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Figure 2 – Picture of the Cayetano Cough Monitor (CayeCoM)



peer review only

Código del paciente: _____
 Fecha de Entrevista: ___/___/___ Iniciales del Entrevistador: _____

Entrevistador: _____

Cuestionario Inicial Para Todos Los Participantes:

Datos Demográficos:

1. Edad: _____
2. Sexo: _____

Antecedentes:

3. ¿Cuántas personas normalmente duermen en casa?: _____ Personas
4. ¿Cuántas habitaciones hay en su hogar? (sin contar baño, pasadizo, cocina, depósito, garaje): _____ habitaciones.
5. ¿Cuál es el ingreso mensual de la vivienda? S/. _____
6. ¿Cuánto gasta su familia en alimentación cada semana? S/. _____
7. ¿Cuántas personas en su vivienda comen de esos alimentos que compran semanalmente? _____ Personas
8. ¿Cuántas veces en el último mes usted se ha acostado con bastante hambre porque no había comida en casa? _____ días

Historia de Tuberculosis:

La tuberculosis es una enfermedad que se trata con varios antibióticos a la vez, y cuyo tratamiento dura varios meses.

9. ¿Ha sido diagnosticado con TBC anteriormente?
 - a. Si
 - b. No → *Pase a la pregunta 15*
 - c. NS

10. ¿Cuántas veces? _____

11. Si recibió tratamiento para la TBC, ¿dónde recibió la mayor parte del tratamiento?
 - a. NA
 - b. Mismo distrito
 - c. Otro distrito
 - d. Otra ciudad
 - e. Otro país

12. Si recibió tratamiento para la TBC ¿por cuántos meses en total lo tomó? _____

13. Si recibió tratamiento previo, en que esquema estaba (lo más recién): -

14. Si recibió tratamiento para la TBC ¿cumplió con el tratamiento previo?
 - a. NA
 - b. Si
 - c. No → _____
 - d. NS

Factores de Riesgo

15. ¿Ha compartido un cuarto con alguien que haya tenido TBC comprobada?
 - a. Si, y esta persona también tenía una tos persistente
 - b. Si, pero esta persona concurrente no tenía una tos persistente
 - c. No → *Pase a la pregunta 18*
 - d. NS

16. ¿Dónde compartió este ambiente con alguien infectado con TBC?
 - a. NA
 - b. Trabajo
 - c. Casa
 - d. Hospital
 - e. Otro: _____

17. ¿Por cuántos días compartió este ambiente con la persona con TBC comprobada? _____

18. Aparte de usted, ¿alguien más en casa esta actualmente recibiendo medicinas para la TBC?
 - a. Si → Quien: _____
 - b. No
 - c. NS

Creencias y Conocimiento de la Enfermedad

19. ¿Dónde escuchó de la TBC por primera vez?
 - a. Familia
 - b. Amigos
 - c. Colegio
 - d. Puesto de Salud
 - e. TV
 - f. Radio
 - g. NS

20. ¿Puede alguien con TBC y tos infectar a sus familiares?

- a. Si
- b. No
- c. NS

Cuestionario Inicial Para Todos Los Participantes

1

La asociación de la frecuencia de la tos con la dinámica microbiológica de la tuberculosis en pacientes con tuberculosis pulmonar activa.

Código del paciente: _____

Fecha de Entrevista: ___/___/___ Iniciales del Entrevistador: _____

21. ¿Qué tan contagiosa cree que es la TBC?

- a. Nada
- b. Poquito
- c. Mucho
- d. Bastante
- e. Lo mas

22. ¿Qué tan seria cree que es la TBC?

- a. Nada
- b. Poquito
- c. Mucho
- d. Bastante
- e. Lo mas

23. En general, ¿qué puede hacer uno por si mismo para protegerse de contraer la TBC? [Marcar el factor más importante, no sugerir repuestas].

- a. Vacunarse
- b. Comer
- c. Dormir bien, descansar
- d. Vivir una vida ordenada
- e. Mantenerse alejado de la gente con TBC
- f. Educarse
- g. Otro: _____
- h. NS

¿Cuales son los síntomas de la TBC?

[Marcar los factores, no sugerir repuestas].

24. Tos mencionada

Si No

25. Hemoptysis mencionada

Si No

26. Fiebre mencionada

Si No

27. Baja de peso mencionada

Si No

28. Fatiga, decaimiento mencionada

Si No

29. Palidez, un cierto semblante mencionada

Si No

30. ¿Qué debe hacer una persona con TBC para mejorarse? [Marcar el factor más importante, no sugerir repuestas].

- a. Tomar sus medicinas, asistir a controles
- b. Comer mas, comer mejor
- c. Descansar
- d. Tener fe
- e. Abrigarse
- f. Otro: _____
- g. NS

31. ¿Cómo puede hacer una persona con TBC para no contagiar la TBC a otros? [Marcar el factor más importante, no sugerir repuestas].

- a. Cubrirse la boca al toser
- b. Quedarse en casa, mantenerse alejado
- c. Seguir el tratamiento
- d. Separar cubiertos
- e. Otro: _____
- f. NS

32. ¿Se puede curar la TBC?

- a. Siempre
- b. Normalmente sí
- c. A veces
- d. Raramente
- e. Nunca

Direcciones: Marque una X sobre la línea la posición que escoges.

Ejemplo: -----□-----

33. Con que frecuencia esta tosiendo hoy, en un promedio de 24 horas?

**Direcciones:** Marque una X, en el cuadrado, todas las alternativas que corresponden.Ejemplo:

34. Que indicadores utilizó para escoger a que posición poner sus X?

- Los números: 1, 2, 3, 4, 5
- Las palabras: nunca, poquito, mucho, casi siempre

- Las figuras: 

Cuestionario Inicial Para Todos Los Participantes

2

La asociación de la frecuencia de la tos con la dinámica microbiológica de la tuberculosis en pacientes con tuberculosis pulmonar activa.

Código del paciente: _____

Fecha de Entrevista: ___/___/___ Iniciales del Entrevistador: _____

Direcciones: Marque con X la alternativa que corresponde.Ejemplo:

35. ¿Comparado con hace tres días, tiene más frecuencia de tos el día de hoy?

- a. Tosiendo ahora menos
 b. Tosiendo ahora igual
 c. Tosiendo ahora más

37. Si tiene tos, ¿a que hora en el día tiene más frecuencia: *mañana, tarde o noche*?

- a. Mañana
 b. Tarde
 c. Noche

36. El día de hoy, ¿ha tenido *solo tos, tos con flema o solo flema*?

- a. Solo tos
 b. Tos con flema
 c. Solo flema

38. Qué tan frecuentemente tose?

- a. Cada pocos segundos
 b. Cada pocos minutos
 c. Cada pocas horas
 d. No tose

Direcciones: Marque el numero de días en total que tiene los siguientes síntomas desde que se enfermó. Marque 0 si ningún día.

39. ¿Cuántos días usted ha tenido los siguientes síntomas?

- a. Tos seca _____
 b. Tos con flema _____
 c. Tos con sangre _____
 d. Fiebre _____
 e. Falta de aire _____
 f. Perdida de peso _____
 g. Cansancio o decaimiento _____
 h. Sudor nocturno _____
 i. Falta de apetito _____

Direcciones: Responde a la pregunta en el lugar indicado.

40. Actualmente, ¿como se siente? (0 = mal, 10 = bien): _____

41. Cuando tiene tos, ¿cuántas toses tiene por hora? _____

42. Preguntas sobre VIH

	Manifiesto del paciente	Historia clínica
a. Usted ha sido diagnosticado por VIH?	_____	_____
b. Fecha de Diagnostico:	_____	_____
c. Ultima Carga Viral:	_____	_____
d. Fecha de ultima Carga Viral:	_____	_____
e. Ultimo resultado CD4:	_____	_____
f. Fecha de Ultimo resultado CD4:	_____	_____
g. Tiempo tomanda TARGA (años)	_____	_____

La asociación de la frecuencia de la tos con la dinámica microbiológica de la tuberculosis en pacientes con tuberculosis pulmonar activa.

CODIGO PACIENTE: _____

Radiologic Interpretation Data Form

Date of read: _____

Radiologist Name: _____

Radiologist Signature: _____

Patient code: _____

Patient gender: male female

Patient age: _____

1. Type of film:

AP PA Lateral from R Lateral from L Thoracic CT
without contrast Other: _____

2. Date of film: Day: _____ Month: _____ Year: _____

3. Rotation: _____

4. Adequacy of inhalation: _____

	Site	a. Consolidation?	b. Cavitation?	c. Pneumatocele?	d. Atelectasis?
5	Right upper lobe	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
6	- anterior	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
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9	Right middle lobe	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
10	Right lower lobe	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
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12	- basal	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
13	Left upper lobe	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
14	- anterior	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
15	- apical	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
16	- posterior	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
17	Lingula	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
18	Left lower lobe	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
19	- superior	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no
20	- basal	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no	<input type="checkbox"/> yes <input type="checkbox"/> no

21. Pleural effusion? yes no
left? small medium large
right? small medium large

La asociación de la frecuencia de la tos con la dinámica microbiológica de la tuberculosis en pacientes con tuberculosis pulmonar activa.

CODIGO PACIENTE: _____

22. Miliary spread? yes no

23. Pneumothorax? yes no

where and size: _____

24. Lymphadenopathy: yes no

which lymph nodes groups

hilar mediastinal

25. Pericardial effusion? yes no

left? small medium large

26. Bronchiectasis? yes no

where: _____

27. Fibrosis? yes no

where: _____

any retractions, deviations? _____

28. Mediastinal thickening? yes no

29. Any tree-in-bud pattern? Where? _____

30. Cavitation: For each cavity, please describe:

Cavity # 1:

location: _____

size (in mm) cephalic: _____

size (in mm) caudal: _____

size (in mm) anterior-posterior: _____

presence of air/ fluid level?: yes no

Cavity wall: think thick smooth nodular

Cavity Wall Thickness(in mm): _____

Cavity # 2:

location: _____

size (in mm) cephalic: _____

size (in mm) caudal: _____

size (in mm) anterior-posterior: _____

presence of air/ fluid level?: yes no

Cavity wall: think thick smooth nodular

Cavity Wall Thickness(in mm): _____

La asociación de la frecuencia de la tos con la dinámica microbiológica de la tuberculosis en pacientes con tuberculosis pulmonar activa.

CODIGO PACIENTE: _____

size (in mm) anterior-posterior: _____

presence of air/ fluid level?: yes no

Cavity wall: thin thick smooth nodular

Cavity Wall Thickness(in mm): _____

Cavity # 4:

location: _____

size (in mm) cephalic: _____

size (in mm) caudal: _____

size (in mm) anterior-posterior: _____

presence of air/ fluid level?: yes no

Cavity wall: thin thick smooth nodular

Cavity Wall Thickness(in mm): _____

Cavity # 5:

location: _____

size (in mm) cephalic: _____

size (in mm) caudal: _____

size (in mm) anterior-posterior: _____

presence of air/ fluid level?: yes no

Cavity wall: thin thick smooth nodular

Cavity Wall Thickness(in mm): _____

More cavities? yes: please use another sheet to describe no

Other findings such as fractures, cardiac abnormalities, exudative / fibrotic densities, bronchogenic spread, mass-like lesions (calcified vs. non-calcified), please describe:

31. Normal film? yes no