THIS WEEK IN WELLNESS

SPECIAL EDITION

Things to Do in Greater Boston over Labor Day Weekend

Celebrate the end of summer at these free or inexpensive events:

- <u>Memorial Drive in Cambridge</u> will be closed to traffic on Sunday so all can safely enjoy recreation along this beautiful section of the Charles River.
- Go shopping for all things fun and funky at artisan and flea markets. The Greenway
 Market is held Saturday & Sunday. The <u>Somerville Flea</u> is open on Sunday and The
 <u>Fenway Flea</u> holds a Labor Day Market and Party on Monday.
- The <u>Institute of Contemporary Art</u> (ICA) is free on Monday, 9/3. Its a perfect excuse to check out and stroll Boston's lively Seaport neighborhood!
- Get in a beach day or get out of the city! Take the train to Salem, Gloucester,
 Rockport, or Newburyport to enjoy culture and unique shops. You can buy a \$10
 pass with <u>unlimited trips for whole weekend!</u> Salisbury Beach and Ogunquit Beach
 are less than a tank of gas away.

NEXT WEEK'S OFFICE OF STUDENT WELLNESS EVENTS!



Pop-Up Tea in the Wellness Office Wednesday, September 6, 12:00 - 5:00 pm

Take a study break and stop by to to check out all we have to offer! We'll have coffee, tea, and snacks available. Make your mark by painting your hand print on the wall in our community room.

Ice Cream Social Friday, September 8, 12:00 - 1:30 pm Posner Green Space

Celebrate the new school year by joining us for delicious ice cream and sorbet.