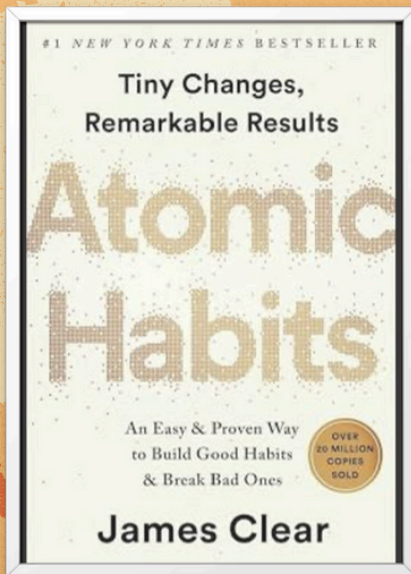


# TUSDM WELLNESS COMMITTEE PRESENTS:

## BOOK CLUB



# A H T A O B M I I T C S

Join us for an engaging  
discussion of 'Atomic  
Habits' by James Clear

*"Every action you take is a vote  
for the type of person you wish to  
become."*

**Monday August 11th  
4:15 p.m.  
CE Room 1415**

Contact Chris Vergos for more info!  
[christopher.vergos@tufts.edu](mailto:christopher.vergos@tufts.edu)