

# Invisible Disabilities and Accommodations: Implications for Occupational Therapy Fieldwork and Program Development

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## Research Questions

What do Fieldwork Educators (FWEs) need from Academic Fieldwork Coordinators (AFWCs) and Occupational Therapy (OT) Departments to better support the success and overall fieldwork experience for OT/s and Occupational Therapy Assistant (OTA)/s who have invisible disabilities?

How can academic programs better prepare their students for discussions regarding disclosure with Occupational Therapy Practitioners (OTPs) and future colleagues?

## Background

Research suggests further work is needed to "develop guidelines and education for fieldwork educators on **how to best incorporate accommodations** into their programs" (Ozelie et al., 2019, p 14).

FWEs are also looking for AFWCs to provide "program support personalized for each student when extra support/guidance is needed." (Cohen, 2021)\*

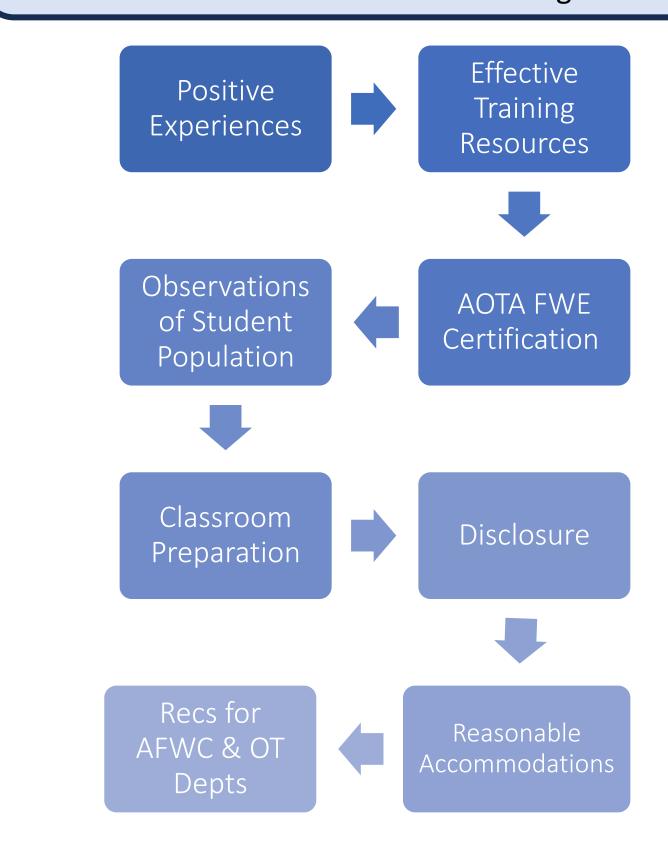
More research is needed to explore AFWC and FWE for their perspectives on challenging fieldwork experiences, especially disclosure and securing reasonable accommodations.

#### Results

Detailed tables
with additional
qualitative
exemplar quotes
found by accessing
QR code on
bottom right
corner of poster

**Qualitative Themes Exemplar Quotes** I think the most we can do is encourage the student to talk to their Theme 1: Disclosure fieldwork coordinator or whoever they need to, about any special needs as a facet of communication that they may have. (FG3) It allows the educat[or] to understand a little more about any struggles Subtheme: that may be occurring and allows them to develop a plan on how best to **FWE** understanding help the student get the most out of their fieldwork placement. (S12) Theme 2: Disclosure We can't really do anything to help support [a student] until she really as prerequisite for tells us what's going on. And with the fieldwork sites, you know, legally, receiving reasonable unless we are given permission by the student, we can't. (FG3) accommodations Subtheme: If they are discovered part way through the affiliation [that] the student [is] struggling it can be too late. (S7) Timing [A]t our hospital, if somebody needed some accommodations, I don't Subtheme: know if we would necessarily be able to provide them... if the hospital has to provide something specific. I don't know if that's available, necessarily Setting It just depends. (FG2) f your disability [a]ffects your ability to successfully complete your Theme 3: Disclosure as influential fieldwork, or impairs your ability to fully participate... [disclosure] fieldwork experience determines the best course of action for the student to get the most of the for FWE and student fieldwork as possible. (S12) For me personally, as someone who also has an invisible disability, it's Subtheme: useful to know my students' identities. I think it helps me adjust my Positive communication styles, meetings, and planning to know their needs. (S11) influence Subtheme: I'm seeing more invisible challenges, and they're not disclosed which puts Negative the fieldwork educator at a disadvantage to helping a student. (FG1) influence

Semi Structured Focus Group
OTPs (N=3) participated in hour-long virtual FG.
Themes mirrored those found in survey. Topics
discussed included the following:



#### Methods

## Survey

Researcher created

Slider scale ?s re: perceptions

• Demographic ?s

 Optional free response sections for elaboration

## Semi Structured Focus Group (FG) with the following topics

DisclosureAccommodations in workplace

FWE training &

support resourcesRecommendations for AFWCs

## Data analysis

- Triangulate themes & notable findings from survey
- Discernment of findings in Survey vs FG

## Report

- Summary of survey responses & FG themes
- Identification of main points
- Recommendations for future program development

FWE Perceptions of
reasonable
accommodations,
Academic (A) vs.
Workplace (W)
4 item subset of 10
reasonable

accommodation

variables

	Survey Respondents		More Time		Deadline Extensions		Add'l PTO, Sick Leave		Modified Schedules	
	Area of Practice	# OTs	А	W	А	W	А	W	Α	W
	School Based	6	83	83	83	66	33	33	83	66
	Outpatient Pediatrics	4	100	75	100	75	50	50	75	75
	Inpatient	9	100	77	88	44	55	66	77	77
	<b>Emerging Practice Area</b>	4	100	50	100	25	25	25	75	50
	Hand Therapy	3	100	0	100	0	0	33	66	66
	Outpatient Adults	2	100	0	100	0	0	50	50	50
	Mental Health	4	100	75	100	50	50	50	75	75
	Community Based	2	100	0	100	50	0	0	0	0
	Outpatient Acute	1	100	0	0	0	0	100	0	100

More Time: A > W by 26%

Deadline Extensions: A > W by 45%

Additional PTO: A < W by 3%

Modified Schedule: A > W by 11%

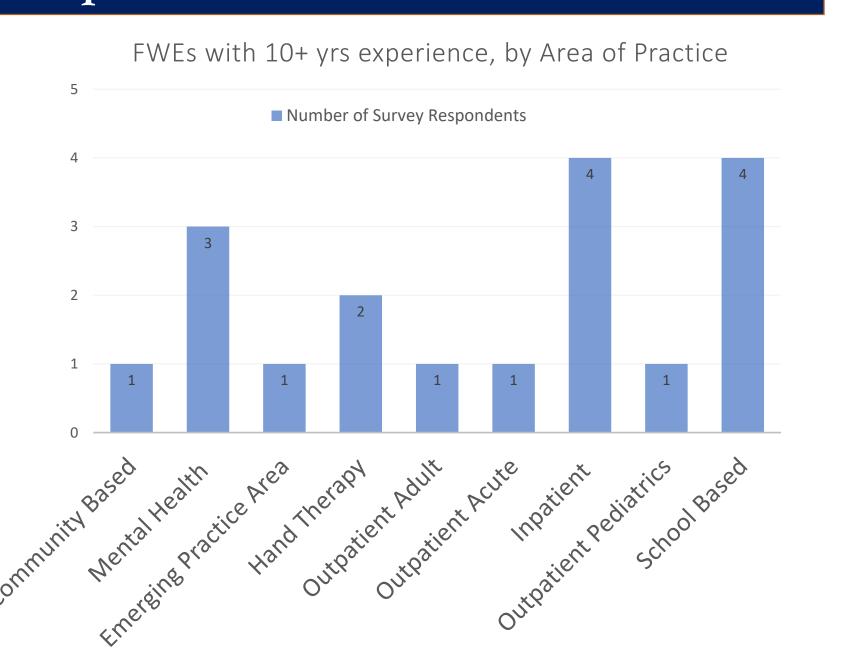
Note: When summed, # of FWEs in

each Area of Practice exceeds total #
of Survey Respondents (n=27) due to
OTPs in multiple practice areas.
Bolded numbers
represent differences of at least 50%
(A vs W) or interesting responses
within practice area.

## Participants

Survey Respondents n= 27, Focus Group Participants n=3. Participants are Occupational therapy practitioners (OTPs) that have had/ currently hold positions as FWEs

Yrs as OTP	less than 1 yr FWE	1-3 yrs FWE	3.1-5 yrs FWE	5.1-10 yrs FWE	10+ yrs FWE					
1.1-4 yrs	0	0	1	0	0					
4.1-10 yrs	1	2	0	3	0					
10.1-15 yrs	0	1	0	0	2					
15+ yrs	0	3	0	2	12					



#### Discussion

OTPs perceive that AFWCs who value site relationships are **eager to meet the unique needs** of FWEs and of their students. AFWCs who observe more graduate students with **invisible disabilities** (such as anxiety, depression, ADHD, chronic illnesses, & various learning disabilities) may want to prepare FWEs with **targeted support resources** while also providing students with education regarding benefits of disclosure.

#### **Recommendations for AFWCs and OT Academic Departments**

- FWE education re: reasonable accommodations (workplace settings across various practice areas)
  - Potential need for increased advocacy in workplace environments where feasibility is low
     Collaboration -- Provide personalized support/mentorship for EWE formal/informal opportunities
- Collaboration-- Provide personalized support/mentorship for FWE, formal/informal opportunities for FWE and students to problem solve issues while on fieldwork (i.e., support group, seminar, etc.)
- Program development for students-- Student panel of disclosure success stories prior to first fieldwork
- Increased communication-- practice conversations re: students' invisible disabilities with AFWC prior to conversations with FWE

### Acknowledgements

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