Pilot Group #1

Group logistics

- Time: 1:30 2:50 PM (80 minutes, during DEC Seminar II)
- Room: CLIC (574 Boston Ave), Room 404
- Room set-up: Concentric semi-circles. Anyone choosing to engage in an alternate activity is asked to remain in the outer round so as to not disturb the participation of others.
- Supplies: pens/pencils, paper, multi-colored dry erase markers, whiteboard

Facilitation notes

- Warm-up activity is Looking 10 x 2
- Activity #1 is <u>Visual Thinking Strategies</u>-inspired image discussion
- Activity #2 is <u>Step Inside</u>
- Image citations & usage information appear via fade-in animation, to be displayed at the conclusion of corresponding activities



ARTS-BASED EDUCATION

for occupational therapy trainees

Pilot Group #1 February 27, 2024





INFORMED CONSENT

- Although your presence here is a class expectation, your participation in the pilot group and pre-/post-surveys is **completely voluntary** and has no effect on your course grades and/or program participation. You may elect to stop your participation at any time in favor of engaging in an alternative course-related activity, such as working on your DEC methodology, step-action table, and/or IRB forms.
- **Potential benefits:** Skill development, art appreciation, contribution to further arts-based programming for the Department of OT
- **Potential risks:** Emotional discomfort* related to evocative imagery and themes

*Mary Barnes is **available for support** in the moment and post-group



AGENDA

- 1. Warm-Up⁽¹⁴⁾
- 2. Intro to Arts-Based Education (ABE)
- 3. Community Practices
- 4. Activity #1⁽¹⁵⁾
- 5. Activity $#2^{(11)}$
- 6. Wrap-Up





01 **WARM-UP** (Getting a taste!)





Artist: Evita Tezeno⁽¹³⁾ Bio: b. 1960 Title: When Family Gathers Date: 2023

This image is used per standards of educational fair use.



INTRO TO ARTS-BASED EDUCATION (ABE) (What is this? Why are we doing it?)



INTRO TO ARTS-BASED EDUCATION (ABE)

- Definition: The use of art forms in teaching to build healthcare practitioners' clinical reasoning and interpersonal skills.⁽⁵⁾
 Art forms: Drama, music, visual arts, dance, literature, etc.
- Research suggests ABE is an **effective educational tool in healthcare training** and that it can support many professional capacities, including (but not limited to)...⁽²⁾⁽⁴⁾⁽⁶⁾⁽⁷⁾⁽⁸⁾⁽⁹⁾⁽¹²⁾



Cultural humility



Passion for the practitioner role

Interpersonal communication (with clients & colleagues)

Attention to detail

Comfort with uncertainty

Empathy & emotional reasoning



03 COMMUNITY PRACTICES



COMMUNITY PRACTICES⁽¹⁾

- 1. Move up/move up (take space/make space)
- 2. One diva, one mic
- 3. We can't be articulate all the time
- 4. We value curiosity
- 5. We can accept & handle **discomfort**
- 6. We seek **support** when we need it
- 7. No right answers, no wrong answers, no judgment

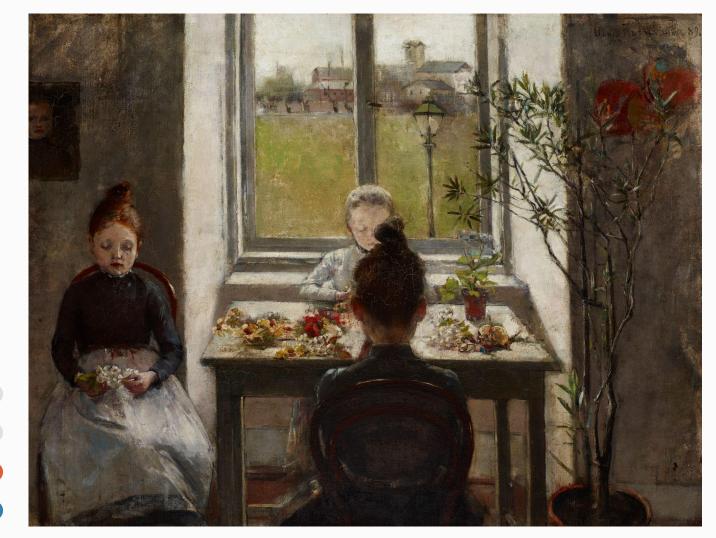
Anything else?



04

ACTIVITY #1





Artist: Olga Boznanska⁽³⁾ Bio: b. 1865, d. 1940 Title: *Flower Girls* Date: 1889

This image is in the public domain.



05

ACTIVITY #2





Artist: Gilles Peress⁽¹⁰⁾ Bio: b. 1946 Title: First Snow in Ardoyne, a Nationalist Neighborhood, Belfast, Ireland Date: 1981

This image is used per standards of educational fair use.



06 WRAP-UP (A moment to review & reflect)



WRAP-UP

I. Answer at least one:

- What did you learn about yourself through your participation in these activities?
- What did you learn about interpersonal communication through your participation in our group discussions?
- How does observing art compare to observing people, environments, and/or occupations?

How can you apply your answer to your work as an emerging occupational therapist?



2. Then answer **this**:



POST-PARTICIPATION SURVEY

Click it!

<u>Post-Participation</u> <u>Survey</u> Scan it!







REFERENCES

- Anti-Oppression Resource and Training Alliance. (n.d.). *Anti-oppressive facilitation: Making meetings awesome for everyone*. <u>https://www.fammed.wisc.edu/files/webfm-uploads/documents/diversity/AO%20Resoures.pdf</u>
 Baker, C. J., Shaw, M. H., Mooney, C. J., Daiss, S. D-P., & Clark, S. B. (2017). The medical humanities effect: A pilot study of pre-health professions students at the University of Rochester. *Journal of Medical Humanities, 38,* 445-457. https://doi.org/10.1007/s10912-017-9446-4
- (3) Boznanska, O. (1889). Flower girls [Oil on canvas]. National Museum, Krakow, Poland.

https://zbiory.mnk.pl/en/search-result/catalog/223336

(4) Chisolm, M. S., Kelly-Hendrick, M., & Wright, S. M. (2021). How visual arts-based education can promote clinical excellence. *Academic Medicine*, *96*(8), 1100-1104. <u>https://doi.org/10.1097/ACM.000000000003862</u>
(5) de la Croix, A., Rose, C., Wildig, E., & Wilson, S. (2011). Arts-based learning in medical education: The students' perspective. *Medical Education*, *45*(11), 1090-1100. https://doi.org/10.1111/j.1365-2923.2011.04060.x

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- (6) Fancourt, D. & Finn, S. (2019). What is the evidence on the role of the arts in improving health and well-being? A scoping review. *Nordic Journal of Arts, Culture and Health, 2*(1), 77-83. <u>https://doi.org/10.18261/issn.2535-7913-2020-01-08</u>
- (7) Haidet, P., Jarecke, J., Adams, N. E., Stuckey, H. L., Green, M. J., Shapiro, D., Teal, C. R., & Wolpaw, D. R. (2016). A guiding framework to maximise the power of the arts in medical education: A systematic review and metasynthesis. *Medical Education*, 50(3), 320–331. <u>https://doi.org/10.1111/medu.12925</u>
- (8) Kaptein, A. A., Hughes, B. M., Murray, M., & Smyth, J. M. (2018). Start making sense: Art informing health psychology. *Health Psychology Open*, 5(1), 2055102918760042–2055102918760042.
 <u>https://doi.org/10.1177/2055102918760042</u>
- (9) Ledger, A., & Joynes, V. (2018) "A huge part of life": Exploring the links between music, medical education, and students' developing identities as doctors. *MedEdPublish*, 7(3), 183. <u>https://doi.org/10.15694/mep.2018.0000183.1</u>
- (10) Peress, G. (1981). *First snow in Ardoyne, a nationalist neighborhood, Belfast, Ireland* [Gelatin silver print]. Tufts University Art Galleries, Medford, MA, United States. <u>https://tuftsartgalleries.catalogaccess.com/objects/1245</u>

REFERENCES

- (11) Project Zero. (2015). Thinking routine: Step Inside. https://pz.harvard.edu/resources/step-inside
- (12) Solchanyk, D., Ekeh, O., Saffran, L., Burnett-Zeigler, I. E., & Doobay-Persaud, A. (2021). Integrating cultural humility into the medical education curriculum: Strategies for educators. *Teaching and Learning in Medicine, 33*(5), 554-560. <u>https://doi.org/10.1080/10401334.2021.1877711</u>
- (13) Tezeno, E. (2023). When family gathers [Acrylic, mixed media collage, and buttons on canvas]. Luis de Jesus Los Angeles, CA, United States. <u>https://www.artsy.net/artwork/evita-tezeno-when-family-gathers</u>

(14) Tishman, S. (2018). Slow looking: The art and practice of learning through observation. Routledge.

(15) Yenawine, P. (2013). *Visual Thinking Strategies: Using art to deepen learning across school disciplines.* Harvard Education Press.

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Mary Barnes

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THANKS!

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Pilot Group #2

Updates & adjustments from Group #1 highlighted in blue

Group logistics

- Time: 1:30 2:50 PM (80 minutes, during DEC Seminar I)
- Room: CLIC (574 Boston Ave), Room 404
- Room set-up: Concentric semi-circles. Anyone choosing to engage in an alternate activity is asked to remain in the outer round so as to not disturb the participation of others.
- Supplies: pens/pencils, paper, multi-colored dry erase markers, whiteboard, index cards

Facilitation notes

- Welcome slides orient students to activity demands & group facilitators
- Warm-up activity is Looking 10 x 2
- Activity #1 is <u>Visual Thinking Strategies</u>-inspired image discussion
- Activity #2 is Step Inside, adapted to utilize occupational therapy terminology
 - What might be this person or thing's occupations or roles?
 - What are this person or thing's body structures/functions (e.g., sensory perceptions)?
 - What are this person or thing's client factors (e.g., values/beliefs)?
- Verbal debriefs follow each activity, instead of once at the end of group during wrap-up
- Wrap-up utilizes index cards for written reflections, which are collected/anonymized on an opt-in basis for qualitative data analysis
- Image citations & usage information appear via fade-in animation, to be displayed at the conclusion of corresponding activities

WELCOME! TO PARTICIPATE TODAY...

You will need:

- 1) A sheet of paper
- 2) An index card
- 3) Something to write with
- 4) A seat that supports your viewing of projected slides & whiteboard
- 5) Name tag/tent

You will not need:

Any electronics/devices (exception: accessibility needs)



ARTS-BASED EDUCATION

for occupational therapy trainees

Pilot Group #2 March 11, 2024



THE PRESENTERS

Liz Canter, EdM

Manager of Academic Programs

*at Tufts University Art Galleries*Professional art educator with

- experience in public schools, museums, & non-profits
- Visual artist working in encaustic (wax), painting, printmaking
- Member of a cookbook club for over 10 years

Rebecca Cohen, OT/s 3rd year EL-OTD student

- Emerging educator guided by experiential & humanistic pedagogies
- Level II fieldwork in forensic psychiatry (inpatient) & physical medicine (acute care)
- Professional interests in adults & teaching
- New mom of sweet rescue dog, Sylvie!





INFORMED CONSENT

- Although your presence here today is a class expectation, your participation in the pilot group and pre-/post-surveys is **completely voluntary** and has no effect on your course grades and/or program participation. You may elect to stop your participation at any time in favor of engaging in an alternative course-related activity, such as the strengths self-assessment/reflection for week 9.
- **Potential benefits:** Skill development, art appreciation, contribution to further arts-based programming for the Department of OT
- **Potential risks:** Emotional discomfort* related to evocative imagery and themes

*Meredith Grinnell is **available for support**

in the moment and post-group



AGENDA

- 1. Warm-Up⁽¹⁴⁾
- 2. Intro to Arts-Based Education (ABE)
- 3. Community Practices
- 4. Activity #1⁽¹⁵⁾
- 5. Activity $#2^{(11)}$
- 6. Wrap-Up





01 **WARM-UP** (Getting a taste!)





Artist: Evita Tezeno⁽¹³⁾ Bio: b. 1960 Title: When Family Gathers Date: 2023

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INTRO TO ARTS-BASED EDUCATION (ABE) (What is this? Why are we doing it?)



INTRO TO ARTS-BASED EDUCATION (ABE)

- Definition: The use of art forms in teaching to build healthcare practitioners' clinical reasoning and interpersonal skills.⁽⁵⁾
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- Research suggests ABE is an **effective educational tool in healthcare training** and that it can support many professional capacities, including (but not limited to)...⁽²⁾⁽⁴⁾⁽⁶⁾⁽⁷⁾⁽⁸⁾⁽⁹⁾⁽¹²⁾



Cultural humility



Passion for the practitioner role

Interpersonal communication (with clients & colleagues)

Attention to detail

Comfort with uncertainty

Empathy & emotional reasoning



03 COMMUNITY PRACTICES



COMMUNITY PRACTICES⁽¹⁾

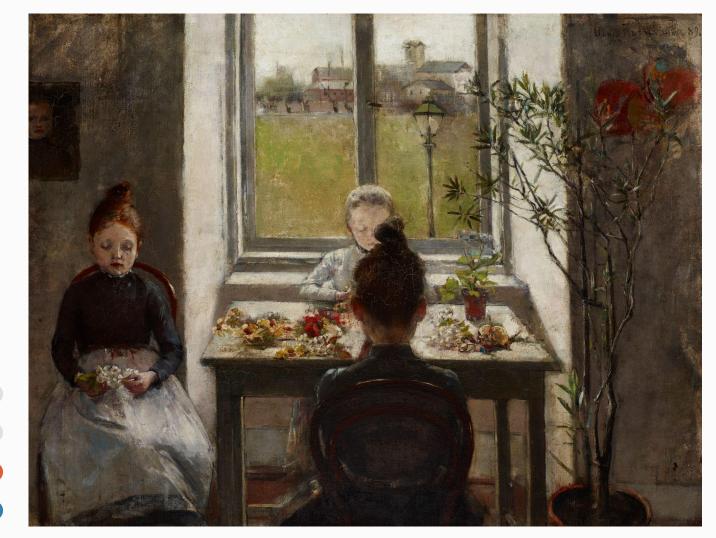
- 1. Move up/move up (take space/make space)
- 2. One diva, one mic
- 3. We can't be articulate all the time
- 4. We value curiosity
- 5. We can accept & handle **discomfort**
- 6. We seek **support** when we need it
- 7. No right answers, no wrong answers, no judgment

Anything else?



ACTIVITY #1





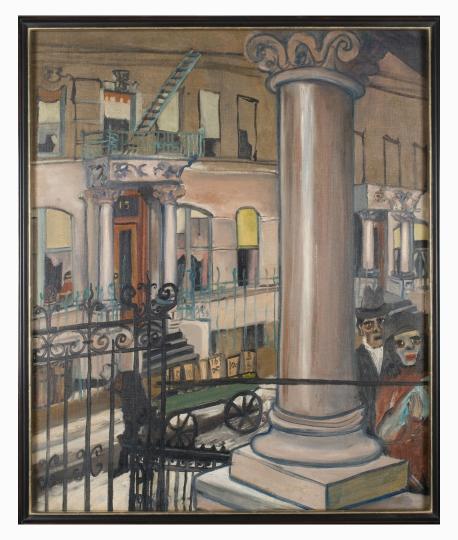
Artist: Olga Boznanska⁽³⁾ Bio: b. 1865, d. 1940 Title: *Flower Girls* Date: 1889

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ACTIVITY #2





Artist: Alice Neel⁽¹⁰⁾ **Bio:** b. 1900, d. 1984 **Title:** *Spanish Harlem* **Date:** 1938

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06 WRAP-UP (A moment to review & reflect)



WRAP-UP

I. Answer **at least one** on the front of your index card:

- What did you learn about yourself through your participation in these activities?
- What did you learn about interpersonal communication through your participation in our group discussions?
- How does observing art compare to observing people, environments, and/or occupations?

2. Then answer **this** on the back of your index card:



3. We'll **debrief** as a large group and collect index cards on an **opt-in** basis.



POST-PARTICIPATION SURVEY

Click it!

<u>Post-Participation</u> <u>Survey</u> Scan it!





Survey should take about **10–15 minutes** to complete. Survey **closes** at **<u>11:59 PM on 3/17</u> (Sun)**.





- Anti-Oppression Resource and Training Alliance. (n.d.). *Anti-oppressive facilitation: Making meetings awesome for everyone*. <u>https://www.fammed.wisc.edu/files/webfm-uploads/documents/diversity/AO%20Resoures.pdf</u>
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- (8) Kaptein, A. A., Hughes, B. M., Murray, M., & Smyth, J. M. (2018). Start making sense: Art informing health psychology. *Health Psychology Open*, 5(1), 2055102918760042–2055102918760042.
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- (9) Ledger, A., & Joynes, V. (2018) "A huge part of life": Exploring the links between music, medical education, and students' developing identities as doctors. *MedEdPublish, 7*(3), 183. <u>https://doi.org/10.15694/mep.2018.0000183.1</u>
- (10) Neel, A. (1938). Spanish Harlem [Oil on canvas]. Tufts University Art Galleries, Medford, MA, United States. <u>https://tuftsartgalleries.catalogaccess.com/objects/1050</u>

- (11) Project Zero. (2015). Thinking routine: Step Inside. https://pz.harvard.edu/resources/step-inside
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- (13) Tezeno, E. (2023). When family gathers [Acrylic, mixed media collage, and buttons on canvas]. Luis de Jesus Los Angeles, CA, United States. <u>https://www.artsy.net/artwork/evita-tezeno-when-family-gathers</u>

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Mary Barnes

Department of Occupational Therapy mary.barnes@tufts.edu





THANKS!

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Pilot Group #3

Key updates & adjustments from Group #2 highlighted in orange

Group Logistics

- Time: 12 1:20 PM (80 minutes, during Tufts OT weekly Open Block)
- Room: CLIC (574 Boston Ave), Room 201
- Room set-up: Tables (can seat up to 2 students) & chairs arranged in columns/rows; maintain space in front of projections to support students who want to come up & take a closer look during activities
- Supplies: pens/pencils, paper, index cards, writing implements, name tags/tents, multi-colored dry erase markers, whiteboard

Facilitation notes

- Welcome slides orient students to activity demands & group facilitators
- Warm-up activity is <u>Visual Thinking Strategies</u>-inspired image discussion
- Activity #1 is Sketching as Close Looking + <u>Shape/Color/Line</u>
 - Image selection graded for participants with previous ABE experience; more visual complexity is appropriate
- Activity #2 is <u>Circle of Viewpoints</u>
- Verbal debriefs follow each activity
- Wrap-up utilizes index cards for written reflections, which are collected/anonymized on an opt-in basis for qualitative data analysis
 - New reflection prompt to explore the role of assumptions in OT practice, a topic which came up frequently in previous pilot group discussions/reflections
- Image citations & usage information appear via fade-in animation, to be displayed at the conclusion of corresponding activities

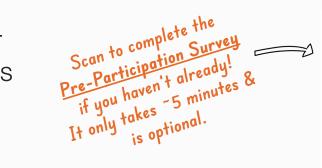
WELCOME! TO PARTICIPATE TODAY...

You will need:

- 1) A sheet of paper
- 2) An index card
- 3) Something to write& draw with
- 4) A seat that supports your viewing of projected slides & whiteboard
- 5) Name tag/tent

You will not need:

Any electronics/devices (exception: accessibility needs)







ARTS-BASED EDUCATION

for occupational therapy trainees & practitioners

Pilot Group #3 March 27, 2024



THE PRESENTERS

Liz Canter, EdM

Manager of Academic Programs

at Tufts University Art Galleries

- Professional art educator with experience in public schools, museums, & non-profits
- Visual artist working in encaustic (wax), painting, & printmaking
- Member of a cookbook club for over 10 years

Rebecca Cohen, OT/s 3rd year EL-OTD student

- Emerging educator guided by experiential & humanistic pedagogies
- Level II fieldwork in forensic psychiatry (inpatient) & physical medicine (acute care)
- Professional interests in adults & teaching
- New mom of sweet rescue dog, Sylvie!





INFORMED CONSENT

- Your participation in the pilot group and pre-/post-surveys is **completely voluntary** and has no effect on your course grades and/or program participation. You may elect to stop your participation at any time.
- **Potential benefits:** Skill development, art appreciation, contribution to further arts-based programming for the Department of OT
- **Potential risks:** Emotional discomfort* related to evocative imagery and themes

*Mary Barnes is **available for support** in the moment and post-group





AGENDA

- 1. Warm-Up⁽¹⁶⁾
- 2. Intro to Arts-Based Education (ABE)
- 3. Community Practices
- 4. Activity #1⁽⁴⁾⁽¹⁵⁾
- 5. Activity #2⁽¹¹⁾
- 6. Wrap-Up





01 **WARM-UP** (Getting a taste!)





Artist: Clarice Smith⁽¹²⁾ Bio: b. 1933, d. 2021 Title: *Café Lisbon* Date: 1990

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INTRO TO ARTS-BASED EDUCATION (ABE) (What is this? Why are we doing it?)



INTRO TO ARTS-BASED EDUCATION (ABE)

- Definition: The use of art forms in teaching to build healthcare practitioners' clinical reasoning & interpersonal skills.⁽⁶⁾
 Art forms: Drama, music, visual arts, dance, literature, etc.
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Cultural humility



Passion for the practitioner role

Interpersonal communication (with clients & colleagues)

Attention to detail

Comfort with uncertainty

Empathy & emotional reasoning



03 COMMUNITY PRACTICES



COMMUNITY PRACTICES⁽¹⁾

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- 5. We can accept & handle **discomfort**
- 6. We seek **support** when we need it
- 7. No right answers, no wrong answers, no judgment

Anything else?



ACTIVITY #1





Artist: Taravat Talepasand⁽¹⁴⁾ Bio: b. 1979 Title: *Réprise de Justice* (*Presumption of Justice*) Date: 2011

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ACTIVITY #2





Artist: Chris K. Soentpiet Bio: b. 1970 Title: Illustration from So Far from the Sea, by Eve Bunting⁽³⁾ Date: 1998

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06 WRAP-UP (A moment to review & reflect)



WRAP-UP

I. Answer **at least one** on the front of your index card:

- What did you **learn about yourself** through your participation in these activities?
- How does observing art compare to observing **people**, **environments**, and/or **occupations**?
- Analysis of art can often involve some level of **assumption** (i.e., allowing your observations to fuel further inferences about a piece). What **role** does assumption play in OT practice? How can assumptions **help** & **hurt** client-centered care?

2. Then answer **this** on the back of your index card:

How can you **apply your answer** to your work as an OT practitioner?

3. We'll **debrief** as a large group and collect index cards on an **opt-in** basis.



READY FOR MORE?

All are welcome to attend the final ABE pilot group of the semester!

Date: April 3, 2024 (W) Time: 12 - 1:20 PM (Open Block) Location: TUAG at Aidekman Arts Center (on the Medford Campus)





- Anti-Oppression Resource and Training Alliance. (n.d.). *Anti-oppressive facilitation: Making meetings awesome for everyone*. <u>https://www.fammed.wisc.edu/files/webfm-uploads/documents/diversity/AO%20Resoures.pdf</u>
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- (3) Bunting, E. So far from the sea (C. K. Soentpiet, Illus.). Clarion Books.
- (4) Canter, L. (n.d.). Sketching as close looking. Tufts University Art Galleries.
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(12) Smith, C. (1990). Cafe Lisbon [Oil on canvas]. Tufts University Art Galleries, Medford, MA, United States.

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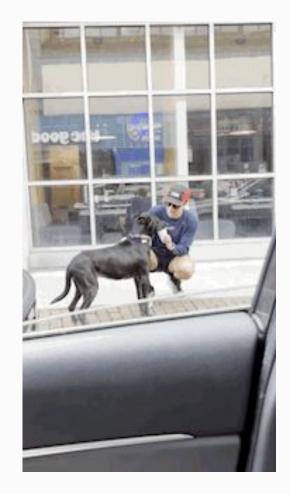




THANKS!

Q: **What's going on** in this GIF? A: Adorable girl is spoiled with **second puppuccino** in one week

CREDITS: This presentation template was created by <u>Slidesgo</u>, and includes icons by <u>Flaticon</u>, and infographics & images by <u>Freepik</u>







POST-PARTICIPATION SURVEY

Click it!

Post-Participation Survey Scan it!





Survey should take about 10-15 minutes to complete & closes at <u>11:59 PM on 4/2</u> (Tue). Already completed the survey following a previous pilot group? You can take it again to provide your thoughts on today's group!

