



New England

**DISABLED  
SPORTS**



# Roadmap

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## **ABOUT US**

Mission, Vision, Values, History, & Culture

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## **WHO WE SERVE**

Learn More About our Student Athletes

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## **PROGRAMMING**

Learn More About our Offered Winter & Summer Sports

04

## **PARTICIPATE WITH US**

Find out ways to participate with NEDS and hear from student athletes' testimonials!

05

## **VOLUNTEER WITH US**

Find out ways to volunteer with NEDS and hear from volunteer coaches' testimonials!

01



## ABOUT US

501 (c) (3) not-for-profit organization

Providing adaptive sports instruction to students of varying physical and cognitive abilities

Headquartered at Loon Mountain Ski Resort and Bretton Woods Ski Resort

## FIRST LESSON

Six instructors conducted lessons from a small space behind the Ski Patrol offices.

## 2000+ LESSONS

More than 2,000 lessons were being initiated from the Blue Room.

## NEW PARTNERSHIP

The coaches, volunteers, and students from Bretton Woods joined the NEDS community

1987



2003



## NEW PROGRAMS

Summer programming and the Pre-Adaptive Coach (PAC) Program were established



2007

2011



## BUILDING DEDICATION

The NEDS Center built in 2009 formally dedicated as the Dr. Bob Harney Adaptive Sports Center



2012

# OUR MISSION

...through sports & recreation,  
to enhance lives affected by  
disabilities.



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## OUR VISION

We envision a world where disabilities are not barriers.

# OUR VALUES

**We embrace volunteerism**

**We foster community**

**We listen to and learn  
from everyone**

**We strive for excellence**

**We nurture personal development through  
high-quality training and instruction**

**We strive for diversity**

02



## WHO WE SERVE

Individuals ages 4+ with  
varying physical and  
cognitive disabilities





03

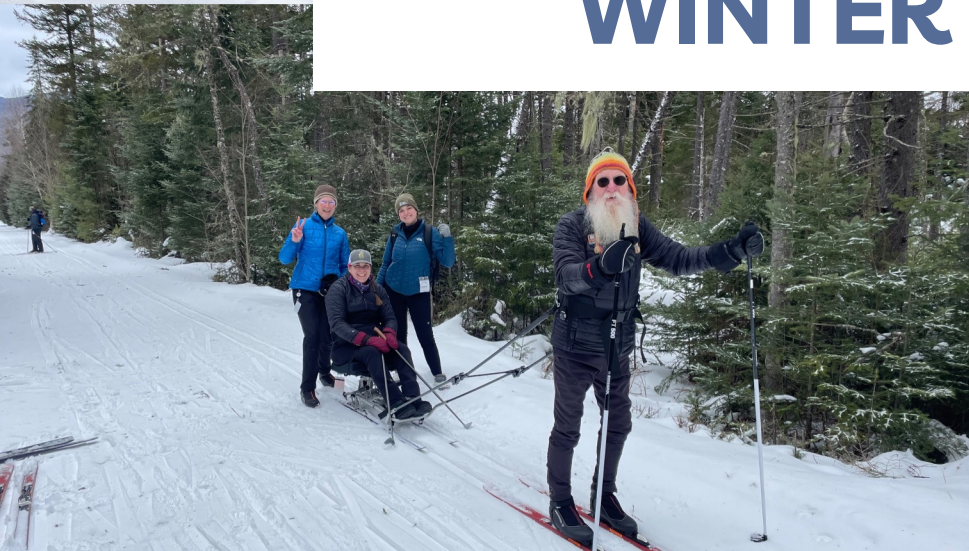


## PROGRAMMING

10 Sports are offered  
over the Winter &  
Summer seasons

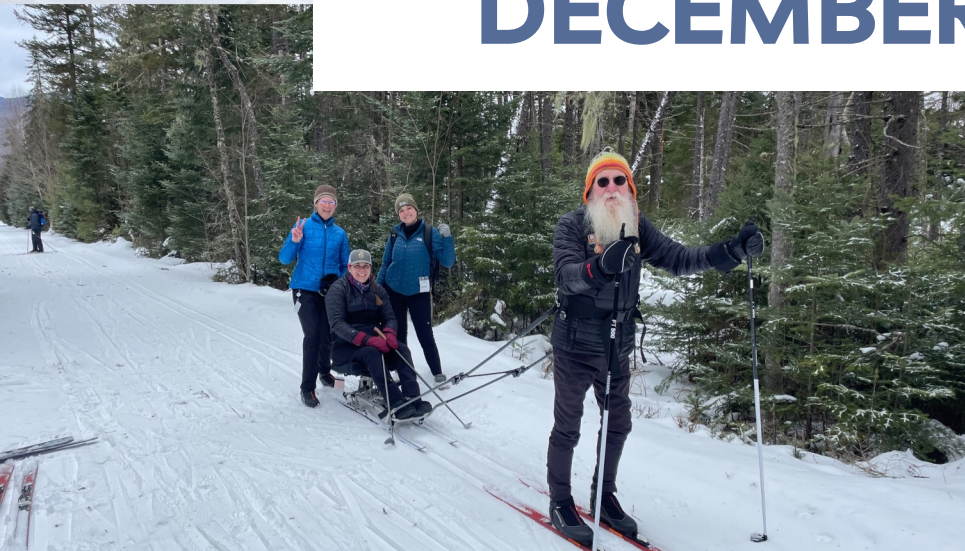


# WINTER SPORTS





# DECEMBER - MARCH



# ALPINE SKIING







# NORDIC SKIING











ATOMIC  
DIMOLA  
183  
X-TRIGGER  
BUILD

ALUMNI

salomon  
salomon  
salomon

salomon



# SNOWBOARDING





# SNOWSHOEING







# SUMMER SPORTS







# MAY - OCTOBER



# KAYAKING & PADDLE BOARDING





# GOLF





# CYCLING







# MOUNTAIN BIKING





# PICKLEBALL









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[www.NEDisabledSports.org](http://www.NEDisabledSports.org)





# MILITARY

Providing opportunities free of charge to our veterans living with disabilities to develop independence, confidence, and fitness through participation in sports and recreation.







04



# PARTICIPATE WITH US

Dare to Conquer

Dare to Achieve

Join Our Team

Be Happy  
*Athletes*

# Meet Laura!

7 year Student Athlete



**Meet Laura!**

“NEDS has helped me live my life to the fullest and realize that my abilities, not my disabilities, help shape my life.”

**“NEDS is family.”**



# Meet Wendy!

8 year Student Athlete; 4  
year Volunteer Coach



## Meet Wendy!

A woman named Wendy is riding a yellow and black recumbent mountain bike on a dirt trail in a forest. She is wearing a blue helmet, glasses, a pink t-shirt, and light blue shorts. The background is a lush green forest with tall trees and sunlight filtering through the canopy.

“[I’ve] done things I never thought I could do.”

“I’ve never felt so accepted anywhere else but here.”

“[My] confidence poured into other realms of my life.”

## Student Athlete Testimonials

**“[NEDS] has been incredibly helpful for my mental health and even my physical health.”**

- < 1 year Student Athlete

**“I am stronger and more outgoing. I love trying new things.”**

- 2 Year Student Athlete

**“You [NEDS] are family, and when people say you can’t always pick your family, you are a family that I would’ve wanted to pick.”**

- 7 year Student Athlete



## Advice from Current Student Athletes







**“Don’t let the fact that you have a disability affect you from trying new things.”**

**“Remember, you can do anything it just might be done differently.”**

**“Don’t think too much about the ‘can’ts’ and keep your mind open to possibility.”**

**“If you feel like you can’t do any sports because you are physically or mentally challenged, let the staff and volunteers at NEDS prove that wrong.”**

**JOIN OUR TEAM!**

**BE**

**JOIN**

**CREATE**



**DO YOU WANT TO PARTICIPATE IN ADAPTIVE SPORTS?**



CALL 603 - 745 - 9333

**TO JOIN AS A STUDENT ATHLETE!**



<https://nedisabledsports.org/be-happy/>

05



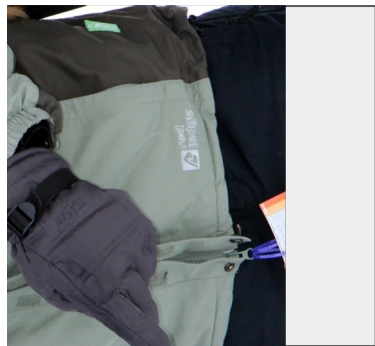
# VOLUNTEER WITH US

Inspire a Smile

Make a Difference

Join Our Team

Join Happy  
Volunteers



**Meet Peter**

**12 year Volunteer Coach**



**Meet Peter**

**12 year Volunteer Coach**



# Meet Peter



“It’s an incredible feeling that you get when you’re teaching lessons to our population of students. You want to give back to the community; but it’s that feeling of accomplishment that you’re helping not only the students but their families. You not only see the excitement in the students, but the excitement and gratitude in the parents.”



## Volunteer Coach Testimonials



“If you want to help people enjoy a sport you love, this is a great way.”  
- Wendy, 8 year Student Athlete, 4 year Volunteer Coach

“I can’t imagine not doing this. It’s become a big part of my life.”  
- Peter, 12 year Volunteer Coach

“We’re going to find a way to get you out there... We’ll get you up [skiing] and find a solution so you can be the best you can be.”  
- Tom, 1 year Volunteer Coach

**JOIN OUR TEAM!**

**BE**

**JOIN**

**CREATE**



**DO YOU WANT TO HELP COACH ADAPTIVE SPORTS?**



**Are you 18 years old or older?**



Visit <https://nedisabledsports.org/join-happy/> to apply!

**JOIN**



**HAPPY**

**Are you 14-17  
years old?**



**Apply to the PRE-  
ADAPTIVE COACH  
PROGRAM!**

Visit <https://nedisabledsports.org/join-happy/pre-adaptive-coaches/> to apply!

# THANK YOU!

Any questions?  
Please reach out!



  
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Info.nedisabledsports.org



603.745.9333 - NEDS @ Loon Mountain  
603.278.3398 - NEDS @ Bretton Woods



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