

1. Why are you participating in this focus-group?

___ I want to learn skills to reduce feelings of loneliness that I am currently experiencing.

___ I am interested in learning skills to be better prepared to cope with feelings of loneliness that may arise in the future.

___ I am interested in learning more about this topic.

___ Other

2. On a scale of 1 - 10, how much do you know about loneliness prevention strategies?

(nothing or very little) 1 2 3 4 5 6 7 8 9 10 (I know everything)

3. On a scale of 1 - 10, how prepared do you feel to deal with feelings of loneliness as they may arise in the future?

(Not prepared at all) 1 2 3 4 5 6 7 8 9 10 (Extremely prepared)

4. Do you currently have any strategies that help you cope with feelings of loneliness?

Yes

No

- If yes, what strategies?

5. Do you currently have a hobby or engage in an activity that is meaningful to you?

Yes

No

- If yes, what hobby or activity?
