

References

- (3) Lee, Ellen E., et al. "High Prevalence and Adverse Health Effects of Loneliness in Community-Dwelling Adults across the Lifespan: Role of Wisdom as a Protective Factor." *International Psychogeriatrics*, vol. 31, no. 10, 2019, pp. 1447–62, <https://doi.org/10.1017/S1041610218002120>.
- (1) *Loneliness and Social Isolation Linked to Serious Health Conditions*. (2021, April 29). Centers for Disease Control and Prevention. <https://www.cdc.gov/aging/publications/features/lonely-older-adults.html>
- (2) Malani P, Singer D, Kirch M, Solway E, Roberts S, Smith E, Hutchens L, Kullgren J. *Trends in Loneliness Among Older Adults from 2018-2023*. University of Michigan National Poll on Healthy Aging. March 2023. Available at: <https://dx.doi.org/10.7302/7011>

Recommended Readings

- American Occupational Therapy Association. (2020). Occupational therapy practice framework; Domain and process (4th ed.).
- Cohen-Mansfield, J., Hazan, H., Lerman, Y., & Shalom, V. (2016). Correlates and predictors of loneliness in older-adults: A review of quantitative results informed by qualitative insights. *International Psychogeriatrics*, 28(4), 557-576.
doi:10.1017/S1041610215001532
- Cohen-Mansfield J, Perach R. Interventions for Alleviating Loneliness among Older Persons: A Critical Review. *American Journal of Health Promotion*. 2015;29(3):e109-e125.
doi:[10.4278/ajhp.130418-LIT-182](https://doi.org/10.4278/ajhp.130418-LIT-182)

Collins, T., Davys, D., Martin, R., Russell, R., & Kenney, C. (2020). Occupational Therapy, loneliness and social isolation: a thematic review of the literature. *International Journal of Therapy and Rehabilitation*, 27(10).

<https://doi.org/10.12968/ijtr.2019.0044>

Gerst-Emerson, Kerstin, and Jayani Jayawardhana. "Loneliness as a Public Health Issue: The Impact of Loneliness on Health Care Utilization among Older Adults." *American Journal of Public Health (1971)*, vol. 105, no. 5, 2015, pp. 1013–19,

<https://doi.org/10.2105/AJPH.2014.302427>.

Holding, Eleanor, et al. "Connecting Communities: A Qualitative Investigation of the Challenges in Delivering a National Social Prescribing Service to Reduce Loneliness." *Health & Social Care in the Community*, vol. 28, no. 5, 2020, pp. 1535–43,

<https://doi.org/10.1111/hsc.12976>.

Kemperman, Astrid, Pauline van den Berg, Minou Weijs-Perrée, and Kevin Uijtdewillegen.

2019. "Loneliness of Older Adults: Social Network and the Living Environment"

International Journal of Environmental Research and Public Health 16, no. 3: 406.

<https://doi.org/10.3390/ijerph16030406>

O'Rourke, H.M., Collins, L. & Sidani, S. Interventions to address social connectedness and loneliness for older adults: a scoping review. *BMC Geriatr* 18, 214 (2018).

<https://doi.org/10.1186/s12877-018-0897-x>

Ronald H. Aday PhD , Gayle C. Kehoe MA & Lori A. Farney BS (2006) Impact of Senior Center Friendships on Aging Women Who Live Alone, *Journal of Women & Aging*, 18:1, 57-73, DOI: [10.1300/J074v18n01_05](https://doi.org/10.1300/J074v18n01_05)

Russell, D., Peplau, L.A., & Cutrona, C.E. (1980). The revised UCLA Loneliness Scale: Concurrent and discriminant validity evidence. *Journal of Personality and Social Psychology*, 39, 472-480.

Valtorta N, Hanratty B. Loneliness, isolation and the health of older adults: do we need a new research agenda? *J R Soc Med*. 2012 Dec;105(12):518-22. doi: 10.1258/jrsm.2012.120128. PMID: 23288086; PMCID: PMC3536512.

Veazie S, Gilbert J, Winchell K, et al. Addressing Social Isolation To Improve the Health of Older Adults: A Rapid Review [Internet]. Rockville (MD): Agency for Healthcare Research and Quality (US); 2019 Feb. Appendix F, Social Isolation and Loneliness Definitions and Measures. Retrieved from: <https://www.ncbi.nlm.nih.gov/books/NBK537897/>