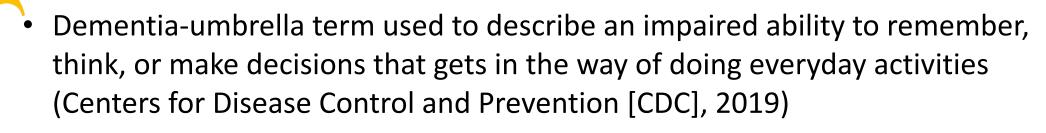
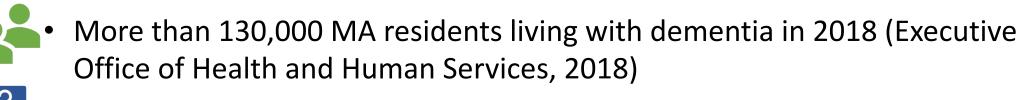


Program evaluation of a mosaic making activity for residents at an assisted living facility diagnosed with dementia

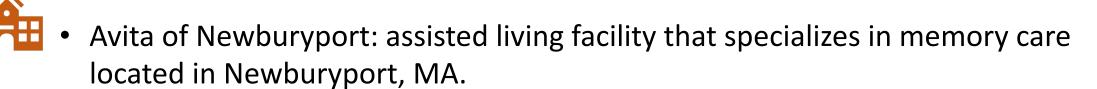
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Introduction





- Gap in literature: need for reproducible interventions designed to improve quality of life across residential care settings (Levenberg et al., 2021)
- Evidence has led healthcare systems in different parts of the world to recognize arts-based interventions as a necessary piece of healthcare and to recognize their benefits to health and wellbeing (Young et al., 2016)





Methods

Purpose: Expand and contribute to art making opportunities at assisted living facility

Aim 1

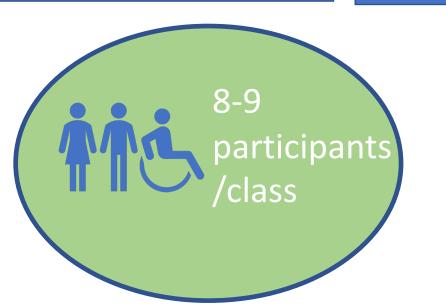
Manualize mosaic suncatcherreplicate for other caregivers to deliver

Aim 2

Understand staff perspectives re: residents' emotional, social & behavioral responses to activity

Aim 3

Understand staff members' overall perceptions of activity





Phase 1

- Observations of activity
- Survey staff re: perceptions of residents' responses to
- Begin manual

activity development of

Phase 2

- Deliver manual
- Survey staff re: experience with manual
- Edits to manual based on data from usability survey







of activity Delivery of final manual

Phase 3

Survey staff

re: overall

perception



Staff Perceptions



"Participant was a little anxious starting the activity because it was a new situation....She was beaming and smiling at the end and she finished her mosaic."

"She started out very confused but by the end figured out spacing and completed a piece she was very proud of."

"Resident loves the class. She feels like she has accomplished something by the end of the class. She is really engaged."

"She was under anxiety when she started but after seeing the task at hand, she was able to free her mind of her worries and work on the project...Beaming when she left with her family."

Key **Staff Response Survey Item** The activity was meaningful for participants **Totally agree** The activity was accessible to participants of differing abilities Agree somewhat The activity promoted the opportunity for Neither agree nor independent decision making disagree (neutral) The activity promoted social participation Disagree among residents somewhat The program can be feasibly run by staff Totally after the completion of this project disagree I would recommend this activity to other 1 icon=1 response caregivers of individuals with dementia

Resident Perceptions

I love the class and the colors where I can move all the colors around. It's my kind of thing. I love hanging them in my room.

"I like the class. It makes my brain work and I like to create things. I love taking them home and showing my family."

"I really like putting the different colors and shapes together."

"It was the perfect level for me to do.

When I look at the pretty colors it makes you feel good."

Next Steps



- Original manual to be copyrighted
- Expanding on original manual to serve individuals with



- Partnership created with Amesbury Innovation High School and with Opportunity Works (Newburyport)
- Students and clients will help create mosaic making kits that can be delivered to facilities who serve individuals with dementia, or to individual caregivers.



Avita looking to expand opportunities to participate in suncatcher activity through use of suncatcher activity kits

References

Contact

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