

DISABILITY ETIQUETTE CARD SORT

ANSWER KEY

To describe an individual's disability, use words such as:	<u>False</u> These words are disempowering
<ul style="list-style-type: none">• Victim of . . .• Suffers from . . .• Is confined to . . .	

Individuals with disabilities should be praised for their inspiration.	<u>False</u> Avoid "inspiration porn"
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Individuals with disabilities should be treated the same as individuals without disabilities.	<u>True</u>
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Staff should have lower expectations for what adaptive climbers can accomplish.	<u>False</u>
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Use identity-first language: "She works with Autistic climbers."	<u>It Depends</u> Ask the individual what they prefer
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Use person-first language: “She works with climbers with autism.”	<u>It Depends</u> Ask the individual what they prefer
Never assume an individual’s abilities – always ask before you help.	<u>True</u>
It is acceptable to touch or grab individuals or their devices.	<u>False</u>
Speak directly to the caregiver or interpreter if an individual is accompanied by one.	<u>False</u> Always speak directly to the individual
Be open minded about access and accommodation requests.	<u>True</u>
Be patient, supportive, and flexible.	<u>True</u>

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Some adults with disabilities should be treated like children.	<u>False</u>
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As staff members, we know best and can make exceptions to adaptive climbers' boundaries.	<u>False</u>
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Educate yourself and be mindful of what you say.	<u>True</u>
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Ask open ended questions, like "what do I need to know before we start climbing?"	<u>True</u>
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It is ok to touch an individual with a vision impairment to get their attention and guide them.	<u>False</u> Simply ask with your voice first
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It is acceptable to engage with and pet service animals.	<u>False</u>
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Ask an individual with a vision impairment if they want assistance and offer your elbow to guide them.	<u>True</u>
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It is illegal to ask for proof of disability or paperwork regarding service animals.	<u>True</u>
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Service animals can be denied entrance to the facility if staff members see fit.	<u>False</u>
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You should sit or kneel when speaking with an individual in a wheelchair.	<u>True</u>
Grab a chair or sit on a bench	

It is ok to touch or use an individual's wheelchair, cane, or other mobility device.	<u>False</u>
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Walkways can be used to store gear temporarily as long as there is still room to navigate around it.

False

Repeating yourself is more effective than rephrasing when an individual does not understand the first time.

False

Rephrase and use different words if someone does not understand

Raising your voice or yelling is an effective strategy when communicating with individuals who are Deaf or hard of hearing.

False

Use visual aids and writing if speaking is not effective

It is beneficial to speak clearly and be visible when speaking: do not cover your face and maintain eye contact.

True

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Information should be available
visually or in other alternative
formats.

True

Refer to an amputated limb as
the residual limb; only use
“stump” if the climber does.

True

It can be assumed that
individuals with hearing or
vision impairments are
completely Deaf or blind.

False