My Goals	Did I work on my goal?	How am I doing with my goal?
•		□ 😖 Too hard
	□ Yes 👍	□ ≌ Working on it
	□ No 🦻	☐ ✓ Achieved it! I need a new goal
	□ Other 🏰 (describe)	J
		□ X Not interested in goal anymore

My Goals	Did I work on my goal?	How am I doing with my goal?
	□ Yes □ No □ Other 	 □ State Too hard □ Working on it □ Achieved it! I need a new goal □ X Not interested in goal anymore

My Goals	Did I work on my goal?	How am I doing with my goal?
	□ Yes 👍	□
	□ No 🧚	☐ ✓ Achieved it! I need a new goal
	□ Other 🏜	□ X Not interested in goal anymore

ITERATION 3a

My Goals	Did I work on my goal?	How am I doing with my goal?
	□ Yes	 □ It's hard □ I'm working on it! □ I like this goal □ I don't like this goal □ Something else:

My Goals	Did I work on my goal?	How am I doing with my goal?
	□ Yes	□ *tangible objectives to reach goal*

ITERATION 3b

My Goals	Did I work on my goal?
	□ Yes
	□ No