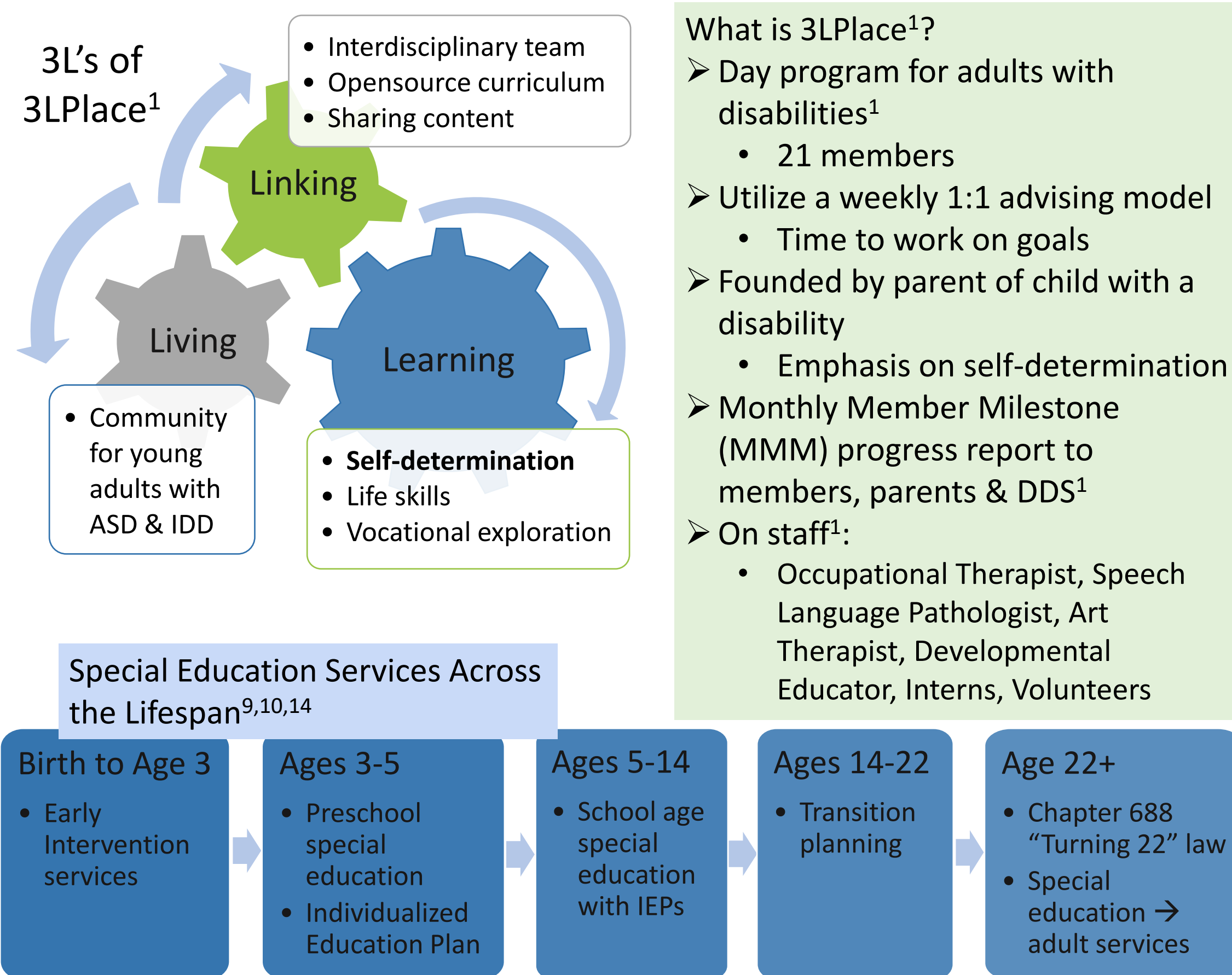
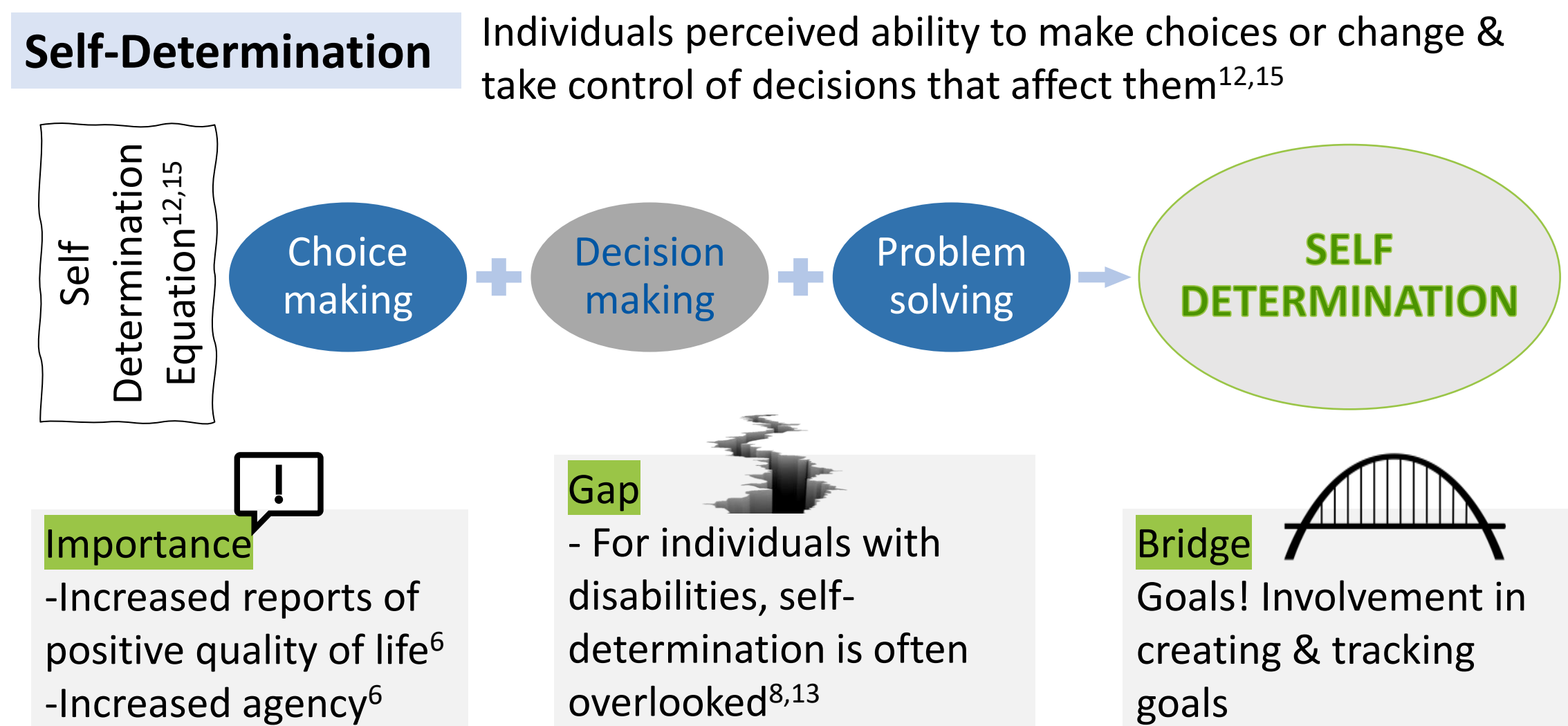




Introduction

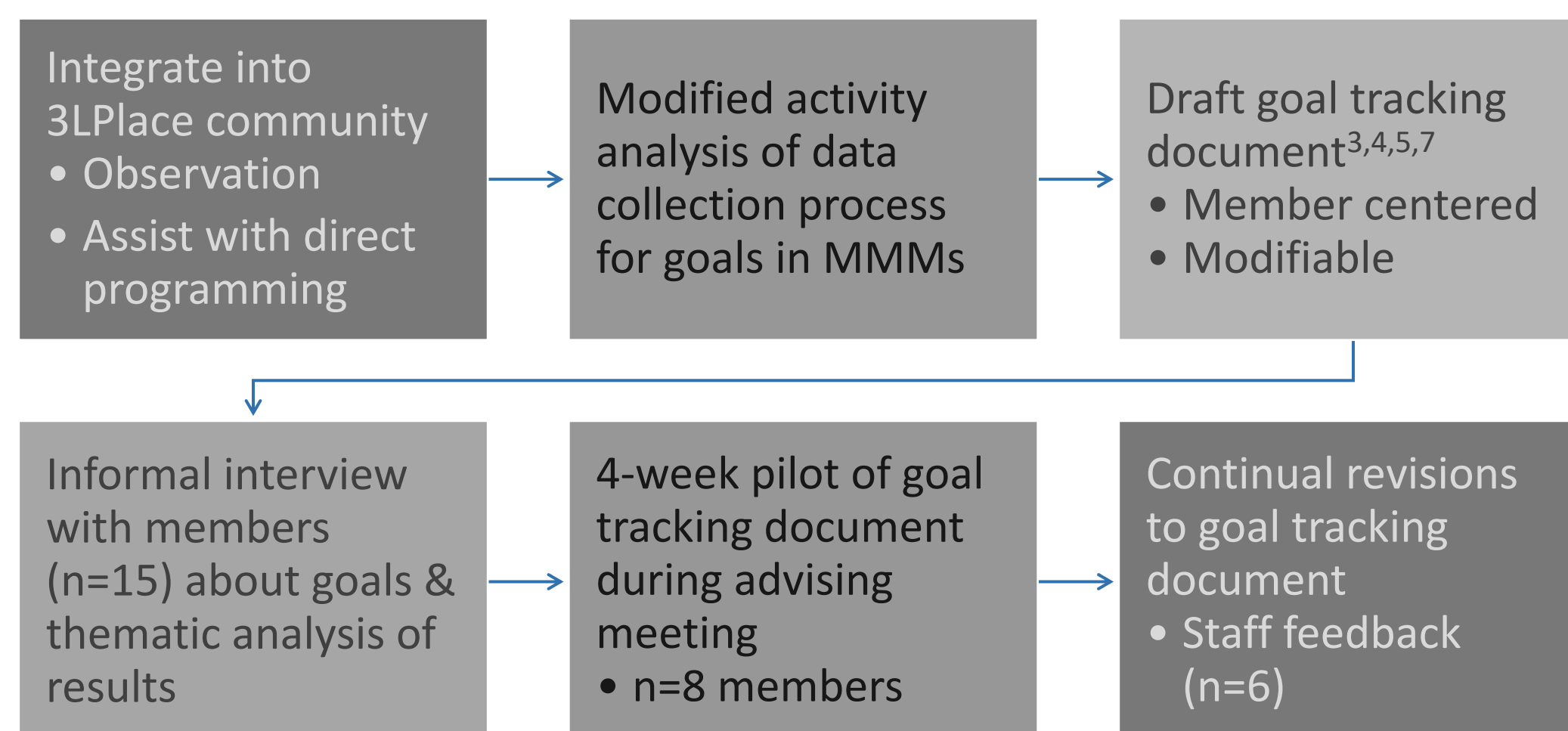


Background

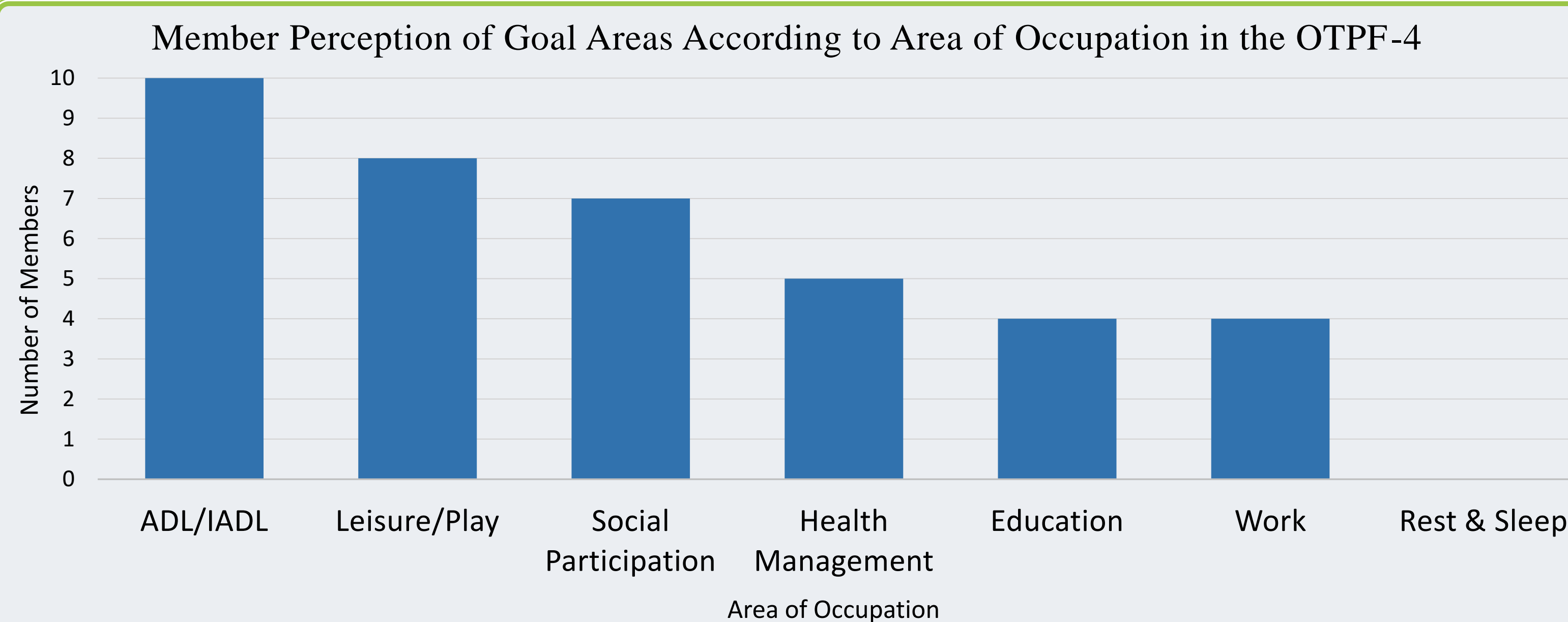


Methods

Aim is to promote members' self-determination in monitoring goals & bring their voice to the narrative shared with funding agencies.



Results



Member Examples	ADL / IADL	Leisure / Play	Social Participation	Health Management	Education
	<ul style="list-style-type: none"> Budgeting Transportation Life skills 	<ul style="list-style-type: none"> Creative design Computer design Music 	<ul style="list-style-type: none"> Romantic/Social relationships Boundaries 	<ul style="list-style-type: none"> Nutrition Self-regulation Exercise 	<ul style="list-style-type: none"> Reading Writing Memory

... What a goal is:

- "Something that **I want to achieve**"
- "Something you want to do"
- "Something that you're doing"
- "**A thing that we strive to reach in order to improve**"
- "Something you're working towards"
- "**What needs to be worked on**"
- "Something you earn"

... When it's time for a new goal:

- "When you run out of things to do"
- "**When I'm ready**"
- "Do it and get used to it"
- "When there's something else I want to work on"
- "**When you mastered it or completed it. When it's like clockwork and grilled in your head**"
- "When you get used to it"
- When someone tells me I need a new one** (x2 members)

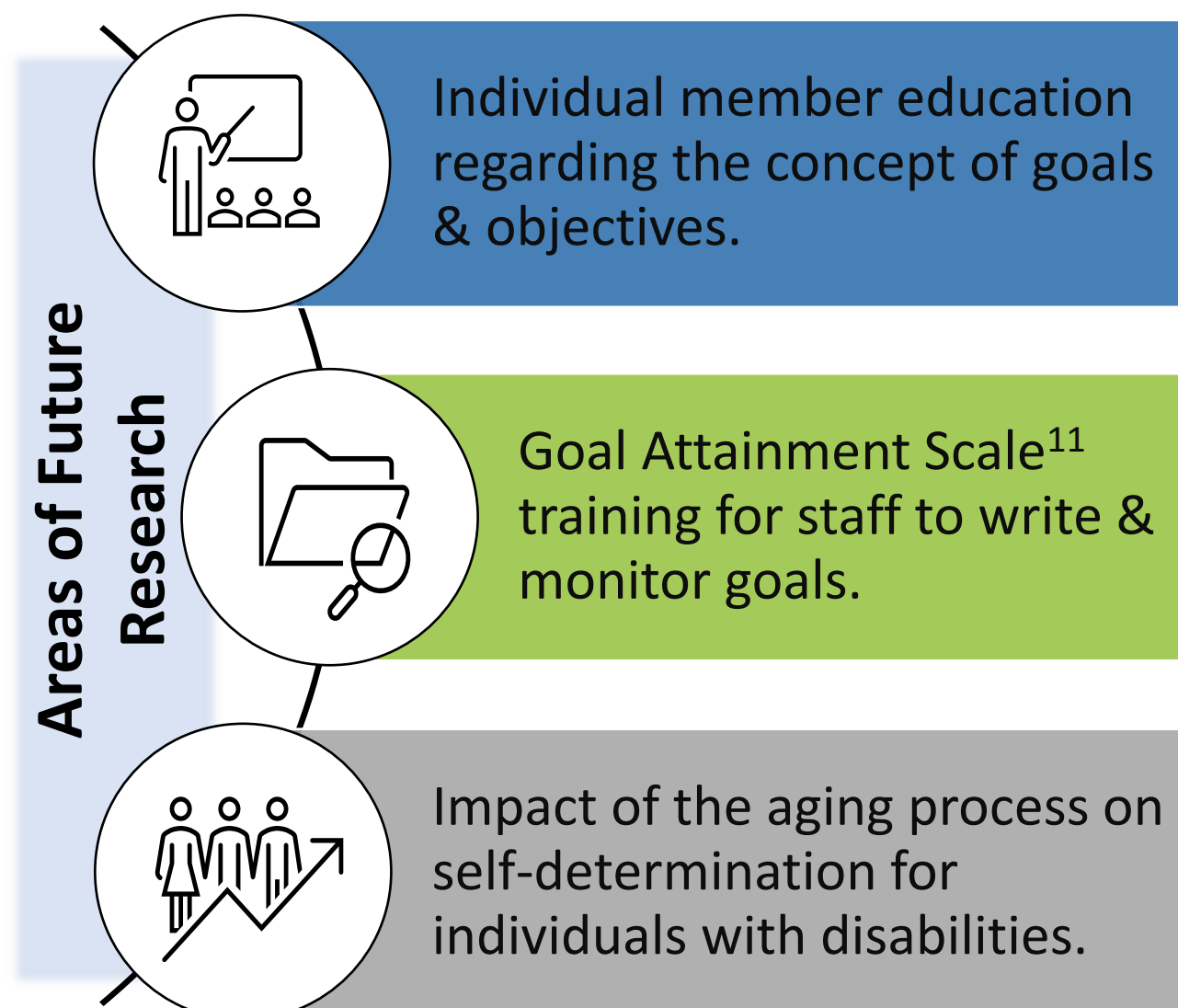
Thematic Analysis: Member Perceptions of...

... Importance of goals:

- "To know what I want to achieve later on"
- "Help **focus** in on something"
- "**I think it's important to have goals to have a more meaningful life and it helps us make practical decisions**"
- "Goals help get a job"
- "Gives you something to work for"
- "To get better at things"
- "**There's always room for improvement to learn more**"
- "To get to do the fun stuff you want to do after"

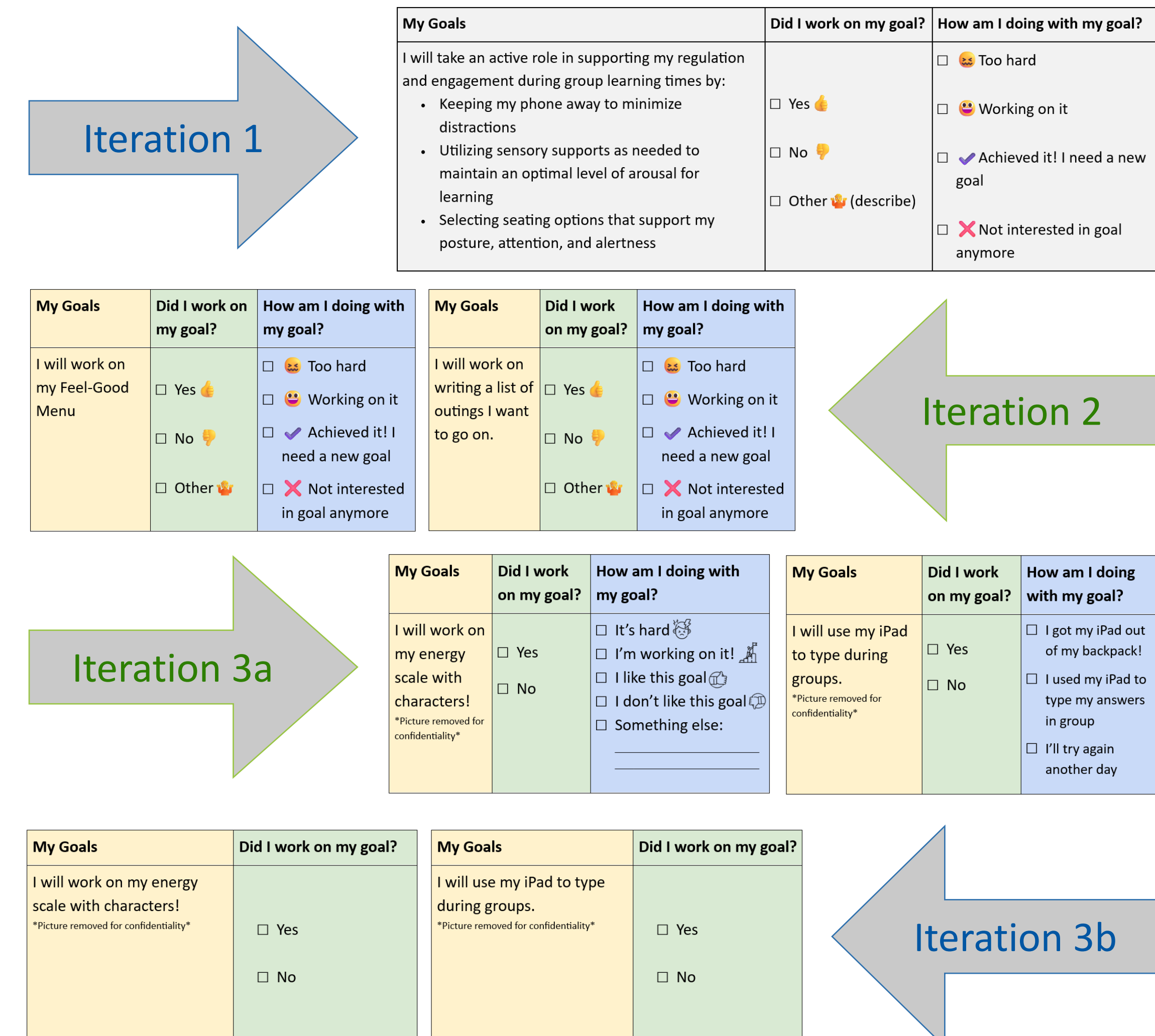
Discussion

- Goals are future thinking & abstract which can be hard for individuals with disabilities to conceptualize⁶
 - Vast differences in member understanding & awareness of goals suggests the need for individualization of resources
- Gap in problem solving^{12,15}
 - Members grapple with breaking overarching goals into smaller more attainable goals with specific objectives
- Staff come in with differing knowledge regarding goal writing & monitoring
 - Impacts member accessibility & readability of goals
 - Effects on goal attainment tracking for progress reporting



Case Study

Font theme and size have been modified for poster. Images have been removed for confidentiality.



Modifications Staff Made

- Spot for member feedback
- Modify language
- Make it clearer & member accessible
- Removed the 3rd column
- Added visuals to the goals
- Bolded fonts

What Went Well

- Kept goals at the center of advisory
- Member accessible goals
- Added structure to advisory
- Intentionality of starting off with something accessible
- A form of accountability
- Led to other conversations
- Orientation & connectedness to goals
- Way to check in if goals were meeting member needs

What Could be Improved

- Multiple templates for
 - Differing literacy
 - Different visual options
 - Icons for goal areas
- Member education about
 - Why we are using the document
 - Importance of goals
- Scaffolded objectives vs. "Did I work on my goal"
 - Alternate formats
 - Google Forms, Survey Monkey

References & Contacts

References & Additional Information



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