



Art as Therapy for middle schoolers



About the program:

This expressive art therapy group provides a safe and responsive space for young teens to create, connect, and share in a variety of art modalities in a confidential community environment. Mindfulness and ego-building weekly art exercises allow teens to access, express, and transform feelings and struggles into meaningful art forms.

We are looking for a graduate student or young professional with:

- An interest or background in expressive arts therapies/art education
- 2-3 years experience working with children/teens
- Availability on Monday evenings from 4pm - 7pm to assist in weekly sessions with MS-ATR registered art therapist with up to 8 students

Those interested should email sarah@newartcenter.org for more information.