

4 years+

Rainbow Race

Objectives:

- Allows the child to apply the concept of light, colors, and rainbows to their daily lives by finding and exploring different colors in their house
- Promotes creativity and flexibility in problem solving by identifying various objects to represent each color of the rainbow
- Supports practicing recognizing colors and sequencing colors based on the rainbow pattern
- Fosters gross motor skills development

Materials:

- picture/drawing of a rainbow
- found objects around the house



Directions:

The objective of the game is to see who can find and order correctly the colors of the rainbow the quickest. The items representing the colors in the rainbow should all be different and found in the house

Step 1: Explain/show children what a rainbow looks like

Step 2: Brainstorm different things/items that represent each color

Step 3: Start the race pitting your child/ren against the clock or timer. Or, start a team race between team of family members against the clock or timer and see how much time it takes to find house items that represents a rainbow color and arrange them correctly in sequence (ROYGBV).