

Curriculum Vitae

Wendy Ochoa

(Updated April 2021)

Personal Information

Office Address: 105 College Avenue, Medford
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Education

2019-Present Postdoctoral Fellow
The RISE Project
Eliot-Pearson Department of Child Study and Human
Development
Adviser: Christine McWayne

2019 PhD in Education
Specialization: Human Development in Context
University of California, Irvine

Dissertation Title: Mobile Screen Technologies and Parents of Young Children:
Investigating Diverse Parents' Attitudes, Beliefs, and their
Interactions with Children
Chair: Stephanie M. Reich

2016 Master of Arts in Education
University of California, Irvine
Adviser: Stephanie M. Reich

2013 Bachelor of Arts in Psychology (*Cum Laude*)
California State University, Los Angeles
Adviser: Kaveri Subrahmanyam

Research Interests

My research interests are broadly focused on understanding how demographic factors such as socioeconomic status, race/ethnicity, nativity, and language relate to parenting and children's bilingual language development within ethnically minoritized families, particularly Latines. I further aim to utilize this research to provide socioeconomically and linguistically diverse Latine parents with a set of culturally sensitive tools that empowers and supports them in fostering their children's bilingual language development and wellbeing.

Peer-Reviewed Publications (Published or In Press)

Melzi, G., McWayne, C. M., & **Ochoa, W.** (2020). Family Engagement and Latine children's early narrative skills. *Early Childhood Education Journal*. <https://doi.org/10.1007/s10643-020-01132-7>

Ochoa, W., Reich, S. M., Díaz, G. (accepted). Using baby books to reduce new mothers' feelings of stress and depression: A randomized control trial. *Journal of Child and Maternal Health*.

Ochoa, W., Reich, S. M., Farkas, G. (2020). The observed quality of caregiver-child interactions with and without a mobile screen device. *Academic Pediatrics*. doi: <https://doi.org/10.1016/j.acap.2020.07.012>

Ochoa, W., & Reich, S. M. (2020). Parents' beliefs about the benefits and detriments of mobile screen technologies for their young children's learning: A focus on diverse Latine mothers and fathers. *Frontiers in Psychology*. doi: 10.3389/fpsyg.2020.570712

Montanari, S., **Ochoa, W.**, Subrahmanyam, K. (2019). A longitudinal of language mixing in Spanish-English dual language learners: The role of language proficiency, variability, and socio-linguistic factors. *Journal of Child Language*, 46, 913-937. doi: <https://doi.org/10.1017/S0305000919000278>

Reich, S., **Ochoa, W.**, Gaona, A., Salcedo, Y., Bardales, G.E., Newhart, V., Lin, J., & Díaz, G. (2019). Disparities in caregivers' experiences at the dentist with their young child. *Academic Pediatrics*, 1-9. doi: <https://doi.org/10.1016/j.acap.2019.03.006>

Reich, S., Hoeft., Díaz, G., **Ochoa, W.**, & Gaona, A. (January, 2019). Disparities in the quality of pediatric dental care: New research and needed changes. *Society for Research in Child Development Social Policy Brief*, 31, 1-27. doi: <https://doi.org/10.1002/sop2.2>

Mancilla-Martinez, J., Greenfader, C., & **Ochoa, W.** (2018) Spanish- speaking preschoolers' conceptual vocabulary knowledge: Towards more comprehensive assessment. *NHSA Dialog, The Research-to-Practice Journal for the Early Education Field*, 21, 22-49. Retrieved from <https://journals.uncc.edu/dialog/article/view/751>

Book Chapter (Published or In Press)

McWayne, C. M., Greenfield, D., Zan, B., Mistry, J. & **Ochoa, W.** (2021). A comprehensive professional development approach for supporting science, technology, and engineering curriculum in preschool: Connecting contexts for dual language learners. In S. T. Vorkapić, & LoCasale-Crouch, J (Eds.), *Supporting Children's Well-Being During Early Childhood Transition to School*. (pp. 222-253). IGI Global. <http://doi:10.4018/978-1-7998-4435-8>

Peer-Reviewed Publications (Revisions Under Advanced Review)

Li, L., **Ochoa, W***, McWayne, C. M., & Rocha, L., & Hyun, S. (Revise and resubmit). "Talk to me": Examining parent-teacher background similarity and communication quality as related to

barriers to school-based engagement among ethnoculturally diverse Head Start families. *Cultural Diversity and Ethnic Minority Psychology*

* The first two authors contributed equally to the paper and are listed alphabetically.

Currently in Preparation or Submitted for Publication (Published or In Press)

Ochoa, W., & Reich, S. M. Exploring the beliefs and attitudes about the role of mobile devices in parenting experiences among a sample of socioeconomically diverse Latino mothers and fathers of young children.

Ochoa, W., McWayne, C. M., Melzi, G. Parenting while Latine: Bicultural socialization values and practices in support of preschool children's wellbeing.

Ochoa, W., McWayne, C. M., Melzi, G., & Li, L. Assessing the Spanish and English-language validity of the Parental Engagement of Families From Latino Backgrounds (PEFL).

Harris, M. P., **Ochoa, W.**, McWayne, C. M., & Hyun, S. The association between mothers and fathers' barriers to family engagement and their sense of self-efficacy.

Research Presentations

Ochoa, W., Li, L. W., Harris, M., Kiyama, F., Wisnia, J., McWayne, C. M., & Hyun, S. (December, 2020). The Development and Validation of a Measure of Barriers to Family Engagement in Preschool Programs: Should we Use the Same Version Among English and Spanish-Speaking Families? Poster presentation at National Research Conference on Early Childhood (NRCEC), Arlington Virginia.

Ochoa, W., McWayne, C., & Melzi, G. (2020, February). *Promoting Two Cultures: Understanding the Parenting Experiences of Foreign and U.S.-Born, English-speaking Latino Parents of Preschool Children*. Poster session presented at the Ethnographic and Qualitative Research Conference, Las Vegas, Nevada.

Ochoa, W., McWayne, C., & Melzi, G. (2020, May). *Promoting Two Cultures: Understanding the Parenting Experiences of Foreign and U.S.-Born, English-speaking Latino Parents*. Poster session presented at the Construction of the 'Other': Development Consequences, and Applied Implications of Prejudice and Discrimination special topic meeting for Society for Research in Child Development (SRCD), Rio Grande, Puerto Rico.

Ochoa, W., Díaz, G., Reich, S., Gaona, A., & Morales-Gracia, M. (June, 2019). Don't worry honey, I got this: Examining the relation between mothers and fathers' stress and self-efficacy. Paper presented at the Society for Community Research and Action (SCRA), Chicago Illinois.

Ochoa, W., Reich, S., & Mosley, A.H. (March, 2019). Socioeconomically Diverse Latino Mothers and Fathers' Attitudes, Beliefs, and Use of Mobile Technology with Children. Paper presented at the Society for Research in Child Development (SRCD), Baltimore Maryland.

Reich, S., **Ochoa, W.,** & Díaz, G. (March, 2019). Infant Media Use, Alone and with Parents, and their Social-Emotional and Language Development. Paper presented at SRCD, Baltimore Maryland.

Martin, E., **Ochoa, W.,** & Reich, S. (March, 2019). Comparing Latino Moms and Dads: Use of Mobile Screen Technologies for Managing Child Behaviors. Poster presented at SRCD, Baltimore Maryland.

Reich, S., Díaz, G., **Ochoa, W.,** Gaona, A., & Gaytan, J. (October, 2018). Language as a Gatekeeper to Community Research. Poster presented at the International Conference of Community Psychology, Santiago Chile.

Ochoa, W., & Reich, S. (June, 2017). Decreasing the Depressive Symptoms and Parenting Stress of First-Mothers through Educational Baby Books. Poster presented at SCRA, Ottawa Canada.

Ochoa, W., Reich, S., Cabrera, N., Garrard, W., & Kuhns, C. (April, 2017). Does Mother Know Best? Investigating What an Ethnically Diverse Sample of Parents Know About Child Development and Parenting. Paper presented at SRCD, Texas.

Khan, T., & **Ochoa, W.** (April, 2017). Moms Mindset Matters: Mindsets and Help Attributions and Adolescent Achievement and Motivation. Poster presented at SRCD, Texas.

Salcedo, Y., Gaona, A., Espino, G., **Ochoa, W.,** Garrard, W., & Reich, S. (April, 2017). Don't Complain if it's Free: Latino Parents' Experiences at their Children's Dentist in the United States and Mexico. Poster presented at SRCD, Texas.

Ochoa, W., Reich, S., Cabrera, N., & Kuhns, C. (October, 2016). Comparing Mothers and Fathers' Knowledge of Child Development in Latino and African American Families. Poster presented at SRCD, Florida.

Ochoa, W., & Reich, S. (September, 2015). Decreasing the Depressive Symptoms and Parenting Stress of First-Mothers through Educational Baby Books. Poster presented at the UC Irvine PhD in Education First Year Student Research Poster Presentation, California.

Aguilar, G., **Ochoa, W.,** Subrahmanyam, K. (March, 2015). The Oral Narrative Skills of Spanish-Speaking Preschoolers. Poster presented at SRCD, Pennsylvania.

Ochoa, W., & Subrahmanyam, K. (July, 2014). Analyzing Language-Mixing Among Preschool Dual Language Learners. Poster presented at the Head Start Research Conference, Washington DC.

Aguilar, G., **Ochoa, W.**, & Subrahmanyam, K. (April, 2014). The Narrative Skills of Bilingual Spanish-Speaking Children. Poster presented at the Western Psychological Association (WPA), Oregon.

Ochoa, W., & Mancilla-Martinez, J. (August, 2013). Latino, Spanish-Speaking Parents of Preschoolers: What Drives their Enrollment Decisions? Paper presented at the UC Irvine Summer Undergraduate Research Program (SURP) Research Symposium, California.

Ochoa, W., Parrales, A., & Subrahmanyam, K. (May, 2013). Analyzing Language-Mixing Among Preschool Dual Language Learners. Paper presented at the Psi Chi Whittier Undergraduate Research Conference, California.

Ochoa, W., Parrales, A., & Subrahmanyam, K. (April, 2013). Analyzing Language-Mixing Among Preschool Dual Language Learners. Paper presented at WPA, Nevada.

Ochoa, W., Parrales, A., & Subrahmanyam, K. (March, 2013). Language-Mixing Among Preschool Dual Language Learners. Poster presented at the California State University, Los Angeles Symposia of Student Research, Scholarship and Creative Activity, California.

Ochoa, W., Parrales, A., & Subrahmanyam, K. (February, 2013). Language-Mixing Among Preschool Dual Language Learners. Paper presented at the California State University, Los Angeles Symposium, California.

Tran, P., Carrillo, R., **Ochoa, W.**, & Subrahmanyam, K. (April, 2012). Is Chatting Helping My Comprehension? Poster presented at WPA, California.

Research Experience

08/2019-Present **The EXCELS Lab**
Tufts University

Responsibilities: Analyze & manage data, produce reports, aid in preparing conference and manuscript submissions, mentoring students

08/2015-2019 **The Baby Books 2 Intervention (Graduate Student Researcher)**
University of California, Irvine

Responsibilities: Analyze & manage data, synthesize literature, organize excel files, translate baby books to Spanish, create questionnaires, data collection, attend weekly lab meetings, participant interviews, translations, write baby books content, home visits, develop assessments and questionnaires, and manage undergraduate research assistants.

04/2015-Present **Development in Social Context (Lab Member)**
University of California, Irvine

Responsibilities: Discuss and critique projects that graduate students are working on. Provide social and academic support for all lab members.

04/2015-2017 **Socio-emotional Development (Lab Member)**

University of California, Irvine

Responsibilities: Discuss and critique current projects that doctoral students are working on, review fellowship submissions, & learn new statistical analysis.

08/2014-07/2015 **Preschool Language Minority Learners Lab (Graduate Student Researcher)**

University of California, Irvine

Responsibilities: Transcribe and analyze data using transcription software, collaborate in conference and manuscript submissions, score child language assessments in English and Spanish, supervise and manage undergraduate research assistants.

06/2013-08/2013 **Preschool Language Minority Learners Lab (Undergraduate Student Researcher for summer internship)**

University of California, Irvine

Responsibilities: Conduct literature reviews on diverse topics related to preschool dual language learners, attend lab meetings, propose and present a research project.

08/2011-08/2014 **Media and Dual Language Learners Language Lab (Undergraduate & Graduate Student Researcher/ Lab Coordinator)**

California State University, Los Angeles

Responsibilities: Leading and organizing lab meetings, mentoring undergraduate students, data collection, data analysis, coding, SPSS knowledge, reviewing manuscripts, transcribing, designing poster presentations, designing power point presentations, literature review

Fellowships, Honors, and Awards

Outstanding Graduate Student Award for the Annual Latino Excellence and Achievement Dinner (LEAD), 2019

University of California, Irvine

Celebrates faculty, staff, and graduate students for research excellence and for providing encouragement and support for the Latino community and their success.

Most Promising Future Faculty Award, 2019 (Nominated)

University of California, Irvine

Graduate Student Travel Grant, 2019

Society for Research in Child Development

Associated Doctoral Students in Education Outstanding Service Award, 2018

University of California, Irvine

Recognizes a doctoral student for outstanding service to the School and to her/his fellow students. This award is designed to recognize a student whose work often goes unnoticed.

Keith Curry PhD Award, 2018

University of California, Irvine

Honors a PhD student who has demonstrated significant growth in academic achievement and unusual perseverance.

Ford Dissertation Fellowship (*Honorable Mention*), 2018

Ford Foundation

Millennium Scholars Program, 2017

Society for Research in Child Development

Program designed to encourage selected scholars from under-represented ethnic/racial groups in pursuing graduate work in developmental science by receiving support from leaders in the field.

Graduate Student Travel Grant, 2017

Society for Research in Child Development

Faculty Mentor Program Fellowship (*Honorable Mention*), 2016

University of California, Irvine

Eugene Cota-Robles Fellowship, 2014

University of California, Irvine

Fellowship is awarded to students who show potential to become excellent faculty or researchers in institutions of higher education.

Summer Undergraduate Research Fellowship, 2013

University of California, Irvine

Provides selected undergraduate students the opportunity to work on a research project with a faculty mentor during the summer.

Dean's List, 2008-2013

California State University, Los Angeles

Minority Access to Research Careers (MARC) Undergraduate Scholar Fellowship, 2012

California State University, Los Angeles

A highly selective 2-year program that supports underrepresented undergraduate students to improve their preparation for graduate training at the PhD level by working closely with a faculty mentor on research projects.

James & Linda Hornbuckle Scholarship, 2012

California State University, Los Angeles

Awarded to students with a high GPA and who are in the Dean's Scholars Program.

Travel Grant, 2012

California State University, Los Angeles

William Hobson & Evelyn Trou Scholarship, 2012

California State University, Los Angeles

Awarded to high-performing psychology students nominated by the Chair and faculty members of the psychology department.

Mahatma Rice Scholarship, 2008

California State University, Los Angeles

A scholarship awarded to six senior students across several U.S. states for winning an essay competition explaining the importance of attending college.

University and Professional Activity

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| 03/2020 | <p>The Readiness through Integrative Science and Engineering (RISE) PD for Teachers
 Head Start Center in Boston, MA
 Role: Help put together activities and materials for the PD. I was also part of the team that carried out the PD.</p> |
| 06/2019 | <p>Identifying Challenges and Supports for Diverse Parents
 SCRA, Chicago Illinois
 Role: Chair of the paper symposium and presenter</p> |
| 03/2019 | <p>Familial and Contextual Influences on Media Use for Families with Young Children
 SRCDC, Baltimore Maryland
 Role: Chair of the paper symposium and presenter</p> |
| 02/2019 | <p>Culturally Responsive Workshop
 Math CEO program, UC Irvine
 Role: Collaborated with other graduate students in organizing and facilitating a workshop for undergraduate students and staff.</p> |
| 02/2019 | <p>What Next? Life after College
 University of California, Irvine</p> |

- Role:** Collaborated with other graduate students in organizing the workshop for undergraduate students.
- 10/2018 **The Ins and Outs of Becoming a Research Assistant Workshop**
University of California, Irvine
Role: Took the lead on designing and facilitating the undergraduate student workshop.
- 06/2018-Present **Diverse Educational Community and Doctoral Experience (DECADE) Higher Education Outreach Team**
University of California, Irvine
Role: Organize and lead workshops that provide resources to undergraduate and high school students to access higher education.
- 12/2017-03/2018 **PhD Student Recruitment Weekend Co-coordinator**
University of California, Irvine
Role: Helped coordinate recruitment weekend for incoming PhD students. My tasks included coordinating faculty-student meetings, deciding and facilitating activities throughout the weekend, planning the venue and working with professors, staff, and current students.
- 09/2017-Present **UROP Student Mentor**
University of California, Irvine
Role: Mentor multiple undergraduate, first-generation students to complete a research project that was presented in the UROP symposium.
- 02/2018 **Research Posters 101**
University of California, Irvine
Role: Taught undergraduate students how to create a research poster.
- 06/2016- 08/2017 **Mentoring Excellence Program Training**
University of California, Irvine
Role: Learned how to be an effective mentor to underrepresented college students through a series of courses.
- 06/2016-08/2017 **Competitive Edge Peer Mentor**
University of California, Irvine
Role: Mentored a first-generation, college student in the transition to his first year into the PhD program. My tasks included guiding him through his summer research project and providing encouragement and advice.
- 12/2015-2016 **Mentor for DECADE Mentor Program**
University of California, Irvine
Role: University trained to be a mentor to first-year PhD students who are first generation college students and from under-represented minority groups in higher education.

- 02/24/2015 **The Know-How Sessions- Starting Now: How to Prepare for Graduate School as an Undergraduate Student**
University of California, Irvine
Role: Collaborated in preparing a power-point presentation and orally presented my share of information & answered student questions
- 08/2011 **Data Input Assistant Summer Internship**
Mexican-American Opportunity Foundation (MAOF) Youth Program Summer Opportunity
Role: Data entry and management, budget and billing management customer service, and fundraising for senior programs

University Teaching Experience

- 02/2021-05/2021 **Co-Instructor**
Tufts University
Course: Working with Communities: Research-Practice Integration
- 09/2020-12/2020 **Co-Instructor**
Tufts University
Course: Family-School Connections in a Global Society
- 09/2019-12/2019 **Guest Lecturer**
Tufts University
Course: Family-School Connections in a Global Society
Seminar Topic: Barriers to Traditional Notions of Family Engagement
- 12/2018 **Guest Lecturer**
University of California, Irvine
Course: Child Development in Education
Lecture Topic: Young Children and Screen Technology
- 04/2017 **Guest Lecturer**
University of California, Irvine
Course: Origins, Purposes, and Central Issues in K-12 Education
Lecture Topic: Technology and Education
- 07/2015-08/2015 **Teaching Assistant and Guest Lecturer**
University of California, Irvine
Course: Designing Learning Environments for Teachers in Secondary School Subjects
Lecture Topic: Bilingual Language Development

Community Service

- 05/2018 **Parent Workshop Facilitator & Presenter**
 Anaheim School District
Title of Presentation: Is Technology Good or Bad for Young Children?
 Responsibilities: Designed and delivered a presentation, with a Q & A section, in Spanish and English for parents.
- 04/15/2016 **Book Fair Volunteer**
 Orange County Head Start 9th Annual Family Festival
 Responsibilities: Organized a booth that gave away free books to families in low income communities.
- 04/18/2015 **Preschooler Story-Teller**
 Orange County Head Start 8th Annual Family Festival
 Responsibilities: Engaged individual children and groups of children with the stories via asking developmentally appropriate questions and the use of puppets.
- 05/02/2014 **Parent Workshop Co-Presenter**
 Asuza Unified's Parent University Workshops to Promote Parent Engagement and Involvement:
Title of Presentation: Promoting Your Child's Bilingual Language Development through Story Telling
 Responsibilities: Collaborated with a lab-mate in preparing a power-point presentation in English and Spanish, which provided low-income parents with practical tips (informed by research) on ways to foster the bilingual language development of children, and answered questions.
- 03/02/2015 **Story-Teller for Second Grade Children**
 Read Across America: Azusa Elementary School, second grade classroom
 Responsibilities: Read stories to a group of children in an elementary school located in a low-income community, prepared questions about the story, sang and danced with them, and encouraged them to go to college.
- 07/2010 - 9/2010 **Downey Community Health Center**
 Responsibilities: Conducted and developed activities for the seniors, provided emotional and physical support, administered assessments and evaluated cognitive performance among the seniors.

Professional Memberships

- 06/2017-Present Member of the Society for Community Research and Action
- 04/2013- Present Member of the Society for Research in Child Development (SRCD)

04/2017- Present Member of the Society for Research in Child Development Latino
Caucus

05/2013 Psi Chi The International Honor Society in Psychology (Psi Chi)

Software Skills

STATA, SPSS, HLM7, Mplus, Filemaker, SALT, CLAN, MAXQDA, Epidata, Remark

Languages

Fluent in Spanish and English

References

Christine, M. McWayne, PhD. – Professor at the Eliot-Pearson Department of Child Study and
Human Development, Tufts University
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Stephanie Reich, PhD. – Associate Professor of Education, UC Irvine School of Education
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Guadalupe Díaz, PhD. – Research Associate, Sobrato Early Academic Language
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