CAMPBELL'S COUP

On a 1,100-acre stretch of pristine North Shore wetlands, biologists at the James Campbell National Wildlife Refuge have been quietly working to protect and increase populations of endemic Hawaiian waterbirds, seabirds and their native habitat for nearly four decades.

STORY BY MARY VORSINO

CHARLES VAN REES holds a small canvas sack to his chest gingerly as he steps into a sparse office trailer at the James Campbell National Wildlife Refuge on O‘ahu’s North Shore. “This is a really mellow one,” says the Tufts University doctoral student, motioning his chin toward the catch bag. Inside is an endangered ‘ula ‘ula (Hawaiian moorhen). Its distinctive red crown, he explains, identifies the bird as an older male. Rees delicately secures plastic and metal tracking bands around the bird’s spindly legs and native plant species.

Four species of endangered endemic waterbirds—the ‘ala ‘ula, ʻau ʻau (Hawaiian stilts), ʻula keʻeo keʻeo (Hawaiian coot) and kohu maoli (Hawaiian duck)—have flourished here in numbers seen nowhere else in the Islands. Hawaiian monk seals and henu (green sea turtles) are now undeveloped coastline. Earlier this year, a pair of nēnē (Hawaiian geese) showed up unexpectedly at the refuge and hatched two goslings. The once-endangered endemic Hawai‘i state bird can be seen in the wild on the Big Island, Maui and Kau‘ai, but the nēnē pair at Campbell refuge was the first to nest on O‘ahu since the 1700s.

“When I’m swashing around in the wetland, I really can’t help but get the feeling that what I’m seeing is O‘ahu as it was, pre-Western contact,” says Rees, who is researching the movement patterns of the ‘ala ‘ula at the refuge as part of his doctoral studies. “This is really the environment that all of these endangered waterbirds evolved for. Without it, they’re really at risk.”

Despite the aye Campbell Refuge instills in biologists like Rees and local birders, its existence is surprisingly little-known, even among longtime O‘ahu residents. You won’t find it in many travel guides or O‘ahu “must-see” lists for visitors. The refuge—named after noted 19th-century Hawai‘i industrialist and landowner James Campbell, whose estate once owned the acreage—is accessed solely by a narrow dirt road off Kamehameha Highway, between the small town of Kahuku and the Turtle Bay Resort.

The refuge’s pristine, undeveloped coastline and its existence is surprisingly little-known, even among longtime O‘ahu residents. You won’t find it in many travel guides or O‘ahu “must-see” lists for visitors. The refuge—named after noted 19th-century Hawai‘i industrialist and landowner James Campbell, whose estate once owned the acreage—is accessed solely by a narrow dirt road off Kamehameha Highway, between the small town of Kahuku and the Turtle Bay Resort.

The refuge’s pristine, undeveloped coastline has always been limited, the refuge is, for now, completely closed to the public.

Earlier this year, the U.S. Fish and Wildlife Service elected to cancel public tours for the refuge’s 2014-2015 October-to-February visitor season due to staffing reductions. The agency hopes to open the refuge to the public again for next year’s visitor season. If it does, however, a return to its limited-public access schedule is expected: two weekly tours, capped at 30 people each, who must call ahead to reserve spots. (The refuge is usually closed to the public from March through September for breeding and fledging season.)

The visitor restrictions protect the refuge’s fauna and flora and ensure its fragile ecosystem isn’t overwhelmed by foot traffic. Kenneth Griggs, acting project leader for the James Campbell National Wildlife Refuge Complexes, says the U.S. Fish and Wildlife Service supports public access but makes the refuge habitat its priority.

“This species have been pushed to the brink of extinction through the loss of wetland habitat and the introduction of exotic predators,” says Griggs. “There are very few places left in the Hawaiian Islands that have the habitat native water birds need.”

On a cool June morning, Griggs leads me along winding grass paths and footbridges offering up-close views of the refuge’s Hawaiian marsh ecosystems. He explains that, though natural, the wetlands require human maintenance. The USFWS employs a three-person staff at Campbell and two other preserves on O‘ahu specifically for trapping predators—such as feral cats and mongoose—controlling invasive plants and maintaining a complex system of aquifers that ensure water levels in the refuge’s central marshes are kept at the right levels—neither too deep, nor too shallow.

At Campbell Refuge, flocks of endangered birds rarely seen on more people-crowded Hawaiian shorelines are everywhere, even foraging on a recently moved lawn. Hold still in one location for a bit and your patience will be rewarded with the appearance of baby waterbirds venturing out into the shallow waters.

Wetlands such as those at Campbell Refuge were once ubiquitous on O‘ahu. Waikīkī and much of the landscape mānual (towards the mountains) of the world-famous resort area were once large marshes, drained at the turn of the 20th century to make way for development. As wetlands disappeared, Hawaiian waterbird populations began to plummet.

The ‘ala ‘ula was one of these species. By the 1940s, there were only about 50 Hawaiian moorlons left in the wilds of O‘ahu and Kau‘ai. Today, thanks in no small part to efforts at the James Campbell National Wildlife Refuge, the population of ‘ala ‘ula on O‘ahu—with Kau‘ai, still the only two places on Earth where the species is found—is believed to be around 500.

The decision to cancel this year’s public visiting season disappointed frequent refuge visitors and birders. But it’s likely no group took it harder than Campbell’s volunteer tour guide staff, a dedicated cadre of birders who believe strongly in the power of education to protect natural places.

Longtime volunteer tour leader Dick May explained to me his belief that people are more likely to take ownership of the act of preservation if they can see what they’re protecting.

“If you have a refuge that has public support, then the refuge stays,” he says. “[Campbell] offers the kind of tourism that doesn’t cost a lot and something different than shopping at a mall.”

I’m already crossing my fingers hoping that visiting season happens in 2015. You might want to do the same.