

Emily Sanchez, MS, RD, LD, CNSC, CLC
Captain, US Army Medical Specialist Corps (65C)

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Education

2020 **Doctoral Student**, Nutrition Epidemiology and Data Science
Friedman School of Nutrition Science and Policy, Tufts University, Boston, MA
2015 **MS**, Nutrition
US Military-Baylor University Graduate Program in Nutrition, Army Medical
Department Center and School, Fort Sam Houston, TX
2013 **BS**, Nutritional Sciences
Boston University, Boston, MA

Professional Credentials

2016-Present **Certified Nutrition Support Clinician**, National Board of Nutrition Support
Certification, no. 7737870
2015-Present **Certified Lactation Counselor**, Academy of Lactation Policy and Practice, no.
238841
2015-Present **Registered Dietitian**, Commission on Dietetic Registration, no. 86003100
2015-Present **Licensed Dietitian**, Georgia State Licensure, no. LD5004564
2014-2015 **Dietetic Internship**, US Military

Professional Experience

2018-2020 **Chief, Community and Outpatient Nutrition Branch**
Brooke Army Medical Center, Fort Sam Houston, TX
2020 **Chief, Nutrition Operations**
Javits New York Medical Station, New York City, NY
2017-2018 **Chief, Clinical Dietetics**
Dwight D. Eisenhower Army Medical Center, Fort Gordon, GA
2016-2017 **Clinical Dietitian**
Dwight D. Eisenhower Army Medical Center, Fort Gordon, GA
2014-2015 **Dietetic Intern**
Brooke Army Medical Center, Fort Sam Houston, TX

Appointments

2019-2020 Army Defense Health Agency Clinical Community & Support Service Subject
Matter Expert

Military Education

2018 Army Medical Department Captains Career Course
2014 Joint Field Nutrition Operations Course
2013 Army Medical Department Officers Basic Leadership Course

Professional Training

- 2020 COL Mary Lipscomb Hamrick Research Course, Fort Sam Houston, TX
- 2019 Defense Health Agency Lean Leader Six Sigma Lean Leader Course, Fort Sam Houston, TX
- 2017 Basic Healthcare Administration Course, Fort Gordon, GA
- 2017 Management of Burns and Multiple Trauma Post-Professional Short Course, US Army Institute of Surgical Research, San Antonio TX
- 2016 Joint Advanced Nutrition and Dietetics Course, Army Medical Department Center and School, Fort Sam Houston, TX

Publications

- Parker M, Burnham L, Cook J, **Sanchez E**, Philipp BL, Merewood A. Ten years after Baby-Friendly Designation: Breastfeeding rates continue to increase in a U.S. Neonatal Intensive Care Unit. *Journal of Human Lactation* 2013; 29(3).
- Sadacharan R, Santana S, **Sanchez E**, Matlak S, Grossman X, Makrigiorgos G, Merewood A. Are You Baby-Friendly? Knowledge Deficit among US Maternity Staff. *Journal of Human Lactation*. 2012; 28(3): 359-362.
- Sadacharan R, Grossman X, **Sanchez E**, Merewood A. Trends in US Hospital Distribution of Industry-Sponsored Infant Formula Sample Packs. *Pediatrics*. 2011;128(4): 702-705.
- Makrigiorgos G, Santana S, **Sanchez E**, Sadacharan R, Stuebe A, Merewood A. Letter to the Editor: A National Website to Track Hospital Discontinuation of Formula Sample Pack Distribution: Accuracy of Self Report. *Journal of Human Lactation*. 2011; 27(2): 113-114.

Scholarly Presentations

- Sowa L, Grossman X, **Sanchez E**, Bye R, Feldman-Winter L, Merewood A. Association between breastfeeding and consumption of fruits and vegetables in two year olds. 140th American Public Health Association Annual Meeting, San Francisco, CA, October 27-31, 2012.
- Santana S, Sadacharan R, **Sanchez E**, Makrigiorgos G, Grossman X, Merewood A. Are you Baby-Friendly™? After 20 years, do US maternity staff know the answer? American Public Health Association Conference, Washington D.C., October 29 - November 2, 2011.
- Sowa L, Grossman X, Bye R, **Sanchez E**, Feldman-Winter L, Merewood A. Association Between Breastfeeding and Consumption of Fruits and Vegetables in Two Year Olds. International Lactation Consultant Association Annual Conference, San Diego, CA, July 13-17, 2011.
- Makrigiorgos G, Santana S, **Sanchez E**, Sadacharan R, Stuebe A, Merewood A. Monitoring adherence to the Code: A national self-reporting system for discontinuation of hospital-based formula sample packs. International Lactation Consultant Association Annual Conference, San Diego, CA, July 13-17 2011.
- Sadacharan R, Grossman X, Walker M, Stuebe A, Bartick M, Psmythe A, **Sanchez E**, Merewood A. Banning the Bags: Encouraging trends in hospital-based formula sample pack distribution. International Lactation Consultant Association Annual Conference, San Antonio, TX, July 21-25, 2010.

Professional Affiliations

Academy of Nutrition and Dietetics

Dietitians in Nutrition Support Practice Group

American Society of Parenteral and Enteral Nutrition

Public Health/Community Nutrition Dietetics Practice Group