

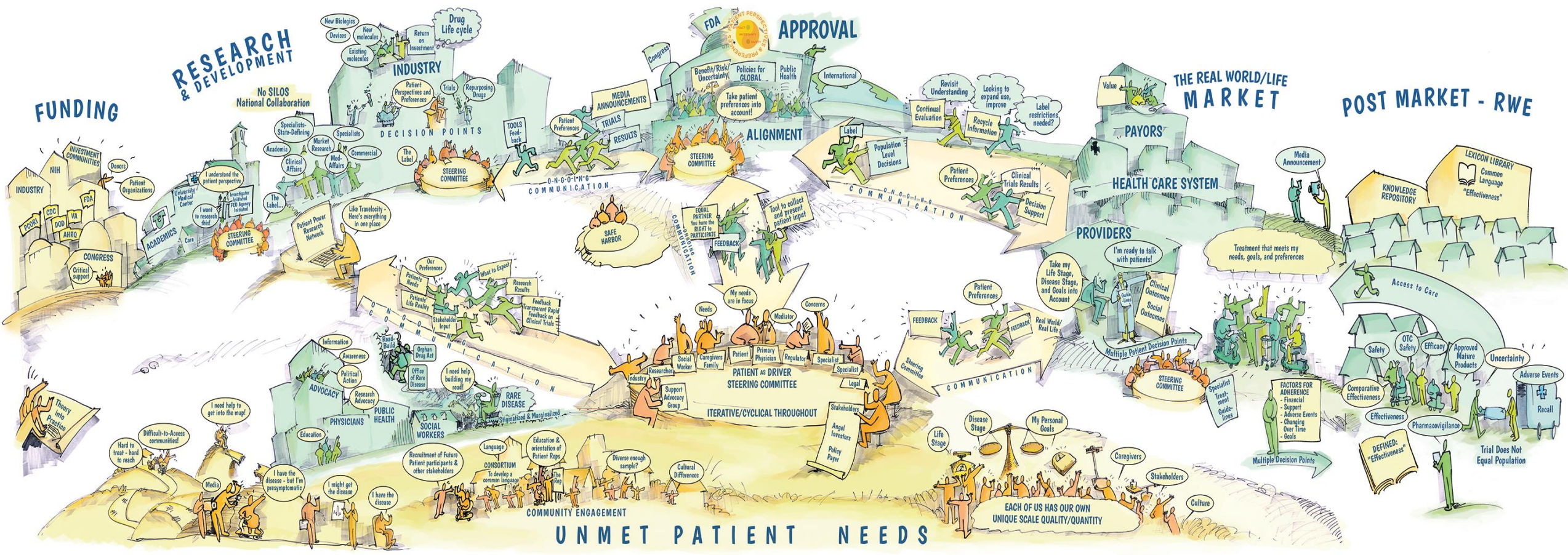


# Capturing the Value of Patient Engagement:

## Summary of Results of the 2016 Study of Patient-Centric Initiatives in Drug Development

January 31, 2017

# Patient Engagement in the Lifecycle of Medical Products



## COLOR KEY

- **Green:** denotes aspects of patient engagement in place, with efforts begun
- **Yellow:** denotes aspects that are not now in practice but should be implemented in the medical product life cycle for effective and meaningful patient engagement.

# Today's Agenda

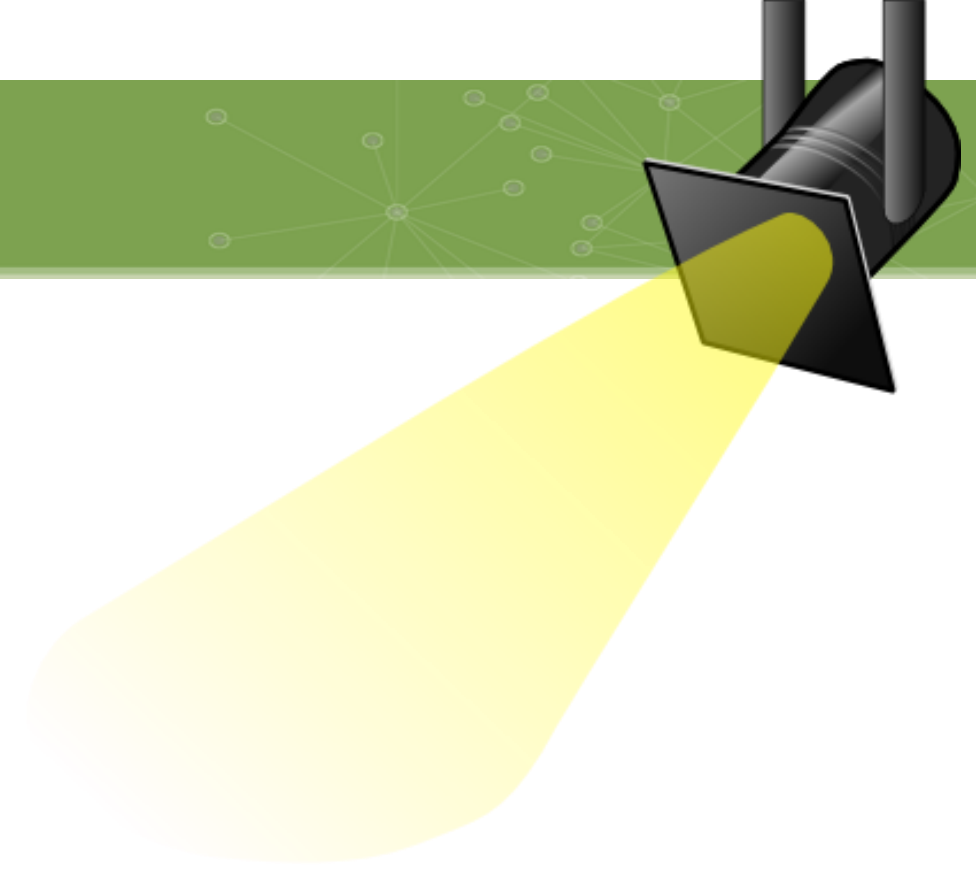
Key Insights

Research Findings

Disseminating Results

Next Stage of Research

Your Questions & Comments



In Collaboration With



**Tufts Center for the  
Study of Drug Development**

**TUFTS UNIVERSITY**



# Working Group Companies



Science For A Better Life



# Timeline for Study



# Objectives of the Research

- ▶ Quantify the impact of patient-centric initiatives to derive ROE
  - Based on retrospective data from actual experience
- ▶ Assess adoption of various patient-centric
- ▶ Characterize management and organizational models
- ▶ Identify guidance and frameworks to inform implementation

# Key Insights

- ▶ 121 actual case examples containing several hundred metrics identified and analyzed
  - Low cost engagement initiatives generate the highest ROE; high tech initiatives show lower ROE
  - Metrics are not uniformly defined, making it hard to compare and generalize at this time
- ▶ ROE metrics show that:
  - Trial performance improves (faster planning, approval, enrollment; fewer protocol amendments)
  - More positive study volunteer feedback; Patient Activation Measures (PAM) scores are higher
  - Long-term savings across drug development portfolio



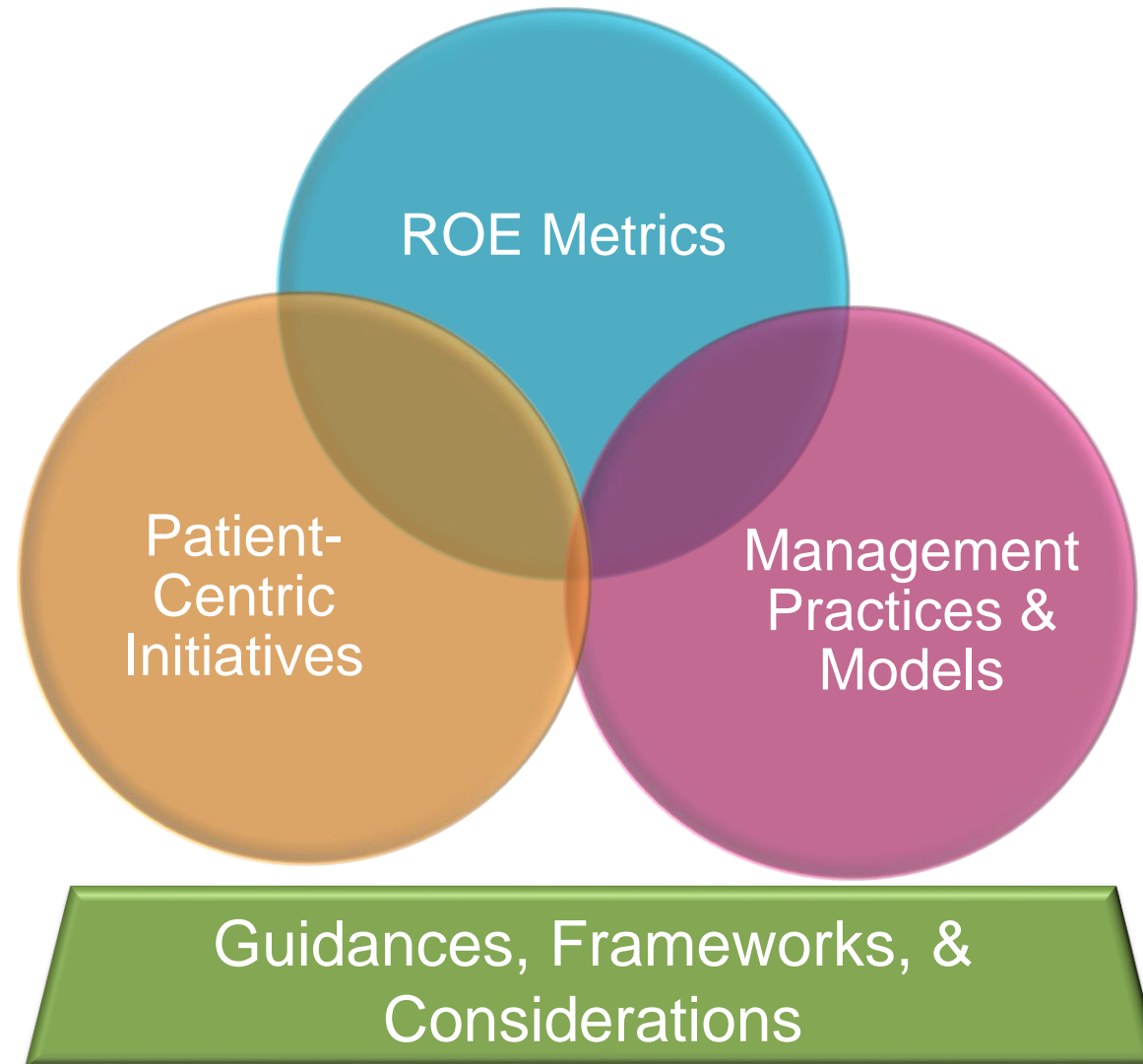
# Key Insights *(continued)*

- ▶ Most widely adopted engagement initiatives include patient advisory boards, site advisory boards, clinical trial results summaries
  - A high percentage of companies are piloting end-of-trial surveys and the use of wearable devices
  - Poor internal buy-in and inadequate authority to implement are primary adoption barriers
- ▶ Wide variation observed in organizational models supporting the implementation of patient engagement initiatives
- ▶ Regulatory agencies, disease organizations and private sector companies have all embraced patient centricity, and they are all developing frameworks and resources

# Research Methodology

- ▶ **Conduct industry survey**
  - to map landscape of patient centric initiatives
  - to examine organizational roles/structures and management practices
- ▶ **Interview company representatives on management strategy and practices**
- ▶ **Collect case studies of patient-centric approaches**
- ▶ **Conduct metrics toolkit feasibility survey**
- ▶ **Identify available guidance and frameworks**

# Components of the Research



# Return on Engagement Toolkit

- **PCI\* Cost** (e.g. total cost; cost per trial; percentage of overall trial cost; cost per evaluable patient; cost per submission program)
- Overall **development timelines** (includes time to go/no-go decisions; comparisons to traditional trial timelines)
- Overall **program success rate** relative to portfolio benchmark
- **Regulatory activity** with study volunteers

## Long-Term Drug Development Portfolio



### Stratification variables:

- PCI Type
- Disease indication
- Study phase
- Maturity of PAGs

- Total **number of PCIs** implemented
- Total **number of trials** using PCI (overall and percent of total trials; planned and completed)
- Total **number of study volunteers** / PAGs involved **in PCI** (e.g. # ambassadors; # alumni)

## Internal and External Reach



- **Study volunteer feedback and satisfaction** to FDA/site/sponsor on study drug/clinical trial (e.g. interviews; surveys; QOL / PRO; % positive responses over total; perspective on important procedures; receptivity to protocol; types and number of missed assessments)
- Total **number of changes** (e.g. protocol; communication and program positioning) from study volunteer feedback and how changes impacted program/study design

## Study Volunteer Feedback



- Study volunteer metrics (e.g. screening, **recruitment**, and **retention rates**)
- **Trial cycle times and length**
- Number of **protocol amendments** and changes from amendment
- Whether clinical trial went into **rescue** when using PCI
- Changes in **protocol complexity**; # endpoints relevant to patient groups

## Trial Performance



# Patient-Centric Initiatives<sup>†</sup> (PCI) by Category

## Innovative Partnerships

- **Patient group support and involvement**
- **Patient advisory boards and focus groups\***
- Professional panels
- Community conversations
- Medicine co-development partnerships with patient groups
- Patient group landscape analysis tool (disease area specific)

## Protocol Design

- **Adaptive trial designs and adaptive licensing**
- **Open design and crowdsourcing**
- Patient involvement in study feasibility and design
- Protocol feasibility review committees
- Real world, practice-based clinical trials

Text in **RED** indicates metrics identified

## Technology Advancements

- **Apps for clinical data collection/analytics**
- **Digital medicine\*\***
- **Direct-to-patient clinical trials/telemedicine**
- **E-Consent**
- **Gaming**
- **Social Media/Online Engagement**
- Human factor testing/simulation
- Centralized/integrated HER & clinical records
- Patient wearable device

## Study Volunteer Ease

- **Home nursing networks and logistics assistance**
- **Patient counseling and education**
- Patient trial community during trials and after trials
- Lay summary clinical trial results
- End of study surveys

<sup>†</sup> Only those PCIs reported in the case studies.

\*Includes groups such as NIHR (National Institute for Health Research).

\*\* Medicine that can be tracked using technology.

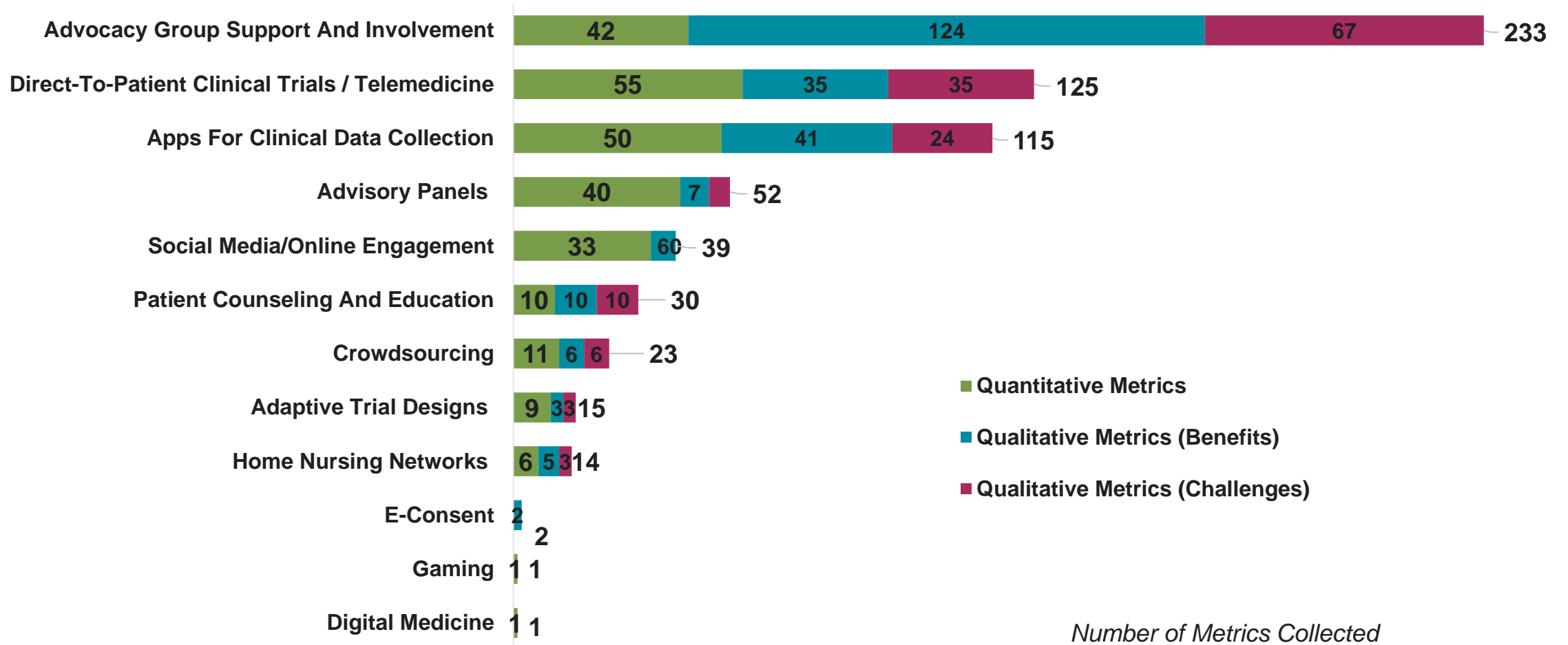
**Identified and Analyzed 121 case studies**

Data and analysis provided by Tufts CSDD

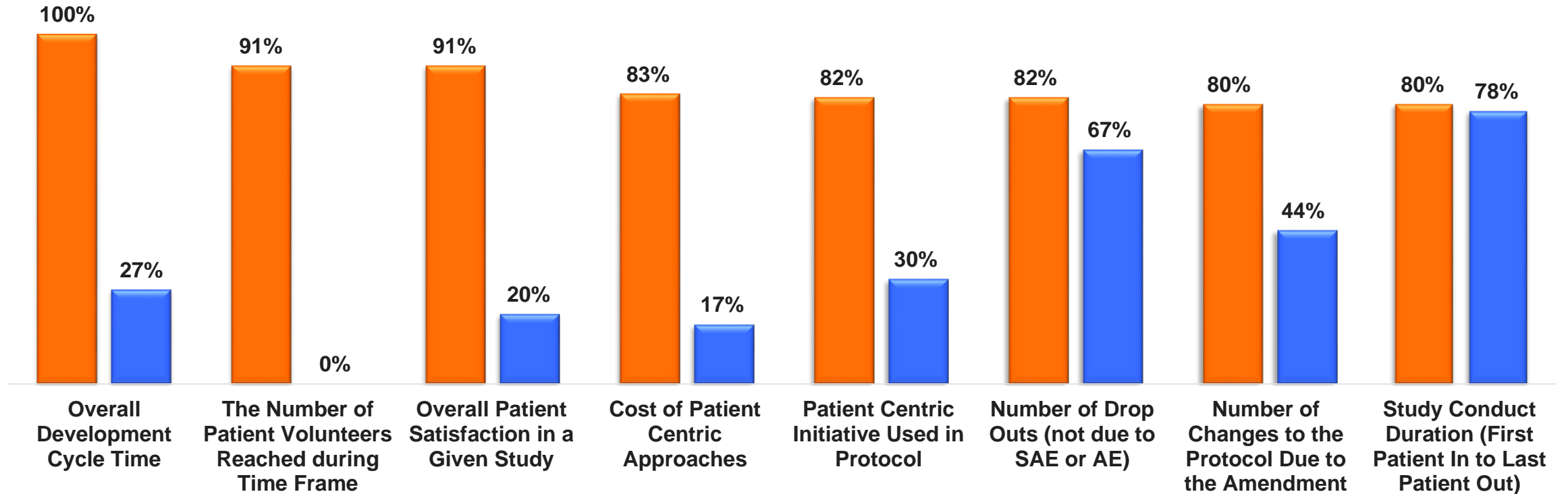




# Types of Metrics Collected



# Top ROE Metrics Collected



■ % of Respondents that Rated Metric Very Valuable to Determining ROE

■ % of Respondents that Rated Metric Extremely Easy to Collect

# Summary Findings: Current Cost and Impact Overall

Patient-Centric Initiative	Cost to Conduct	Ease of Conducting	Reported Impact*	# Collected Quantitative Metrics
Advocacy Group Support and Involvement	\$		✓✓✓	42
Patient Advisory Panels and Focus Groups	\$		✓✓✓	40
Social Media/Online Engagement	\$		✓✓✓	33
Patient Counseling and Education	\$		✓✓✓	10
Adaptive Trial Designs and Adaptive Licensing	\$\$		✓✓✓	9
Open Design and Crowdsourcing	\$		✓✓	11
Direct-To-Patient Clinical Trials / Telemedicine	\$\$		✓✓	55
Home Nursing Networks and Logistics Assistance	\$\$		✓✓	6
Apps For Clinical Data Collection	\$\$\$		✓✓	50
E-Consent	\$\$		✓	0
Digital Medicine	\$\$\$		✓	1
Gaming	\$\$\$		✓	1

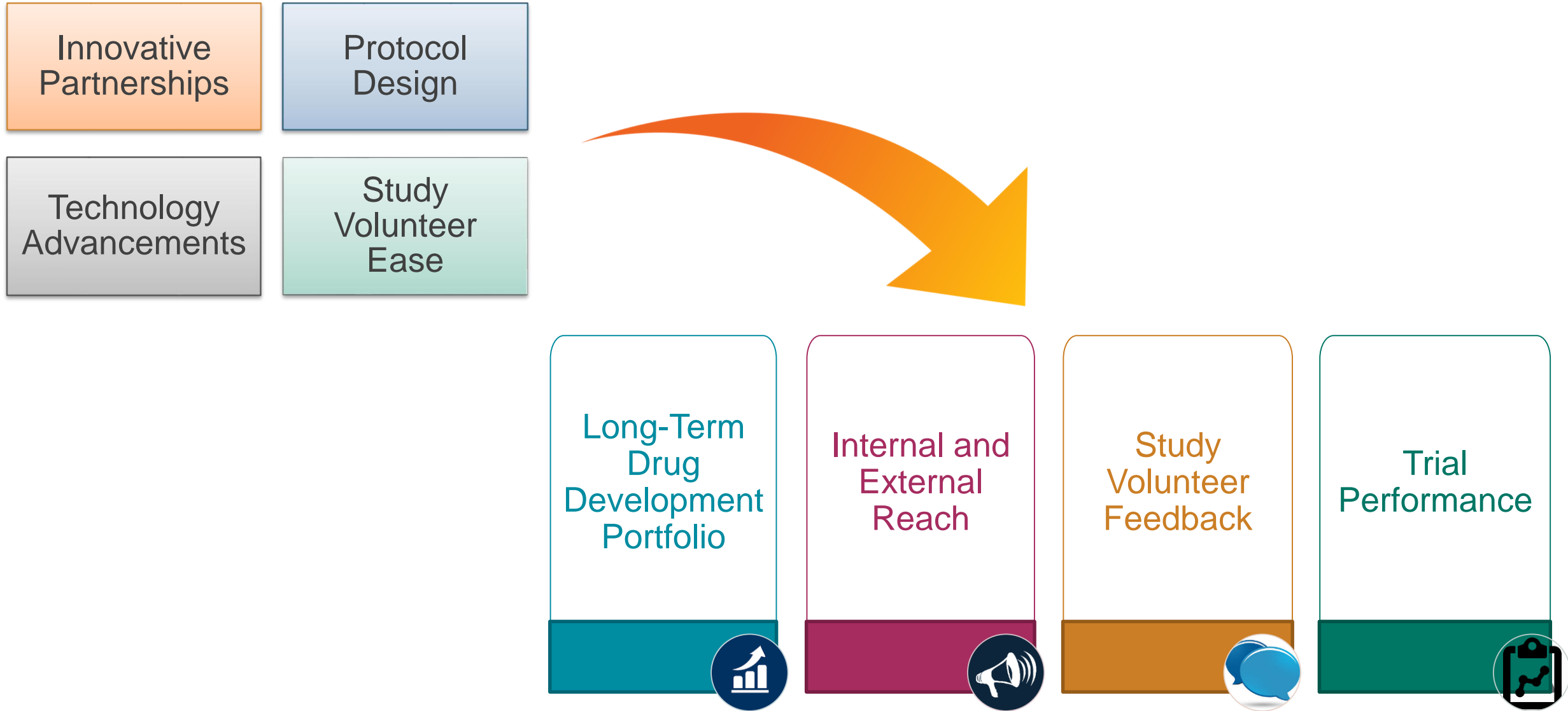
Rubric out of four dollar signs, weight lifters, or check marks. Ratings relative to each other and based on case study data.

\* Impact assesses changes in quality; speed; and impact on patient.

Data and analysis provided by Tufts CSDD



# Each PCI Category Maps to ROE Metrics



# Case Examples of Impact from: Innovative Partnerships



## • **Cost** of working with **PAGs** / patient advisory boards **minimal**

- up to \$100K in donations
- ~\$100-\$250 / patient (in-depth interviews)
- \$1K-\$40K / focus group
- “[PAGs] **saved millions of dollars**” --- CRO
- “**Data** [gathered] can be **used across all clinical trials**” --- Sponsor

**Long-Term Drug Development Portfolio (N=2 metrics)**



## On average **1-2 PAGs** per clinical trial consulted

Focus groups / in-depth interviews consist of **~8-10 study volunteers per clinical trial**

Survey outreach range from **~200 to ~400 study volunteers**

**Internal and External Reach (N=3 metrics)**



## • Mean number of changes from **PAGs: 12.4 changes** (range: 3-17)

- Patient advisory boards have reported on average:
  - **1.3 changes** to **schedule of visits**
  - **1.5 changes** to **number of procedures**
  - **3.8 changes** to **informed consent form**
  - **7 changes** to **study positioning and communication material**

**Study Volunteer Feedback (N=55 metrics)**



## • **Initial planning time: 3 months** (in future should take 3 weeks)

- IRB approval: 1 month
- “**Faster study enrollment**” --- Sponsor
- Faster **FDA approval** of protocol
- **Randomization rates** ranging from **8% to 100%**

**Trial Performance (N=22 metrics)**



53 Case Studies Found.



# Examples of Impact from Protocol Design Input



- **Open Design/ Crowd-sourcing** reported to **reduce** clinical trials **costs** by **60%**
- **Stopping early for efficacy**
  - **Saved** the company **\$4 million** on phase III trial by stopping trial 1 year early to bring drug to market early
  - Tripled company stock price
- **Sample size re-estimation (SSR)** produced on average **15% savings** of overall trial costs (20% smaller sample was required)

**Long-Term Drug Development Portfolio (N=4 metrics)**



- **Open Design/Crowd-sourcing** reports **strong outreach** to survey:
  - **42 – 250 patients/ advocates**
  - **50 – 60 physicians/ researchers**
- One company reports that **all Phase III trials** in company have **stopping early for futility** built in

**Internal and External Reach (N=5 metrics)**



- **Feedback** from **Open Design/Crowdsourcing** report:
  - **4 major changes** to protocol design
  - **5 minor changes** to protocol design

**Study Volunteer Feedback (N=4 metrics)**



- Survey of 63 companies using **open design/crowdsourcing** report:
  - 67% of respondents report **lessening** number of **protocol amendments**
  - 53% of respondents report **reduction** in **site work burden**
  - 44% of respondents report **improvements** in **study conduct cycle time**
  - **SSR** resulted in **10% increase in timelines**

**Trial Performance (N=6 metrics)**



10 Case Studies Found.

# Examples of Impact from Tech Advancements\*



- Cost varies by sophistication of app and wearable device
- **~\$30K** for bare-bones **app development**
- **\$100- \$250 per wearable device**
- **“Reduced costs by 50%”** --- PI of study (no wearable used; using Apple Research Kit)
- **Telemedicine** studies report savings from 12% of clinical trial costs 163% increase (**median 50% savings**)

**Long-Term Drug Development Portfolio (N=7 metrics)**



- **Apple Research Kit:**
  - 11,000 individuals signed up for CVD study on first day
  - Number of participants range from 1,600 to 44,841
  - 31 countries represented
- **# study volunteers using telemedicine: 1,200 – 10,600 screened; 150 – 1,200 enrolled**

**Internal and External Reach (N=9 metrics)**



- **Telemedicine** study volunteer feedback strong (in favor)
- Positive patient feedback varies on type of wearable device
- **Gaming PROs higher** for gaming group than non-gaming group

**Study Volunteer Feedback (N=23 metrics)**



- IRB Approval: **2.5 years** to obtain\*\*
- **Retention rates:**
  - **Watch** device: average **81%**
  - **Other** device: average **63%**
  - **Telemedicine: 76%-93%**
  - **Gaming: ↑by 16%**
  - **E-Consent: modest improvements**
  - **E-Consent** reports **minimal improvements** in comprehension
  - **Telemedicine studies** report **enrollment rates from 0% to 50%; timeline reductions**

**Trial Performance (N=91 metrics)**



48 Case Studies Found.

\* Excludes Social Media and Online Engagement

\*\* Publishing platform containing informed consent, study protocol and supporting documents

# Examples of Impact from Study Volunteer Ease



- **Logistics assistance** costs **1% of clinical trial budget**

**Long-Term Drug Development Portfolio (N=2 metrics)**



- Study using **Logistics assistance** incorporated patients from other countries into **one site instead of opening multiple sites**

**Internal and External Reach (N=1 qualitative)**



- **Feedback** from **Patient Counseling and Education** report:

- Increase in PAM score
- 70% difference in satisfaction rates (counseling group was higher)

**Study Volunteer Feedback (N=2 metrics)**



- Survey of 63 companies using **Patient Counseling and Education** report 85% enrollment rate:
  - “Much of the **success** of the multifaceted and adaptive patient consent and enrollment approach is due to the **role of nursing in providing education...**”
- **Home nursing:**
  - **300%↑** in patient enrollment
  - **64%↑** in patient retention
  - **Logistics assistance: 95%** retention rate

**Trial Performance (N=11 metrics)**



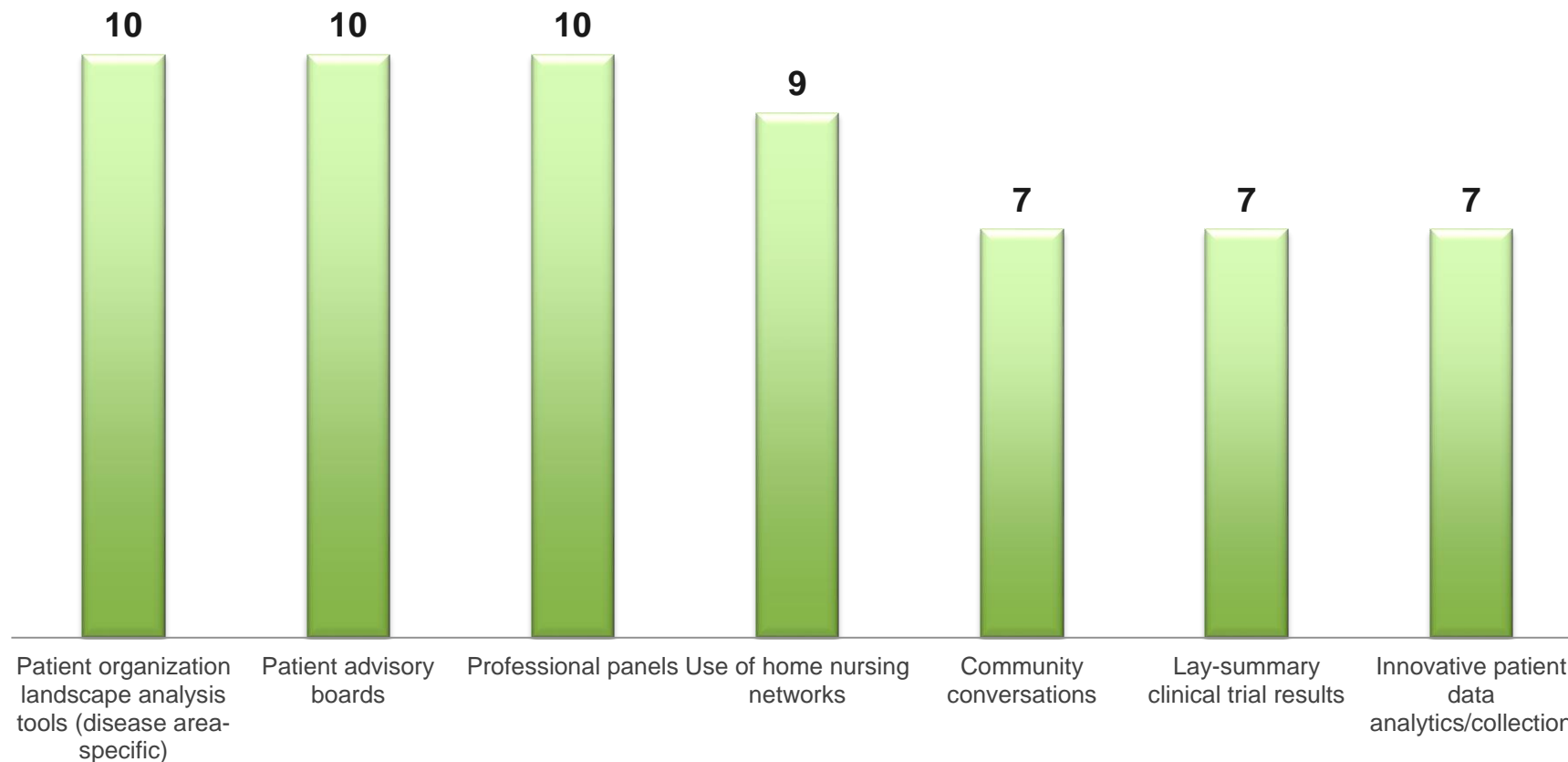
7 Case Studies Found.

# Patient-Centric Initiative Adoption

- ▶ Most widely adopted (implemented and piloted) initiatives are:
  - Patient advisory boards (17/22 companies)
  - Professional panels (16/22)
  - Lay-language clinical trial results summaries (13/22)
  - Assessment of patient organization landscape (10/22)
  - Use of home nursing networks (9/22)
- ▶ Top planned initiatives are:
  - eConsent (11/22)
  - Adaptive trial designs and adaptive licensing (10/22)
  - Establishing patient communities (during and after clinical trials) (10/22)
- ▶ Overall, there are more organizational patient-centric activities in the planning stages than those being implemented or piloted.

# Patient-Centric Initiatives - Implemented

The most implemented initiatives were patient organization landscape analysis tools, patient advisory boards, and professional panels.



*Base: 22 Companies*

■ Number of companies

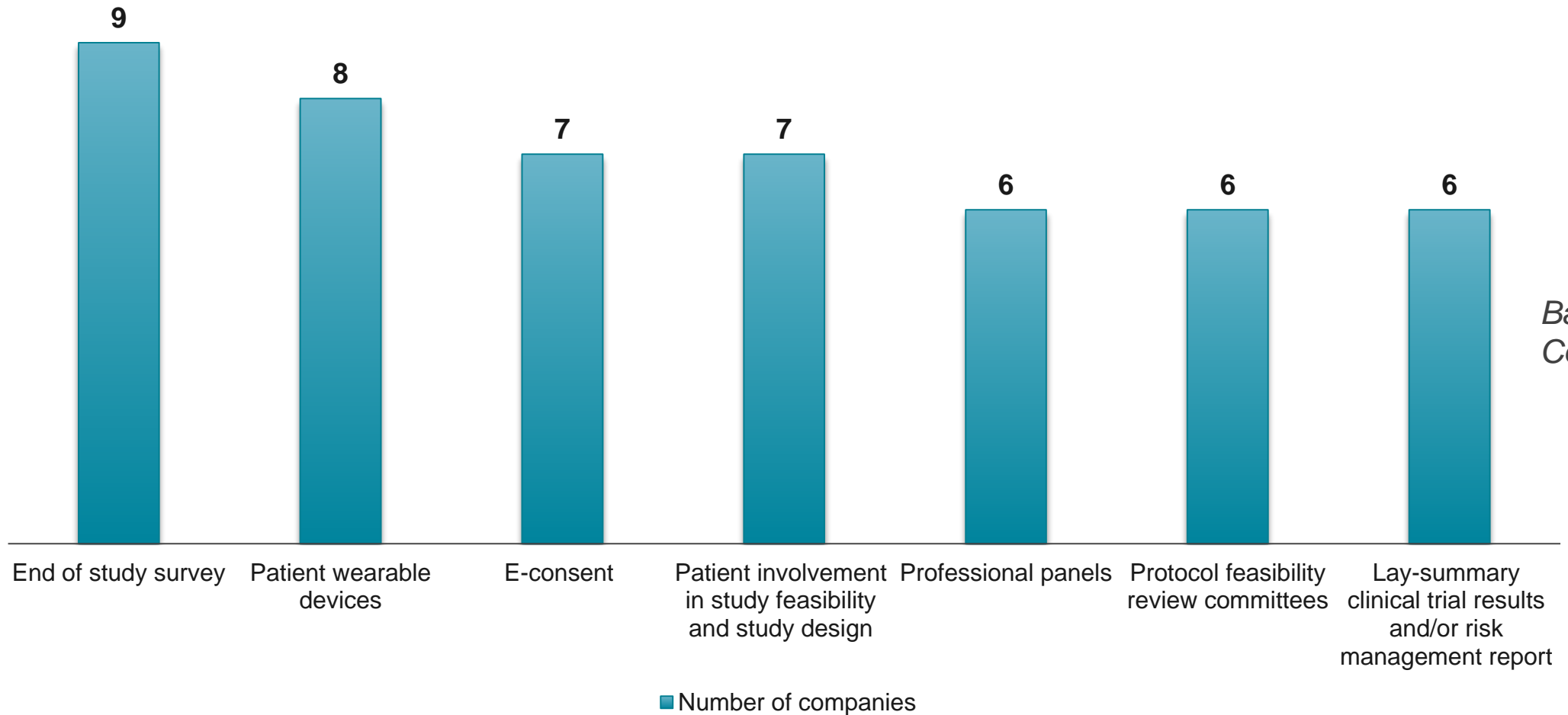
Data and analysis provided by Tufts CSDD





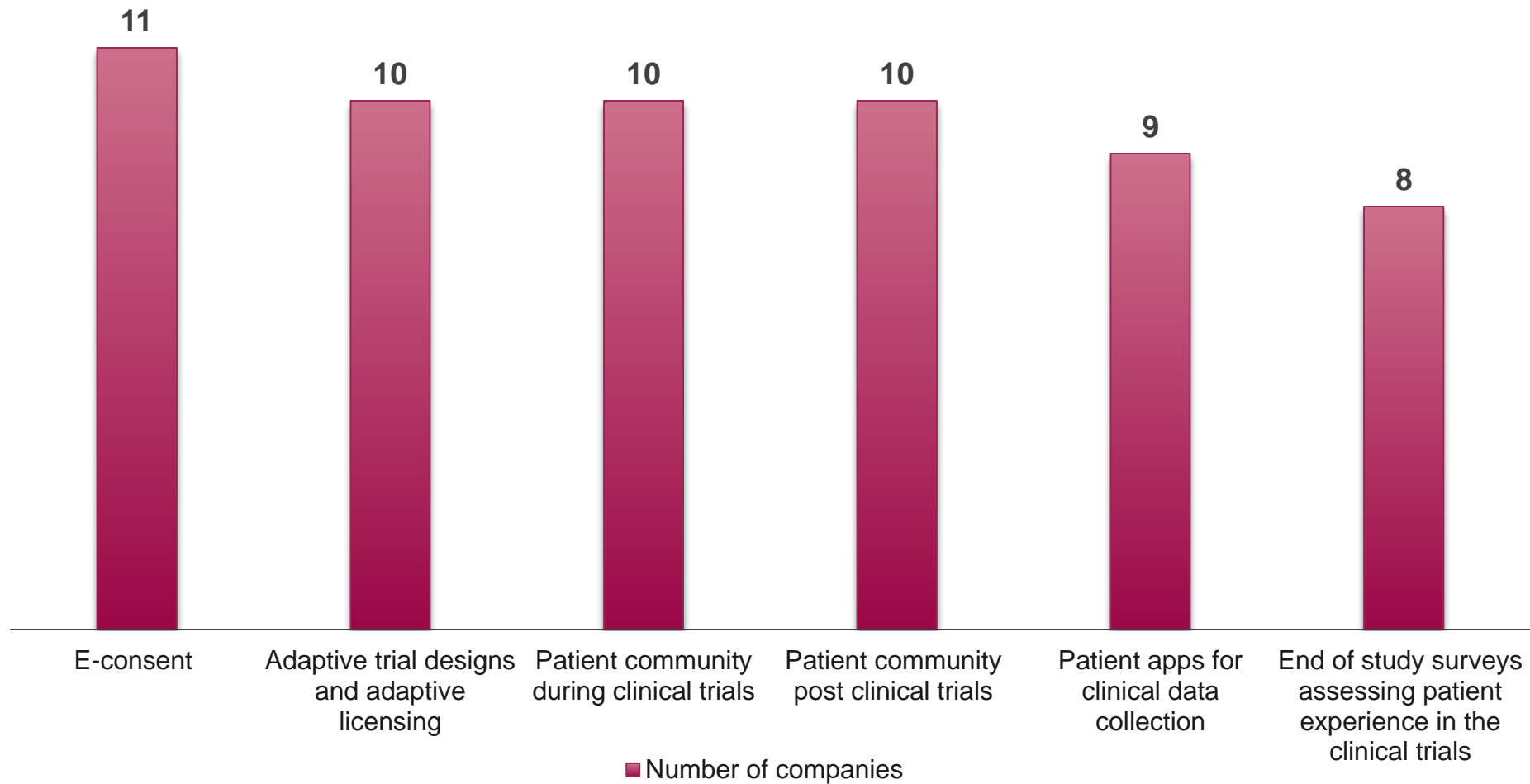
# Patient-Centric Initiatives - Piloted

The top piloted initiative was an **end of study survey**.



# Patient-Centric Initiatives - Planned

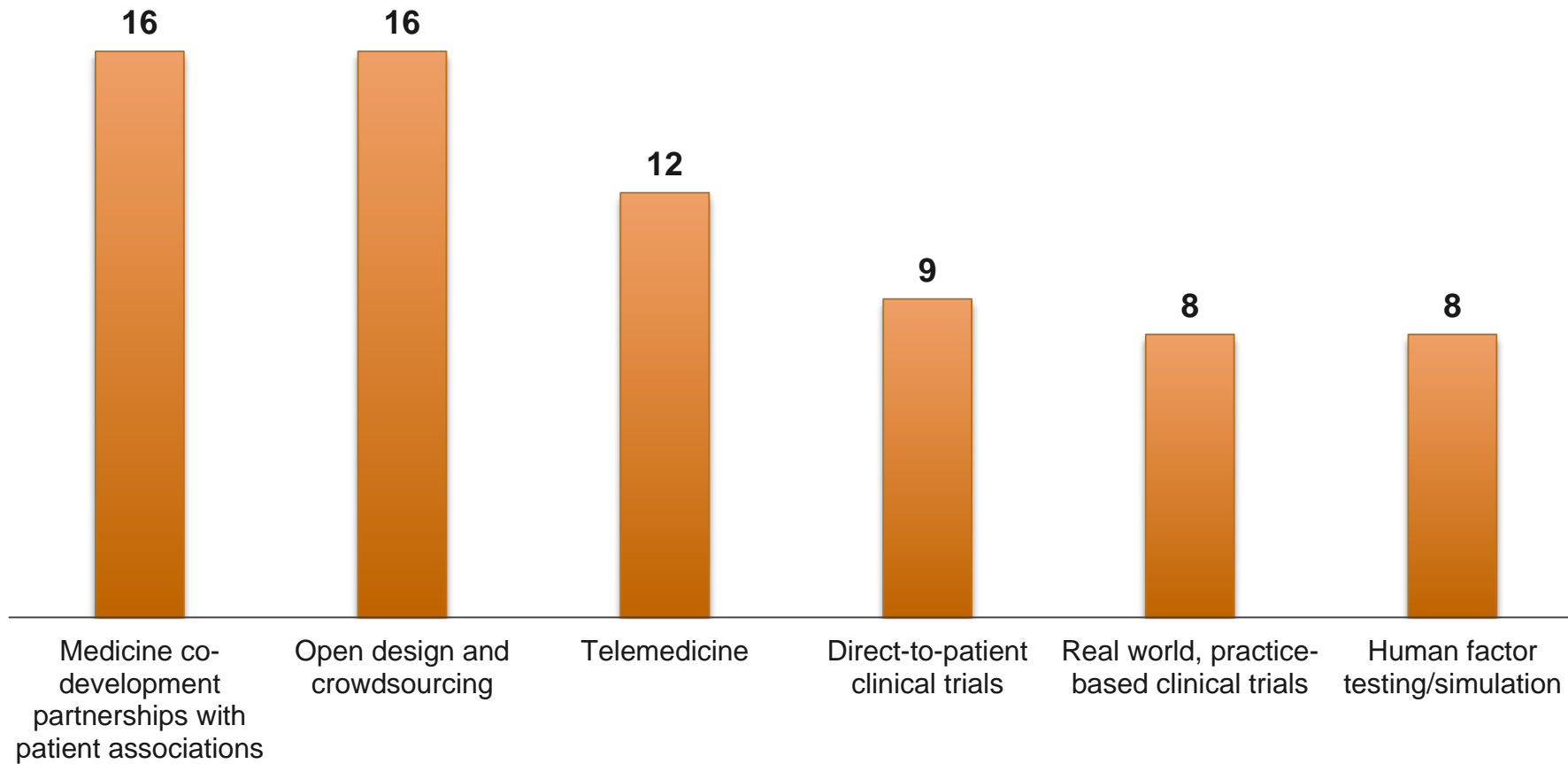
The top planned initiative was e-consent.



*Base: 22  
Companies*

# Patient-Centric Initiatives – Not Considered

The top initiatives companies are not considering are the **medicine co-development partnerships with patient associations** and **open design and crowdsourcing**.



*Base: 22 Companies*

■ Number of companies

Data and analysis provided by Tufts CSDD



# Key Insights

- ▶ The primary barriers to adoption are the lack of:
  - internal company buy-in (6 of 22 companies)
  - authority to implement them (5 of 22 companies)
- ▶ Others barriers include (perceived) lack of sponsor readiness, risk tolerance, staff, time, and budget
  - 13 out of 20 companies responded there is **an organizational budget** assigned for patient engagement activities.
  - 6 out of 20 companies responded they **did not have a budget** for these activities.
  - 1 company did not respond.

# PE Management Models

- ▶ Wide variation in approaches observed
- ▶ Most prevalent model: Centralized, dedicated function
- ▶ Responsibilities include:
  - Facilitate cultural change within organization
  - Build policies, guidelines, processes and tools
  - Share effective practices across the company
  - Advance more systematic patient centricity company-wide
  - Facilitate and coordinate implementation
  - Manage internal alignment of patient engagement and advocacy outreach efforts
- ▶ Note – function does not implement PCIs and does not have funding or approval authority for PCIs

## Comments

- ▶ Most companies with a dedicated patient engagement role say it has **had an impact on the business** by translating to key operational changes
- ▶ However, most companies **do not have or use metrics to measure the impact of the role**



# PE Management Models *(continued)*



## Decentralized Patient Engagement functions:

- ▶ Leadership teams comprised of representatives from multiple functions
- ▶ Teams are not centralized but have visibility to and strong support from senior leadership
- ▶ Scan the company landscape, pilot patient engagement approaches, scale up successful approaches, establish support for operationalization, and disseminate appropriate practices company-wide
- ▶ Patient engagement efforts are initiated in the functional units throughout the company

## Patient Engagement as “Strategic Core”:

- ▶ Expectation for patient engagement to take place is core to company strategy
- ▶ No single group is *responsible* for overseeing or supporting PE efforts
- ▶ Leadership ensures that PE is part of all strategic planning via policies, processes, and oversight
- ▶ PE activities take place within multiple functions throughout the company

# Organizational Structure & Functions for Patient Engagement

Companies with Dedicated PE Role	Large (n = 4)	Mid-sized (n = 3)	Small (n = 3)
Leadership Structures – PE Role Via:			
C-Level Patient Office	2	1	---
Collaborative Leadership Teams	2		---
Pt Advocacy Team: Internal & External Roles		1	---
Small Internal Coordinating Team		1	---
Small Central Team to Coordinate & Oversee			3
Multiple Staff Members on Team	4	3	2
Bridge R&D and Commercial	4	3	3
Global Focus	2	2	3
Dedicated PE Budget	4	3	2
Adequate Budget for PE Objectives	3	3	1

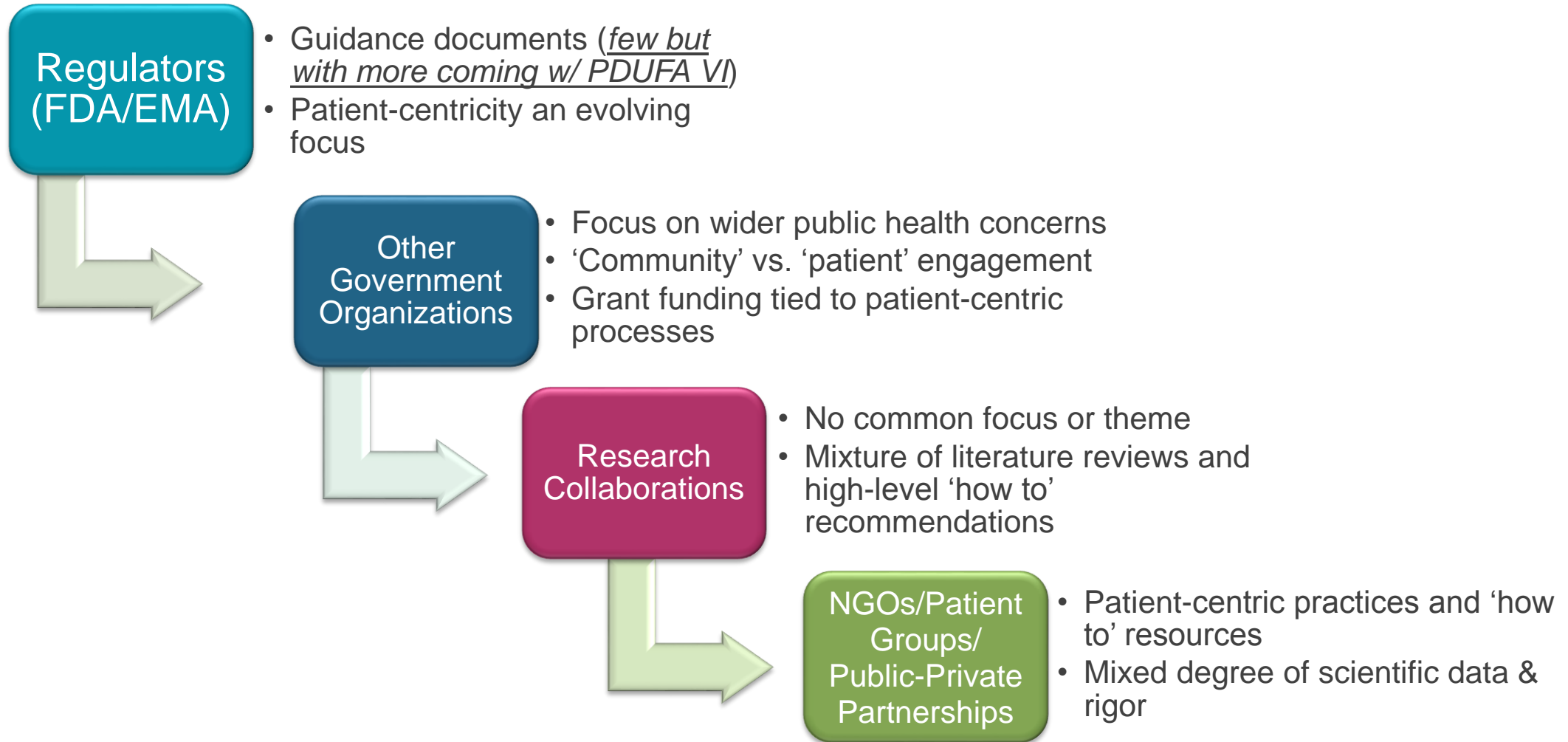
# Organizational Structure & Functions for Patient Engagement

<b>Companies with NO Dedicated PE Role</b>	<b>Large Companies (n = 3)</b>	<b>Mid-sized Companies (n = 3)</b>	<b>Small Companies (n=0)</b>
PE Taking Place in Multiple Functional Areas:			
Clinical Development /Operations	3	2	
Patient Advocacy	3	2	
Medical Affairs	3	1	
Government/External Relations	2	0	
Corporate Affairs	2	1	
Communication Among Functions	3	3	
Communications Bridge R&D & Commercial	3	3	
Global Focus	1	0	
Dedicated PE Budget	1	0	
Adequate Budget for PE Objectives	0	1	

# Guidance Landscape

- ▶ **Regulators are embracing patient-centricity** and plan to develop more guidance for industry in the future (e.g., PDUFA VI), but little is available now.
- ▶ Existing **regulatory guidance is specific to what can be measured**, e.g., patient-reported outcomes (PROs).
- ▶ **No single guidance document** or resource covers all aspects of patient-centric drug development, but a compilation of all existing tools comes close.
- ▶ **Multiple organizations are working on developing tools**, generally from one of two perspectives: data-driven and people-driven.
- ▶ **Toolkits and other resources more often deal with the less scientific** aspect of patient-centric drug development (e.g., communications, training, relationship building, trial participant interactions).

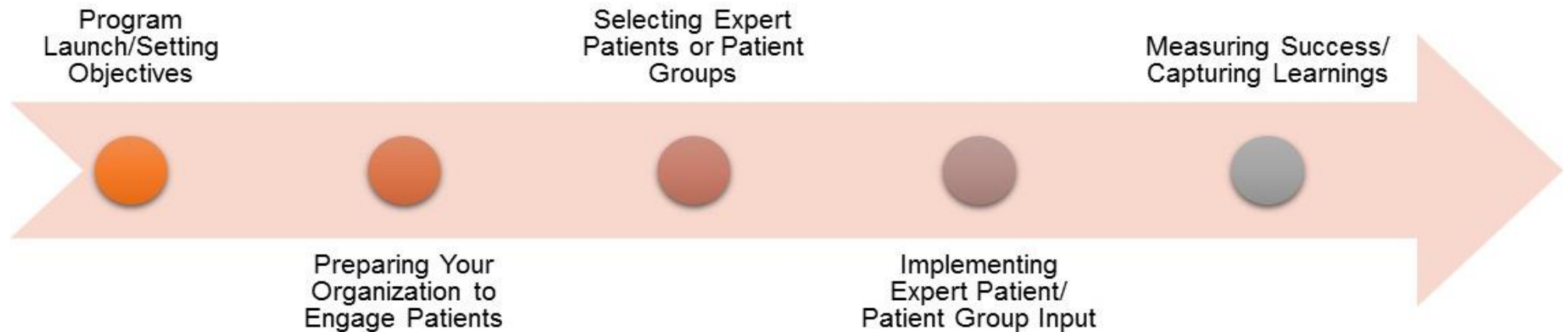
# Evolving Data Collection for Guidances & Frameworks



# Considerations Guide & Practical “How to”

## Developed a ‘Considerations Guide’

- ▶ Designed to facilitate the development of a customized patient-centric initiative
- ▶ Collects and directs users to various resources currently available



# How We Think @ [www.DIAglobal.org](http://www.DIAglobal.org)



Visual Model of Patient Engagement ▶

## JOIN THE PATIENT ENGAGEMENT CONVERSATION



DIA Members interact in this exclusive online forum, hosting engaging discussions, webinars and connecting with Patient Engagement stakeholders globally. Already a DIA Member? [Join the DIA Patient Engagement Community.](#)

Access these Patient Engagement Resources at [www.diaglobal.org](http://www.diaglobal.org):

Download:

- ▶ Visual model of Patient Engagement
- ▶ Research Summary
- ▶ PCI Considerations Guide

Join the conversation on the DIA Patient Engagement Community



# Patient Engagement on the Agenda: Global Annual Meeting

## Full Track of 14 Patient Engagement Sessions, including:

Monday June 19:

- 8:00 AM **Capturing the Value of Patient Engagement: State of the Art**
- 10:45 AM **Patient Engagement: 4 W's and an H**

Tuesday June 20:

- 10:30 AM **Walking the Walk in Patient Focused Medicines Development: What Have We Learned?**
- 2:00 PM **Defining the Science of Patient Input to Enhance Drug Development & Approval: Regulatory Perspectives**
- 4:00 PM **Defining the Science of Patient Input to Enhance Drug Development & Approval: The Tools**

Visit [www.diaglobal.org/flagship/dia-2017](http://www.diaglobal.org/flagship/dia-2017) for more information

**Fall 2017 Workshop: Patient Engagement Metrics – How Can We Capture Value?**

Visit [www.diaglobal.org](http://www.diaglobal.org) for information, details coming this Spring!



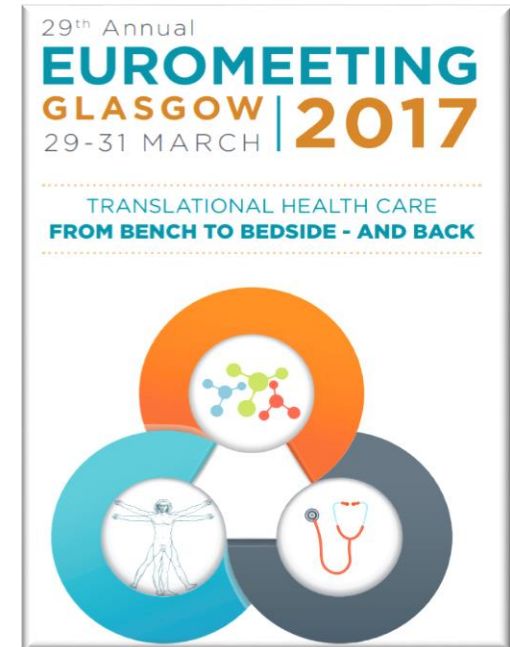
# Patient Engagement on the Agenda: EuroMeeting

## Roundtable with IMI:

The discussion will aim to demonstrate the **value of patient involvement in medicines R&D**, and will address the following questions and issues:

- What does **patient centricity** mean to different stakeholders?
- Why do we need patients to be engaged at an **early stage of medicines development**?
- What are the **lessons learned** from existing cases?
- What are the **challenges** in early patient involvement?
- How should patients be engaged for the **impact to be real and meaningful**?

Visit <http://www.diaglobal.org/en/flagship/euromeeting> for more information



# Invitation to Join the Next Phase of Research

DIA and Tufts CSDD are planning the next phase of research:

- ▶ **Objectives:** Development of best practice recommendations and standardized metrics definition and usage; application and refinement of tools and resources; ongoing compilation of ROE impact case studies
- ▶ To be conducted Q2 2017 through Q1 2018
- ▶ Working group of sponsor and CRO companies will meet to review and discuss patient engagement experiences, challenges and insights
- ▶ Facilitated roundtable meetings with guest speakers from public and private sectors

# Thank You!

We've made a significant contribution to this important topic and look forward to continuing this work with your support.

For expressions of interest and recommendations for follow-on research, please contact:

[Elizabeth.Lincoln@DIAGlobal.org](mailto:Elizabeth.Lincoln@DIAGlobal.org)

Want more on Patient Engagement news, initiatives, and follow-on work? [Visit "How We Think" for more.](#)