

Common name	Latin name	Annual/perennial	Bloom time	Soil type	Sun needs	Plant size	Stratification time	Sowing notes
New York Ironweed	<i>Veronia noveboracensis</i>	Perennial	Jul-Sep	medium-wet soils	part-full sun	4-6'	60 days	
Joe Pye Weed	<i>Eutrochium fistulosum</i>	Perennial	Jul-Sep	wet-medium soils	part-full sun	4-6'	60 days	
Cutleaf coneflower	<i>Rudbeckia laciniata</i>	Perennial	Aug-Oct	medium-wet soils	part-full sun	4-6'	30 days	
New England Aster	<i>Symphotrichum novae-angliae</i>	Perennial	Aug-Oct	dry-medium-wet soils	part-full sun	4-5'	60 days	
Early goldenrod	<i>Solidago juncea</i>	Perennial	Jul-Aug	medium-dry soils	full-part sun	3'	60 days	sow on soil surface
Anise hyssop	<i>Agastache foeniculum</i>	Perennial	Jul-Aug	medium-wet soils	part-full sun	3'	30 days	sow on soil surface
Swamp milkweed	<i>Asclepias incarnata</i>	Perennial	Jun-Aug	wet-medium soils	part-full sun	3-4'	30 days	
Swamp thistle	<i>Cirsium muticum</i>	Biennial	Jul-Sep	wet-medium soils	part-full sun	4-7'	30 days	
Cup plant	<i>Silphium perfoliatum</i>	Perennial	Jul-Sep	medium-wet soils	part-full sun	6-8'	60 days	
Evening primrose	<i>Oenothera biennis</i>	Biennial	Jul-Oct	dry-medium-wet soils	part-full sun	4-6'	0 days	sow on soil surface
Wild bergamot (bee balm)	<i>Monarda fistulosa</i>	Perennial	Jul	medium soils	full sun	3-4'	0 days	sow on soil surface
Sneezeweed	<i>Helenium autumnale</i>	Perennial	Aug-Oct	wet-medium soils	full-part sun	3-4'	0 days	sow on soil surface
Narrow leaf mountain mint	<i>Pycnanthemum tenuifolium</i>	Perennial	Jul-Aug	medium-dry soils	full-part sun	2-3'	0 days	sow on soil surface
Purple coneflower	<i>Echinacea purpurea</i>	Perennial	Jul-Sep	medium-dry soils	full-part sun	2-4'	0 days	
Foxglove beardtongue	<i>Penstemon digitalis</i>	Perennial	May-Jun	medium-dry soils	part-full sun	3-4'	30 days	
Sweet black-eyed susan	<i>Rudbeckia subtomentosa</i>	Perennial	Aug-Oct	medium soils	full-part sun	4-5'	30 days	
Lance leaf coreopsis	<i>Coreopsis lanceolata</i>	Perennial	May-Jul	dry-medium soils	full sun	2'	30 days	
Seaside goldenrod	<i>Solidago sempervirens</i>	Perennial	Aug-Nov	medium-wet soils	full-part sun	2-5'	0 days	sow on soil surface
Partridge pea	<i>Chamaecrista fasciculata</i>	Annual	Jul-Sep	medium-dry soils	full-part sun	2'	10 days	scarify first
Virginia mountain mint	<i>Pycnanthemum virginianum</i>	Perennial	Jun-Sep	medium-dry soils	full-part sun	3'	0 days	sow on soil surface
Black-eyed susan	<i>Rudbeckia hirta</i>	Biennial	Jun-Aug	medium-dry soils	part-full sun	2'	30 days	
Common milkweed	<i>Asclepias syriaca</i>	Perennial	Jun-Jul	dry-medium-wet soils	part-full sun	3-4'	30 days	
Wild senna	<i>Senna hebecarpa</i>	Perennial	Jul-Aug	medium-wet soils	full-part sun	4-5'	10 days	scarify first, can add inoculant
Showy goldenrod	<i>Solidago speciosa</i>	Perennial	Aug-Nov	med-dry soils	full-part sun	4-5'	60 days	sow on soil surface
Wild white indigo	<i>Baptisia alba</i>	Perennial	Jun-Jul	dry-med-wet soils	full-part sun	4'	10 days	scarify first, can add inoculant
Early sunflower	<i>Heliopsis helianthoides</i>	Short-lived perennial	Jun-Aug	dry-med-wet soils	full-part sun	5'	30 days	