

Ella Gillespie and Essex Gall
Free Choice Lesson Plan
Total Time: 40-45 mins

Materials: “A Color of His Own,” paper, markers

Objectives: Use “A Color of His Own” to start a discussion about conformity and social pressure.

Introduction:

1. Re-enforce hand raising as our method for taking turns to speak.
2. Ask everyone to tell us a hobby/activity they like to do, and how they were introduced to it.
 - a. Demo convo:
 - i. Essex: Do you have a hobby?
 - ii. Ella: I do. I like to do X.
 - iii. Essex: How did you learn about X?
 - iv. Ella: My friend/someone told me it would be fun
 - b. The conversation should highlight the strength of a friend/peer’s opinion.
3. Questions:
 - a. Is it fun to do what our friends like?
 - b. Has anyone ever not liked an activity their friend recommended?
 - c. Would we feel more strongly that we should try an activity if two, three, four, etc. friends recommended it/are doing it?

Reading Activity: A Color of My Own (10-15 mins)

1. Ask if everyone understood what happened.
2. Questions:
 - a. Why is the chameleon unhappy?
 - b. Would you be unhappy if you were in their situation?
 - c. Is it important to be like the people we are around?
 - i. When is it important to be the same, and when is it important to be different?
 - d. Do you think the chameleon would have been as happy with another, non-chameleon friend to travel with?
 - e. The Chameleon changed as its environment changed? Have you ever done something like this? Have you ever changed because of your environment? Have you ever changed to fit into your environment?

Transition Movement Activity: Climb the tree like a chameleon; move to another branch every time you change colors.

1. Questions:

- a. We can change clothes. Is that the same as the chameleon?

Drawing Activity: Draw three different animals who are secretly friends.

1. Questions:

- a. Why are they friends?
- b. Is it important that they look alike in order to be friends
- c. Is it important that they always agree?