

Teaching Epistemology (dreaming) Lesson Plan

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Total time: 30 minutes Ages: 5 - 6 years

Materials:

- *Frog and Toad Together*
- Duck/Rabbit Optical Illusion (see appendix)
- Eskimo / Face Optical Illusion (see appendix)
- Musician / Face Optical Illusion (see appendix)
- Poster with “Philosophy” written on it
- Dream Drawing Handout (see appendix) Goal : Get students to think about things that are real and things that are not and what differences (or not) might exist between these. (5-4minutes) Intro:
 - Icebreaker: name, fun fact
 - Ask children if they remember what philosophy is
 - Show philosophy poster (10-minutes) Book: *Frog and Toad Together - The Dream* The book tells the story of Frog and Toad trying to determine how they can tell whether they're dreaming.
 - How does Toad know that he's not dreaming anymore? (ask before story ends)

(10-minutes) Dream Drawing Activity Distribute “Dream Drawing Handout” and have them draw a dream of theirs that they remember. Give time for them to draw. When finished, divide students into groups of 2-3. In small groups ask students to share what they drew and how they knew that was a dream.

(5-minutes) Activity: Optical Illusions

- Show the Duck/Rabbit optical illusion and ask the kids, "What do you see in this picture?"
 - Discuss and help everyone see both images
 - Show other two illusions and repeat
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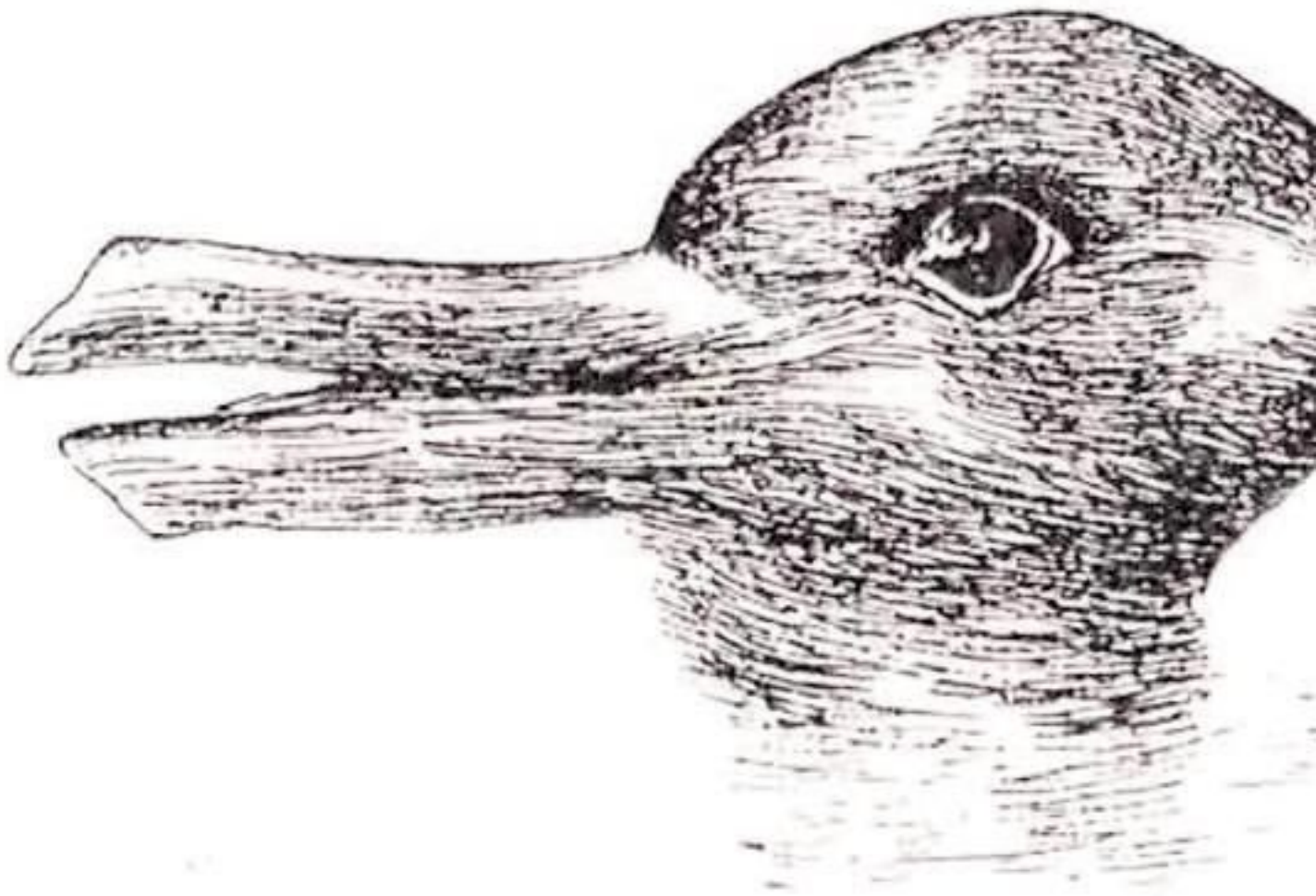
Appendix

Optical Illusions: Dream Drawing Handout:

Duck/Rabbit

Eskimo/Face

Musician/Face



One time I dreamt...



Do you see the face? Or an Eskimo?



Do you see a musician or a girl's