



Teen & Dog

S T U D Y

Welcome to the Teen & Dog Study!

Researchers at the Cummings School of Veterinary Medicine at Tufts University and Wellesley College are conducting a multi-year study on teenagers and their pet dogs.

This study is designed for teenagers who are 13-17 years old and their parents/guardians.

All participants will enroll in Part 1 of the study, and some families may be invited to participate in Parts 2 and 3 for additional compensation.

For Parts 1 and 2, study materials will be available in English, Spanish, and Portuguese.

Part 1: Annual Surveys

Teens/parents will be asked to complete a short (less than 10 minutes) screening survey. If eligible, teens and their parents/guardians will be invited to each complete a ~20-minute online survey about your dog, your social relationships, and your overall life experiences. We will ask you to complete this survey every year for 4 years.

Teenagers and parents will **both** receive a \$20 gift card for **each** annual survey (up to \$80 total each).

Parents/guardians will also be asked to complete a one-time survey about their dog's behavior. They will receive an additional \$5 gift card for completing this survey.

Part 2: Interviews

Teens/parents will be asked to participate in 45-minute interviews about their dogs. Parents and teens will be interviewed separately, and interviews will be conducted remotely via Zoom. We will ask you to repeat the interview again in 1-2 years.

Teenagers and their parents will **both** receive a \$40 gift card for **each** interview (up to \$80 total each).

Part 3: Daily Activities Module

In this part of the study, teenagers will be asked to wear wristband sensors for a week to monitor physiological data (e.g., heartrate) and fill out a short questionnaire several times a day using a smartphone app. These questions ask about the teenager's feelings and emotions in that moment, as well as activities with their dogs.

We will ask you to repeat this week every year for 2-3 years.

Teenagers will earn up to a \$125 gift card per annual daily activities week.

Questions or want to participate?

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Call or text: 774-275-3046