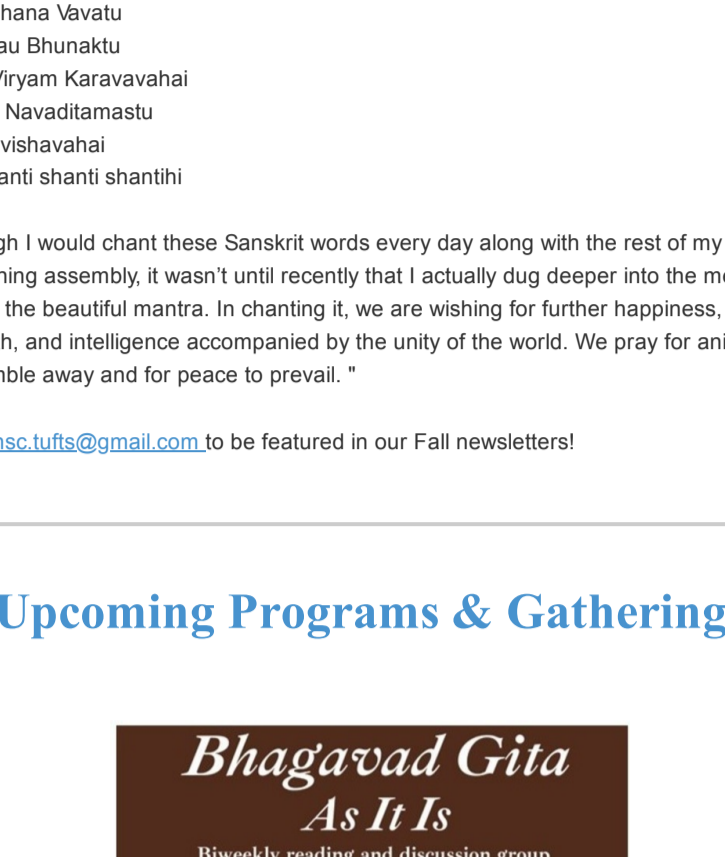


HSC Weekly Meeting

March 15, 2021

@8-9pm ET in Goddard Chapel

In honor of the upcoming holiday, our presentation this week will be on Holi! Holi is a Hindu festival that celebrates the eternal and divine love of Radha Krishna. It is usually thought about as a festival of love, color, and spring. We will be discussing its significance and the different ways that it is celebrated.



Weekly Showcase

This week's spotlight is by HSC's President, Taarika Bala:

"Last Tuesday I attended the Multifaith vigil organized by the Chaplaincy for various groups on campus to contribute their prayers for the safety of the Ukrainian people. I had the chance to share a Hindu shanti mantra:

Om Sahana Vavatu
Sahanau Bhunaktu
Saha Viryam Karavahai
Tejasvi Navaditamastu
Ma Vidishavahai
Om shanti shanti shanti

Although I would chant these Sanskrit words every day along with the rest of my school at morning assembly, it wasn't until recently that I actually dug deeper into the meaning behind the beautiful mantra. In chanting it, we are wishing for further happiness, health, strength, and intelligence accompanied by the unity of the world. We pray for animosity to crumble away and for peace to prevail."

Email hsc.tufts@gmail.com to be featured in our Fall newsletters!

Upcoming Programs & Gatherings



Bhagavad Gita As It Is

Reading and Discussion Group

[Zoom](#) and Campus Center 012 - April 1, 2022 12-2pm

Please join us as we continue our book reading and discussions with our last 3 sessions of the year:

April 1 - chapters 14, 15, and 17
April 15 - chapters 16, 18
April 29 (meeting in the IFC) - review the whole book!

We hope you will join us as you are able, each session stands on its own in helping us with our understanding of yoga, bhakti, and gyan. Reach out to preeta.banerjee@tufts.edu to RSVP.

Inspiration

Two years ago, I read this poem by Jon Nakapalau in a Holi poetry contest and it inspired me and so I pass it along as we prepare for Holi and more fully enter Spring:

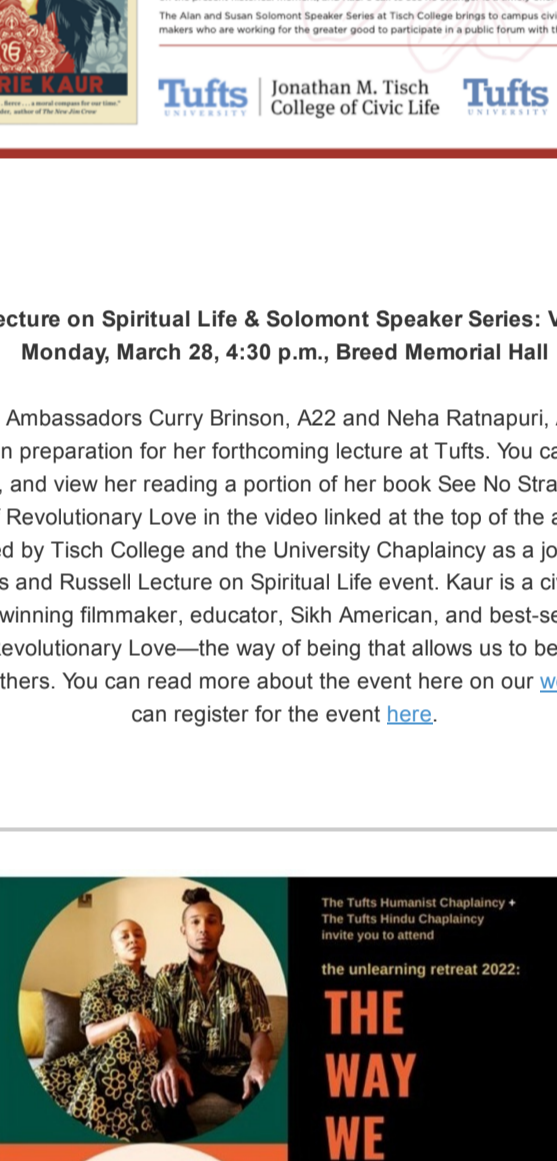
[becoming a living rainbow]

becoming a living rainbow
you come to understand
that your heart is a pot
of love much more
valuable than
gold.

Office Hours and Other Resources

Wednesday and Fridays 12:00 p.m. - 2 p.m., in person
(room 104 at the Interfaith Center); Thursdays 2:00 p.m. - 5 p.m. ET, virtually

Please email me: preeta.banerjee@tufts.edu to set up an appointment



Food & Faith: A People's Supper

Monday, March 14, 6:00 p.m. to 7:15 p.m., 100 Rabb Room (Barnum Hall)

Gather dinner, conversation, and community on Monday, March 14 from 6 p.m. to 7:15 p.m. in Barnum Hall's Rabb Room. With the People's Supper dialogue model, we will create a brave space to share stories, listen deeply, and commune around good food to think together about ritual and cultural foods across traditions. Our evening will culminate in a communal art project gathering and uplifting "Food Memories" from each participant. Dinner will be provided from a Kosher-certified kitchen. [Please RSVP here by noon on March 14](#), or just come by that evening. The University Chaplaincy, Interfaith Student Council, COFFEE Student Coalition, and The Palmer look forward to seeing you there. Reach out to Shelby.Carpenter@tufts.edu with any questions.

RUSSELL LECTURE ON SPIRITUAL LIFE & SOLOMONT SPEAKER SERIES

Valerie Kaur

Monday, March 28 • 4:30 – 6:00 p.m. • Breed Memorial Hall



Russell Lecture on Spiritual Life & Solomont Speaker Series: Valerie Kaur

Monday, March 28, 4:30 p.m., Breed Memorial Hall

Tufts Interfaith Ambassadors Curry Brincom, A22 and Neha Natunapuri, A23 interviewed Valerie Kaur in preparation for her forthcoming lecture at Tufts. You can read the full interview [here](#), and view her reading a portion of her book See No Stranger: A Memoir and Manifest of Revolutionary Love in the video linked at the top of the article. The event is sponsored by Tisch College and the University Chaplaincy as a joint Solomont Speaker Series and Russell Lecture on Spiritual Life event. Kaur is a civil rights leader, lawyer, award-winning filmmaker, educator, Sikh American, and best-selling author and will speak on Revolutionary Love—the way of being that allows us to be present for and fully respect others. You can read more about the event here on our [website](#), and you can register for the event [here](#).



The Tufts Humanist Chaplaincy and The Tufts Hindu Chaplaincy invite you to attend:

the unlearning retreat 2022: the way we be.
April 2, 2022 11-8pm
At the IFC (58 Winthrop, Medford MA)

what is your truth? how do you tap into the worth of knowing? let us journey together, as we reorient our personal and spiritual practices, unearthing the quiet confidence within. in this Unlearning Retreat, join storée michele and Jé Exodius Hooper in a practice of personal and communal freedom-making.

this gathering will be guided through a series of mini-workshops featuring storytelling through poetry, film, song, folklore, communal soundscapes and participant's creation of short speculative rituals. this is a retreat for any spectrum of individuals who identify as BIPOC and are undergrad or grad students.

RSVP: <https://forms.gle/E4hu7c7nVpuFg6>



SAPAC Symposium

South Asian Political Action Committee invites you to present your work at the annual SAPAC Symposium on April 9th, 2022 from 1-5 pm. We will be featuring performances, visual art, and academic work or research by members of the Tufts South Asian community. Please fill out the form in our Linktree by March 14th if you would like to present at SAPAC Symposium. Symposium is our biggest event of the year, and we hope you join us!



Save the date!

Holi 2022
Saturday 4/16 (4/17 Rain Date)

12-2pm @ Res Quad