

## HSC Weekly Meeting

March 29, 2022

@8-9pm ET in Goddard Chapel

The festival of Ugadi is celebrated in April every year and is believed to be the day when Lord Brahma created the universe. It is to be celebrated on April 2nd this year. It is also the first day of the new year and the people welcome it with joy and celebration.

Please join us for the presentation, prayer, and kahoot!



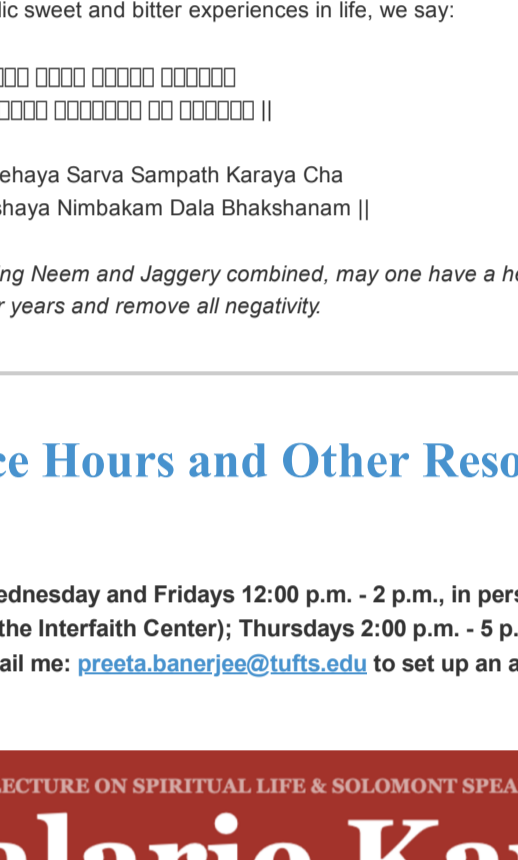
## Weekly Showcase

This week's spotlight is by HSC's Logistics Manager, Raaj Pednekar:

"A question that often comes to my mind is, what places of worship are near Tufts? One Hindu temple in Boston that I wished to learn about is the "Shivalaya Temple of Greater Boston". This temple holds at least one major event a week (which can be found on their website: <https://www.shivalayaboston.com/Welcome.do>). Within this temple they hold worship, instruct young Hindu's about their religion, and do community service in the area around them. Within the temple itself the traditional design is beautiful and many deities to worship. This temple has formed a community for Hindus in Boston and I look forward to visiting at some point to attend one of their events."

Email [hsc.tufts@gmail.com](mailto:hsc.tufts@gmail.com) to be featured in our Fall newsletters!

## Upcoming Programs & Gatherings



The Bhagavad Gita is universally renowned as a jewel of India's spiritual tradition. As a theological and philosophical classic, the Bhagavad Gita summarizes the conclusions of its Vedas, the ancient scriptures written over 5000 years ago in the Sanskrit language. In every generation, over thousands of years, it has provided amazing inspiration to scholars, leaders, and spiritualists alike. Deepening our understanding of the Gita benefits from the company of others where we can discuss and question what we read towards applying its practical lessons to our day-to-day life.

Jan 21, Feb 4, Mar 4, Apr 1, Apr 15, Apr 29  
12:00 pm, Meyer Campus Center, Room 012  
Contact [preeta.banerjee@tufts.edu](mailto:preeta.banerjee@tufts.edu) with questions

Tufts University  
Hindu Chaplaincy

### Bhagavad Gita As It Is Reading and Discussion Group

Zoom and Campus Center 012 - April 1, 2022 12-2pm

Please join us as we continue our book reading and discussions with our last 3 sessions of the year:

April 1 - chapters 14, 15, and 17

April 15 - chapters 16, 18

April 29 (meeting in the IFC) - review the whole book!

We hope you will join us as you are able, each session stands on its own in helping us with our understanding of yoga, bhakti, and gyan. Reach out to [preeta.banerjee@tufts.edu](mailto:preeta.banerjee@tufts.edu) to RSVP for lunch provisions.

## Inspiration

In celebrating Ugadi, here is a chant spoken while consuming Ugadi Pachadi, a paste or liquid form made from jaggery (sugar), neem buds, tamarind juice, salt and raw mango. The paste combines 6 tastes. The significance of Ugadi Pachadi is to show us the different facets of our life, being made up of sorrows and happiness alike. Before we digest the symbolic sweet and bitter experiences in life, we say:

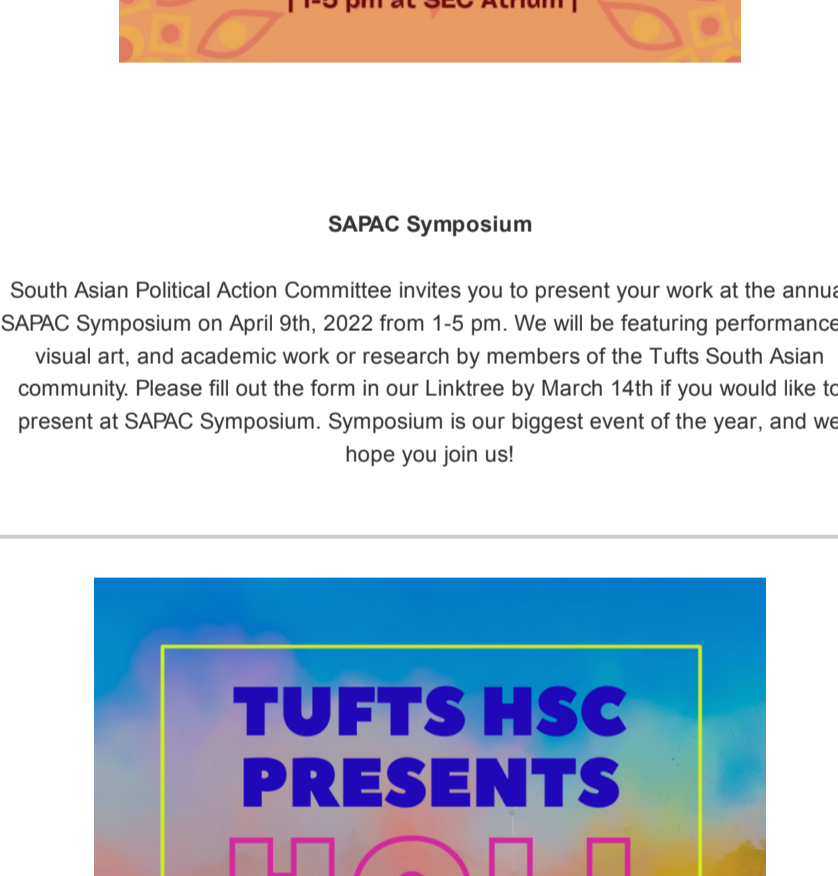
ॐ नमो भगवते वासुदेवाय ॥  
ॐ नमो भगवते वासुदेवाय ॥

Shathayu Vajra Dehaya Sarva Sampath Karaya Cha  
Sarvaarista Vinashaya Nimbakam Dala Bhakshanam ||

Meaning: By having Neem and Jaggery combined, may one have a healthy body, wealth and prosperity for years and remove all negativity.

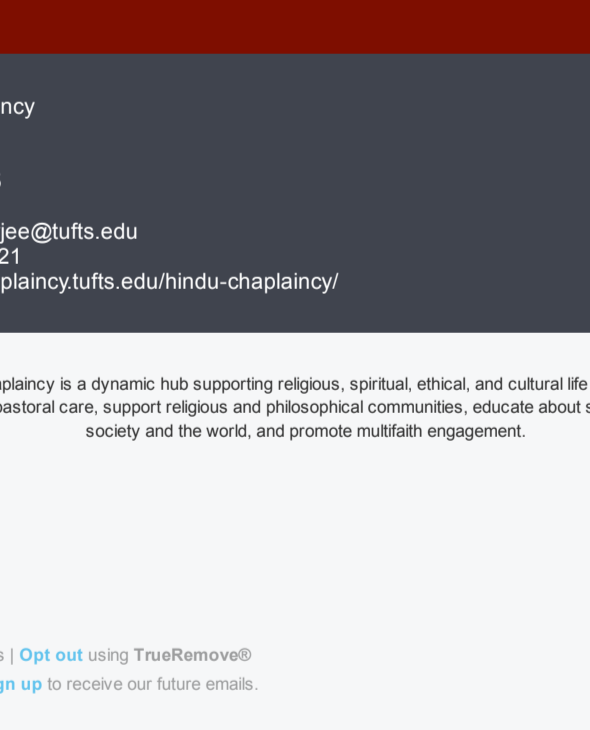
## Office Hours and Other Resources

Wednesday and Fridays 12:00 p.m. - 2 p.m., in person  
(room 104 at the Interfaith Center); Thursdays 2:00 p.m. - 5 p.m. ET, virtually  
Please email me: [preeta.banerjee@tufts.edu](mailto:preeta.banerjee@tufts.edu) to set up an appointment



### Russell Lecture on Spiritual Life & Solomont Speaker Series: Valarie Kaur Monday, March 28, 4:30 p.m., Breed Memorial Hall

Tufts Interfaith Ambassadors Curry Brinson, A22 and Neha Ratnapuri, A23 interviewed Valarie Kaur in preparation for her forthcoming lecture at Tufts. You can read the full interview [here](#), and view her reading a portion of her book See No Stranger: A Memoir and Manifest of Revolutionary Love in the video linked at the top of the article. The event is sponsored by Tisch College and the University Chaplaincy as a joint Solomont Speaker Series and Russell Lecture on Spiritual Life event. Kaur is a civil rights leader, lawyer, award-winning filmmaker, educator, and best-selling author and will speak on Revolutionary Love—the way of being that allows us to be present for and fully respect others. You can read more about the event here on our [website](#), and you can register for the event [here](#).



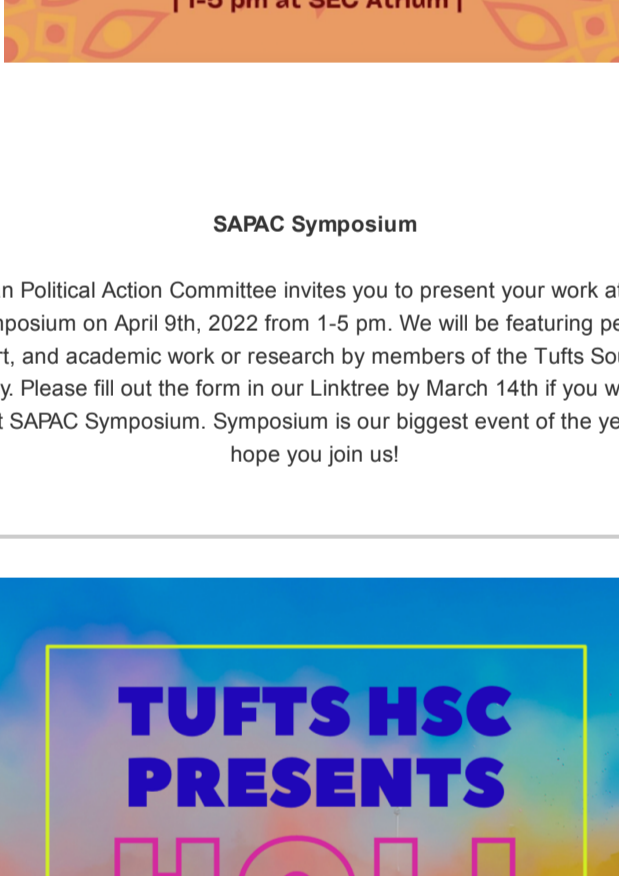
### The Tufts Humanist Chaplaincy and The Tufts Hindu Chaplaincy invite you to attend: the unlearning retreat 2022: the way we be.

April 2, 2022 10:30-4pm  
At the IFC (58 Winthrop, Medford MA)

what is your truth? how do you tap into the worth of knowing? let us journey together, as we reorient our personhood and imagine ourselves unearthing the quiet confidence within. in this Unlearning Retreat, join storåre michele and Jé Exodus Hooper in a practice of personal and communal freedom-making.

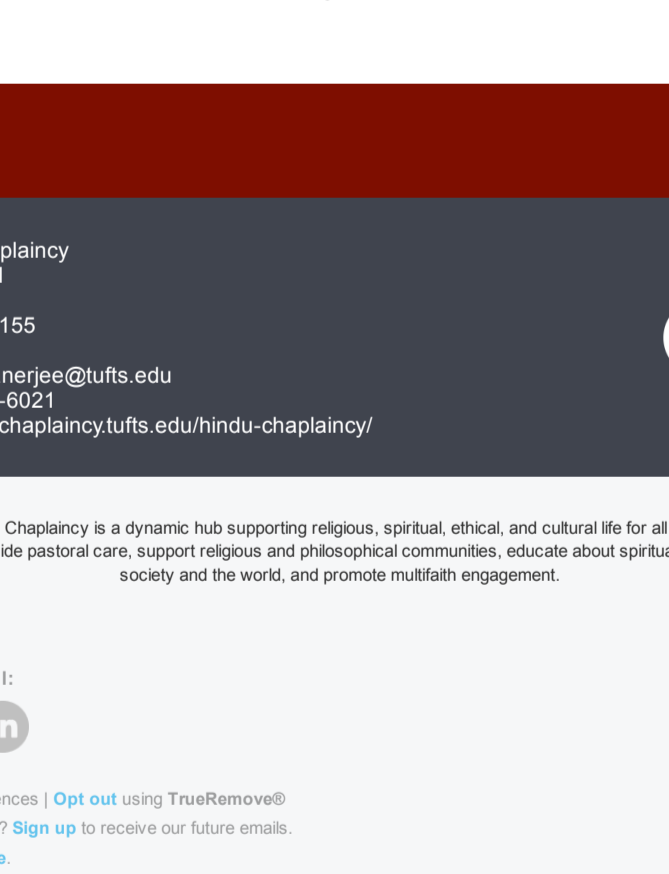
this gathering will be guided through a series of mini-workshops featuring storytelling through poetry, film, song, folklore, communal soundscapes and participant's creation of short speculative rituals. this is a retreat for any spectrum of individuals who identify as BIPOC and are undergrad or grad students.

RSVP: <https://forms.gle/E4hui7cj2nVP4uFg6>



### SAPAC Symposium

South Asian Political Action Committee invites you to present your work at the annual SAPAC Symposium on April 9th, 2022 from 1-5 pm. We will be featuring performances, visual art, and academic work or research by members of the Tufts South Asian community. Please fill out the form in our Linktree by March 14th if you would like to present at SAPAC Symposium. Symposium is our biggest event of the year, and we hope you join us!

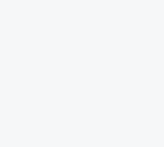


### TUFTS HSC PRESENTS HOLI 2022

Save the date!  
Holi 2022  
Saturday 4/16 (4/17 Rain Date)  
12-2pm @ Res Quad

Tufts Hindu Chaplaincy  
Goddard Chapel  
3 The Green  
Medford, MA 02155

Email: [preeta.banerjee@tufts.edu](mailto:preeta.banerjee@tufts.edu)  
Phone: 617-627-6021  
Website: <https://chaplaincy.tufts.edu/hindu-chaplaincy/>



The Tufts University Chaplaincy is a dynamic hub supporting religious, spiritual, ethical, and cultural life for all members of the Tufts community. We provide pastoral care, support religious and philosophical communities, educate about spiritual and ethical issues in society and the world, and promote multifaith engagement.

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