 Forgotten Victims?: Women and COVID-19 Behind Bars

By Amaia Elorza Arregi, Bridget Conley, Matthew Siegel, and Arlyss Herzig

PART ONE: OVERVIEW

COVID-19 and the policies designed to counter it in American prisons pose distinct medical, emotional, psychological and economic threats for incarcerated women and their families.

Less than one year into the COVID-19 pandemic, many questions remain unanswered about the virus, but already glaringly apparent are some factors that increase risk. One is the vulnerability that exists for people who are incarcerated; infection rates in prisons are 5.5 times higher than among the general American public.\(^1\) The high rates in prisons are likely a result of both housing conditions and the statistically higher rates of co-morbidities among the incarcerated population.\(^2\)

Another factor is gender. There is early evidence that males have


\(^2\) A 2016 study by the U.S. Department of Justice, Bureau of Justice Statistics found that half of all people in American jails, state and federal prisons reported having a chronic medical condition, such as “cancer, high blood pressure, stroke related problems, diabetes, heart-related problems, kidney-related problems, asthma, and cirrhosis of the liver.” Further, 21% of people in prison reported having an infectious disease. Laura M. Maruschak, Marcus Berzofsky, and Jennifer Unangst, 2016, “Medical Problems of State and Federal Prisoners and Jail Inmates, 2011 – 2012.” Bureau of Justice Statistics (Revised October 4). Available at: https://www.bjs.gov/content/pub/pdf/mpsfpij1112.pdf. Accessed October 12, 2020, p. 1.
an increased risk of dying, lower recovery rates and increased severity of symptoms.\(^3\) Whether this outcome results from biological, behavioral or a mix of factors requires additional research.\(^4\) Incarcerated women, thus, by gender, are likely to be at lower risk of severe disease outcomes than incarcerated men. But given conditions in prison and high rates of co-morbidities, they remain at significant risk. Further, as has been studied in the general population, the gendered impacts of COVID-19 are not limited to clinical prognosis.\(^5\)

For incarcerated women, impacts of lockdowns designed to counter the spread of the virus within prisons present distinct challenges that compound pre-existing issues faced by women behind bars: psychological, emotional, and economic stresses.

This paper is based on analysis of 138 women’s state and federal prisons across the United States. Because we focus on what has occurred within these women’s institutions, this paper does not address the distinct circumstances facing trans women, who are overwhelmingly placed in prisons based on their assigned sex at birth, which exposes them to significantly higher rates of victimization inside prison.\(^6\) We found 132 prisons provided publicly available information about the numbers of women incarcerated, testing for COVID-19 and/or positive test rate. Of the prisons that provided at least partial information, outbreaks (characterized as 10% positive test rate) could be documented at 25 facilities, or 19% of all women’s prisons reporting COVID-related data. The significance of these figures lies both in the morbidity risks and also in the restrictive measures introduced in response to outbreaks. Further, the numbers are undoubtedly an undercount given inconsistencies in reporting.

In Part Two, we present some basic information about the female population in prisons in the United States, drawing out connections between long-standing issues facing women in prison, risks related to COVID-19, and gendered implications of the policies designed to counter the virus. Part Three details what is known about COVID-19 in women’s prisons across the country. Part Four presents profiles of the country’s hardest hit facilities. Part Five concludes.

**PART TWO: WOMEN, PRISON AND COVID-19**

In February 2020, the U.S. Commission on Civil Rights submitted its report, “Women in Prison: Seeking Justice Behind Bars,” to the U.S. President.\(^7\) It offered a comprehensive picture of the unmet needs of incarcerated women. As one Commissioner wrote: “From healthcare to prevention of sexual assault to having their parental rights terminated, the prison industry is failing these women and the public.”\(^8\) One month later, the cumulative impact of these failures contributed to and exacerbated the impacts of the COVID-19 pandemic behind bars.

Who are these women? They share many statistical traits, some of which we address below, but they are also individuals whose identities cannot be reduced to the mere commonality of years spent in prison. Their

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\(^7\) Commission 2020.

\(^8\) Statement of Commissioner David Kladney in Commission 2020, p. 236. His statement is presented at the end of the report, along with those of two other commissioners. Together, the statements provide insight into debates among Commissioners that is not otherwise reflected in the report.
lives are intertwined with others; they are mothers, daughters, sisters, wives, and friends who have been convicted of a crime. Most will eventually leave prison and return to their communities outside—they are neighbors, colleagues and fellow citizens. In statistical terms, according to Bureau of Justice Statistics, in 2018 (the most recent year available), there were 110,845 women incarcerated in state (98,319) and federal (12,526) prisons throughout the U.S. They are vastly outnumbered by men in prisons: of whom there are 1,354,313 (167,372 in federal prisons, and 1,186,941 in state prisons). Over the past decade, though, men’s incarceration rate has been declining at a faster rate (-15%) than that of women (-9%). While most states reported figures that contributed to the overall decline, six states reported significant increases in the population of incarcerated women: Hawaii (+11%), Idaho (+9.8%), Colorado (+6.6%), Maine (+6.6%), and South Dakota (+6.4%). The states with the highest number of incarcerated women are: Texas (14,435), Florida (6,726), California (5,778), Ohio (4,278), and Arizona (4,185).

Only the bare bones of race and ethnicity are captured by Bureau of Justice statistics: incarcerated American women are 48,900 (white), 18,900 (Black), 19,400 (Hispanic) and 17,000 (other). The incarceration rate for Black females (88 per 100,000) is 1.8 times higher than that of white females (49 per 100,000); a difference that is particularly strong for younger women (aged 18 to 19). Regardless of race or ethnicity, women in prison are overwhelmingly poor and from disadvantaged communities.

More than men, women tend to be incarcerated for nonviolent drug and theft-related charges. Those women who are convicted of violent crimes are much more likely than men to have perpetrated aggression against a family member or intimate partner, often following years of suffering domestic violence.

Long-standing issues in women’s prisons contributed to an increased risk of infection as COVID-19 began spreading. Below, we highlight a few of the most critical issues.

**Overcrowding**: Prisons with populations above their design capacity is a problem for incarcerated women in California, Louisiana, Florida, Massachusetts and Michigan (examples discussed below, Section Four). Where it occurs, overcrowding serves to amplify other issues, including sexual abuse, inadequate medical and mental health care, and insufficient access to educational and other programming. During the COVID-19 pandemic, overcrowding also increases risk of infection. The World Health Organization has clearly stated that overcrowding in places of detention undermines health, safety, hygiene and human dignity, and that a health response to COVID-19 in closed settings alone is insufficient. It also added that overcrowding “con-
stittuates an insurmountable obstacle for preventing, preparing for or responding to COVID-19.\textsuperscript{20}

**Physical health:** The quality of health care provided to women in prisons varies significantly,\textsuperscript{21} yet the majority of women in prison need on-going medical attention. More than half of all incarcerated women (63\%) report having a chronic health condition.\textsuperscript{22} These women suffer from high levels of obesity, hypertension, sexually transmitted diseases, and cervical and breast cancer, and have distinct reproductive health needs. The needs are often unmet, according to the National Commission on Correctional Health Care.\textsuperscript{23} Because of these pre-conditions, and despite the fact that the majority of incarcerated women are under 45 (which, in theory, should improve their medical outlook if they contract COVID-19), incarcerated women remain at heightened risk, given the extent to which co-morbidities are a factor in disease prognosis.\textsuperscript{24}

**Pregnancy:** There is a shocking scarcity of data regarding the frequency of pregnancy and its outcomes behind bars.\textsuperscript{25} One group of researchers reported that during their study period of 2016 -2017, 4\% of women admitted to 22 different state and federal prisons throughout the US were pregnant – a total of 1,396 pregnant incarcerated women resulting in 753 births inside prison.\textsuperscript{26} Being pregnant and delivering a baby while incarcerated comes with a multitude of challenges, including insufficient prenatal and nutritional care, as well as “medically unsafe practices of placing pregnant women in solitary confinement and shackling women in labor, [failures in] ensuring proper pregnancy and postpartum care, and determining who will care for the infants born to mothers in custody.”\textsuperscript{27} In addition to these human rights abuses, during the pandemic, pregnant women in prisons face increased risks related to the virus. Based on what is known so far, pregnant women seem to suffer more severe virus symptoms compared to non-pregnant women, and other adverse outcomes such as preterm birth.\textsuperscript{28} Incarcerated pregnant women cannot avail themselves of many of the steps recommended to prevent exposure.

**Infants:** Most women who give birth in prison abruptly have their babies taken away from them, hurting both mother and child. Only a few prisons have nursery programs that allow women to care for their infants for an extended period. As of 2019, prisons in Illinois, Indiana, Nebraska, New York, Ohio, South Dakota, Washington, and West Virginia host nursery programs.\textsuperscript{29} That means that these prisons include a unique group of people not found in men’s facilities: babies. Policies regarding how long women can keep their newborns inside prison vary from facility to facility. The benefits of allowing infants to spend significant time with their mothers are significant, but COVID-19 presents new impetus for prison authorities to help women protect the health of their children: research indicates that neonates with underlying conditions and preterm infants might be at a higher risk of severe illness from COVID-19.\textsuperscript{30} In general, babies under two years old are also at an increased risk likely due to their imma-

\begin{itemize}
\item \textsuperscript{20} WHO 2020.
\item \textsuperscript{21} Commission 2020, p. 89.
\item \textsuperscript{25} Commission 2020, p. 101.
\item \textsuperscript{27} Sufrin et al 2019, p. 803.
\item \textsuperscript{28} CDC 2020, “People With Certain”.
\end{itemize}
ture immune system.\textsuperscript{31}

The above is an indicative, far from comprehensive, list of medical issues for women in prison, with emphasis on those that are directly implicated in what is known about heightened risks for COVID-19. Below we discuss gendered harms imposed by the policies undertaken by prison authorities across the country as measures to counter the virus.

Women’s prisons followed the same limited playbook for responding to the virus and suffered from many of the same insufficiencies as did men’s prisons. Wide-spread reports indicated inadequate supplies of cleaning materials and personal protective equipment (PPE), and, especially early on, prohibitions against allowing incarcerated people to use masks.\textsuperscript{32} Despite the abundance of evidence showing prisons as amplifiers of transmission, very few prison authorities took effective measures—such as reducing the prison population—to protect those behind bars. Once the first COVID-19 cases were detected inside prisons, testing lagged behind. In most facilities only people with clear symptoms were tested, at best.\textsuperscript{33} Even so, in the first few months, testing supplies were extremely limited and many people with symptoms short of severe, hospitalizable symptoms were not tested at all. In many prisons around the country, these testing limitations remain today.

The ‘lockdown’ has been become synonymous with broader social response to countering the pandemic. Its history is tied to mass incarceration: the term emerged from California’s prison practices in the 1970s, which developed gradated models of ‘incapacitation’ (in many ways replacing ‘rehabilitation’) to manage the increasing prison populations.\textsuperscript{34} For many incarcerated people, a pandemic ‘lockdown’ has meant indefinite curtailment of visits with family, friends, and lawyers; and no educational, religious, substance abuse, or mental health programming. It also frequently meant that people were contained within small areas with little communication with others in different sections of the facility and limited ability to exercise or go outside. Repeatedly, incarcerated people reported serious declines in the quality of food and access to libraries, for instance, and other resources that might help ease the conditions of isolation inside prisons. In some prison systems (i.e., CA, MA, and IL), authorities have attempted some mitigation, like offering limited free audio and/or video calls, but these measures fall far short of needs.

Most prisons implemented lockdowns for several months; in some places, it has not ended as this report is being published. A lockdown does not mean solitary isolation for everyone. However, some prisons have used solitary confinement to isolate people with symptoms or who have tested positive. Since the beginning of the pandemic, the number of incarcerated people in solitary or lockdown increased from 60,000 to 300,000.\textsuperscript{35} While being put in isolation at home or in the hospital has become commonplace since the pandemic began, in prison, people are often moved into solitary without any belongings, medical care is often worse in this form of detention, and the isolation can be near-absolute. It is important to highlight that in the carceral setting the use of solitary confinement exceeding 15 days is regarded as a form of torture by the UN.\textsuperscript{36}

In many places, women are housed in double-occupan-
cy cells or in dormitory-style houses with groups of women. Nonetheless, during a lockdown, an individual’s ability to interact with others is extremely curtailed, and people are potentially cut off completely from friends and family who constitute their coping network. While lockdowns were perhaps a reasonable measure to take to try to counter the spread of the virus, the increased isolation experienced by women – and their families on the outside – can have unintended harmful impacts that compound pre-existing issues:

Mental health issues experienced by incarcerated women: The population of women in prison are overwhelmingly survivors of trauma. They are more likely “to suffer chronic or severe mental health issues, are more likely to be survivors of trauma and/or sexual violence, and have higher rates of substance abuse than their male counterparts.” In fact, some studies have found as many as 80% of incarcerated women have serious mental health challenges. As of yet, there is insufficient information available about how these issues are worsened by the extended isolation as a result of COVID-19 lockdowns.

Maintaining Family Ties: Most (76%) incarcerated women are of childbearing age (18–44 years old) and a majority (61%) report having children who are minors. Mothers in prison also tend to be the sole caregiver for these children before going to prison, and thus rely on extended family for support, or else their children risk entering the foster care system. Visitation has shown to have benefits for both mothers and their children. As one scholar notes, “while phone and mail contact significantly predict post-release attachment between parents and children, face-to-face visits have the greatest positive impact on parent-child relationships post-release.” These visits cannot occur during lockdowns.

Educational and employment programming: Another area of deficit is educational and vocational opportunities — few enough in men’s prisons — are even more scarce in women’s prisons. Given the high numbers of incarcerated women who were unemployed before they were sent to prison, the lack of programming threatens to deepen a cycle of poverty once women are released. The curtailment of these resources during COVID-19 lockdowns introduces even more hurdles for women behind bars.

Economic challenges: There is strong statistical overlap between the populations that are overrepresented among incarcerated people, communities that have been hit hard by COVID-19, and rising unemployment. Particularly vulnerable are Black women, who fall into all three categories — they are disproportionately imprisoned, have higher unemployment rates than do Black men, and white men and women — and those who are working, often work in frontline jobs that increase their exposure to COVID-19. The sum economic and health burdens on these communities on the outside are felt by women on the inside, who are not in position to help relieve their families’ stresses and whose own children may be in the care of families

38 Commission 2020, p. 3.
43 Zettler 2020; p. 57.
44 Commission 2020, p. 22.
with increasing economic stresses. Further, the economic crisis may contribute to increased incarceration rates, especially for Black women; as one study found that “[B]lack female imprisonment rates increase when the concentration of African Americans in metropolitan areas and poverty rates grow.”

Harm while imprisoned: Many women enter prisons following a lifetime of being victimized, and the cycle of violence often continues within prison. Incarcerated women are more likely than men to be sexually harassed or abused while in prison. A 2010 study published by the Bureau of Justice Statistics found that nearly 82 percent of incarcerated women who became victims of sexual harassment while in prison said they were pressured by staff to engage in sexual activity, compared to 55 percent of male victims in prison. Women also complained that efforts to report grievances were frequently followed with retaliation by staff. While this paper focuses on women’s prisons, we note that all of these harms are even more pronounced for transgender women, especially when they are incarcerated in men’s prisons. Additionally, transgender women are frequently placed in solitary confinement, what is described as ‘protective custody,’ because of their identity and not for punitive purpose. Regardless of the rationale, extended time in solitary is torture. It is not known yet if the long duration of lockdowns has increased any of these harms, but lockdowns certainly make reporting more difficult.

These physical, emotional, psychological and economic harms were compounded by the onset of the pandemic, as women’s prisons across the country became hotbeds of COVID-19.

PART THREE: OUTBREAKS IN WOMEN’S PRISONS

The first cases of COVID-19 behind bars were documented in both Massachusetts and Georgia on 20 March 2020. By then, two months after the first reported case in the U.S., most states in the country were beginning to issue stay-at-home orders and social distancing recommendations. Despite ongoing warnings that prisons had been made particularly vulnerable to outbreaks, carceral systems generally failed to prevent and contain the virus. The difficulty of implementing social distancing inside correctional facilities coupled with severe shortages in essential protective equipment turned numerous prisons across the country into COVID-19 hotspots. The first incarcerated person to die of COVID-19 was Anthony Cheek, who passed away in Georgia on 26 March. Six months later, at least 1,108 people have died behind bars.

We do not know of any other research that specifically aims to present a nationwide scan of what has happened in women’s prisons. We assembled a list of all prisons that house women across the country (at the state and federal level, we did not include jails). We then gathered information about: 1) the population of women incarcerated at each prison; 2) the number of women tested for COVID-19 at each prison; and 3) the number of women who tested positive at each prison.

52 Katie Park, Tom Meagher, and Weihua Li 2020.
Our interactive map of outbreaks in women’s prisons across the country allows you to explore the data in more detail.

One limitation of the data is that few prisons present information about testing and positive cases over time. Thus, it was not possible for us to consistently determine when outbreaks peaked. For the nine prisons profiled in Part Four, however, we do provide a chronological overview. The below data — all of which is drawn from the state or federal authority overseeing each prison — provides a snapshot of total positive tests by the end of September 2020. In so doing, this research helps us understand the extent of outbreaks incarcerated women suffered. We further note that outbreaks continue in many prisons, and until the pandemic ends, COVID-19 poses a constant and serious threat to incarcerated people.

Please note, in the below Tables 1.1 – 1.3, an important detail related to women’s prisons in Louisiana. The Louisiana Correctional Institute for Women (LCIW) was flooded in 2016 and women were sent to two separate prisons, Elayn Hunt Correctional Center (EHCC) and Jetson Center for Youth (JCY). However, early on in the COVID pandemic, the Louisiana Department of Public Safety and Corrections reported on COVID data for the women at both sites combined, under LCIW. After May 7, 2020, it began reporting data from the two separate sites: EHCC and JCY.

Based on analysis of the available data, we grouped women’s prisons into three categories of risk. First, was simply a count of the number of women at a prison who tested positive. Below (Table 1.1) provides a list of the 27 prisons where more than 100 incarcerated women tested positive for the virus.

<table>
<thead>
<tr>
<th>State</th>
<th>Facility</th>
<th>Number of Positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Florida</td>
<td>Lowell Correctional</td>
<td>1005</td>
</tr>
<tr>
<td>Oklahoma</td>
<td>Dr. Eddie Warrior Correctional Center</td>
<td>781</td>
</tr>
<tr>
<td>Tennessee</td>
<td>Bledsoe County Correctional Complex -- Unit 28</td>
<td>625</td>
</tr>
<tr>
<td>Federal</td>
<td>FMC Carswell</td>
<td>531</td>
</tr>
<tr>
<td>Florida</td>
<td>Florida Women's Reception Center</td>
<td>485</td>
</tr>
<tr>
<td>Federal</td>
<td>MCC San Diego</td>
<td>401</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Waseca</td>
<td>361</td>
</tr>
<tr>
<td>California</td>
<td>California Institution for Women</td>
<td>352</td>
</tr>
<tr>
<td>Texas</td>
<td>Christina Melton Crain Unit</td>
<td>327</td>
</tr>
<tr>
<td>Florida</td>
<td>Homestead Correctional Institution</td>
<td>302</td>
</tr>
<tr>
<td>Michigan</td>
<td>Women's Huron Valley Correctional</td>
<td>290</td>
</tr>
<tr>
<td>Tennessee</td>
<td>Debra K. Johnson Rehabilitation Center</td>
<td>277</td>
</tr>
<tr>
<td>North Carolina</td>
<td>North Carolina Correctional Institute for Women</td>
<td>270</td>
</tr>
<tr>
<td>Missouri</td>
<td>Chillicothe Correctional Center</td>
<td>253</td>
</tr>
<tr>
<td>Kentucky</td>
<td>Kentucky Correctional Institution for Women</td>
<td>246</td>
</tr>
<tr>
<td>Federal</td>
<td>FTC Oklahoma City</td>
<td>241</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Coleman Low</td>
<td>227</td>
</tr>
<tr>
<td>Oklahoma</td>
<td>Mabel Bassett Correctional Center</td>
<td>215</td>
</tr>
<tr>
<td>Federal</td>
<td>FMC Lexington</td>
<td>210</td>
</tr>
<tr>
<td>Missouri</td>
<td>Women's Eastern Reception, Diagnostic and Correctional Center</td>
<td>194</td>
</tr>
<tr>
<td>Louisiana</td>
<td>Jetson Center for Youth</td>
<td>178</td>
</tr>
<tr>
<td>Virginia</td>
<td>Fluvaana Correctional Center for Women</td>
<td>170</td>
</tr>
<tr>
<td>Louisiana</td>
<td>Louisiana Correctional Institute for Women</td>
<td>169</td>
</tr>
<tr>
<td>Federal</td>
<td>FDC Miami</td>
<td>153</td>
</tr>
<tr>
<td>Texas</td>
<td>Dr. Lane Murray Unit</td>
<td>137</td>
</tr>
<tr>
<td>Federal</td>
<td>Chicago MCC</td>
<td>134</td>
</tr>
<tr>
<td>New Jersey</td>
<td>Edna Mahan Correctional Facility for Women</td>
<td>121</td>
</tr>
</tbody>
</table>
However, the raw number of cases does not tell the whole story. One hundred cases in a facility that houses thousands of people may not be as serious an outbreak as 50 cases in a facility that only has 100 people in it. Thus, we present another way of looking at the number of cases (Table 1.2), which captures the percentage of women testing positive relative to the prison’s overall population. Using the cutoff of 15%, fourteen prisons fell into this at-risk category. It should be noted however, that this is not a totally accurate assessment because the information coming out of certain states’ departments of corrections is minimal. In order to make this calculation, the population of the facility must be known. Many states do not report the population of the facilities so they could not be included in this calculation.

Table 1.2: Women’s Prisons With The Percentage Of The Population With Positive Tests Over 15%: 17

<table>
<thead>
<tr>
<th>State</th>
<th>Facility</th>
<th>% Positive</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal</td>
<td>MCC San Diego</td>
<td>72%</td>
</tr>
<tr>
<td>Louisiana</td>
<td>Jetson Center for Youth</td>
<td>68%</td>
</tr>
<tr>
<td>Florida</td>
<td>Florida Women's Reception Center</td>
<td>61%</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Waseca</td>
<td>60%</td>
</tr>
<tr>
<td>Massachusettts</td>
<td>Massachusetts Correctional Institution – Framingham</td>
<td>50%</td>
</tr>
<tr>
<td>Florida</td>
<td>Homestead Correctional Institution</td>
<td>46%</td>
</tr>
<tr>
<td>Florida</td>
<td>Lowell Correctional</td>
<td>46%</td>
</tr>
<tr>
<td>Federal</td>
<td>FMC Carswell</td>
<td>41%</td>
</tr>
<tr>
<td>Virginia</td>
<td>Central Virginia Correctional Center for Women</td>
<td>36%</td>
</tr>
<tr>
<td>Wisconsin</td>
<td>Milwaukee Women's Correctional Center</td>
<td>32%</td>
</tr>
<tr>
<td>Texas</td>
<td>Christina Melton Crain Unit</td>
<td>24%</td>
</tr>
<tr>
<td>Federal</td>
<td>Chicago MCC</td>
<td>24%</td>
</tr>
<tr>
<td>California</td>
<td>California Institution for Women</td>
<td>23%</td>
</tr>
<tr>
<td>Virginia</td>
<td>Fluvanna Correctional Center for Women</td>
<td>18%</td>
</tr>
<tr>
<td>Federal</td>
<td>FTC Oklahoma City</td>
<td>18%</td>
</tr>
<tr>
<td>Federal</td>
<td>FMC Lexington</td>
<td>17%</td>
</tr>
<tr>
<td>Louisiana</td>
<td>Elayn Hunt Correctional Center</td>
<td>16%</td>
</tr>
</tbody>
</table>

The third measure we applied to describe at risk facilities was the positive test rate. This is the percentage of test results that are positive for COVID-19. A high positive test rate indicates that not enough tests are being administered and the virus’s spread is unknown. In its guidance to governments, the World Health Organization advised that rates of positivity should be below 5% for at least 14 days before re-opening.54 Many prisons we analyzed

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have rates far above this measure. Below, we list those prisons with a positive test rate of 10% or over. Twenty-five prisons fall into this category. The highest positive test rate was at Louisiana Correctional Institute for Women in Louisiana: 85%.

### Table 1.3: Women’s Prisons With A Positive Test Rate Over 10%: 25

<table>
<thead>
<tr>
<th>State</th>
<th>Facility</th>
<th>Positive test rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Louisiana</td>
<td>Louisiana Correctional Institute for Women</td>
<td>85%</td>
</tr>
<tr>
<td>Federal</td>
<td>MCC San Diego</td>
<td>74%</td>
</tr>
<tr>
<td>Louisiana</td>
<td>Jetson Center for Youth</td>
<td>65%</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Wasca</td>
<td>64%</td>
</tr>
<tr>
<td>Florida</td>
<td>Florida Women's Reception Center</td>
<td>63%</td>
</tr>
<tr>
<td>Massachusetts</td>
<td>Massachusetts Correctional Institution – Framingham</td>
<td>53%</td>
</tr>
<tr>
<td>Florida</td>
<td>Lowell Correctional</td>
<td>44%</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Coleman Low</td>
<td>42%</td>
</tr>
<tr>
<td>Federal</td>
<td>FMC Carswell</td>
<td>41%</td>
</tr>
<tr>
<td>Florida</td>
<td>Homestead Correctional Institution</td>
<td>37%</td>
</tr>
<tr>
<td>Indiana</td>
<td>Indiana Women's Prisons</td>
<td>34%</td>
</tr>
<tr>
<td>Federal</td>
<td>Chicago MCC</td>
<td>24%</td>
</tr>
<tr>
<td>Louisiana</td>
<td>Elayn Hunt Correctional Center</td>
<td>22%</td>
</tr>
<tr>
<td>Federal</td>
<td>FMC Lexington</td>
<td>21%</td>
</tr>
<tr>
<td>Tennessee</td>
<td>Bledsoe County Correctional Complex -- Unit 28</td>
<td>20%</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Greenville</td>
<td>19%</td>
</tr>
<tr>
<td>Tennessee</td>
<td>Debra K. Johnson Rehabilitation Center</td>
<td>18%</td>
</tr>
<tr>
<td>Federal</td>
<td>FTC Oklahoma City</td>
<td>18%</td>
</tr>
<tr>
<td>Federal</td>
<td>FDC Miami</td>
<td>18%</td>
</tr>
<tr>
<td>North Carolina</td>
<td>North Carolina Correctional Institute for Women</td>
<td>17%</td>
</tr>
<tr>
<td>Michigan</td>
<td>Women's Huron Valley Correctional</td>
<td>16%</td>
</tr>
<tr>
<td>Federal</td>
<td>FDC Seattle</td>
<td>12%</td>
</tr>
<tr>
<td>Wisconsin</td>
<td>Milwaukee Women's Correctional Center</td>
<td>12%</td>
</tr>
<tr>
<td>Federal</td>
<td>FCI Tucson</td>
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<td>Federal</td>
<td>FCI Danbury</td>
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While it is true that a number of these facilities are in some of the most affected states by the pandemic, the rates of infection inside prison are still significantly higher than those found among the general population. Louisiana, for example, has an infection rate of 3-4% among its general population, Florida around 2-3%, Texas 2-3%, Massachusetts around 2%, California 2%, and Michigan 1.5%. While acknowledging that the official number of cases among the general population might be lower than the total number, these statistics are useful to underscore the severity of the outbreaks inside the women’s prisons listed above. It is also important to note the different ways in which prisons responded to outbreaks. Some facilities may be on the list because they had outbreaks early and responded with largescale testing, hence the outbreaks might be better documented than in other places (i.e. MA and MI). It is also important to highlight that not all states report the number of tests that are done at each facility. But in any case, each of these facilities demonstrates
the mixture of elevated risks for COVID-19 related to prisons, in addition to specifically gendered issues for women.

The data presented above is an incomplete picture of what has occurred, and continues to take place, inside these women’s prisons. Thousands of incarcerated women were directly impacted by the conditions of these facilities and by the wide range of inadequate measures that were taken in the face of the COVID-19 pandemic. To better understand what these women experienced, we provide case studies of some of the hardest hit women’s prisons, chosen for diversity in size, geography and timing of the outbreak. Through them we hope to provide a more nuanced look into the situation inside these facilities, placing particular focus on the experiences of different incarcerated women during this time.

**PART FOUR: PROFILES OF THE HARDEST-HIT PRISONS**

**LOUISIANA**

| Louisiana Correctional Institute for Women (LCIW) (St Gabriel, LA), pop. 434 |
| Elayn Hunt Correctional Facility (LCIW – Hunt) (St Gabriel, LA), pop. 171 |
| Jetson Center for Youth (LCIW – Jetson) (Baker, LA), pop. 263 |

The Louisiana Department of Public Safety & Corrections (DPSC) oversees eight prisons. Before 2016, only one housed women: the Louisiana Correctional Institute for Women (LCIW) in St. Gabriel, LA. On 16 August 2016, LCIW started to flood following heavy rain. The approximately 1,000 women housed there were evacuated and relocated to separate facilities. About 250 women were moved to a newly created female dorm on the Elayn Hunt Correctional Facility campus (now LCIW – Hunt); another 250 relocated to a former juvenile detention center, Jetson Center for Youth (now LCIW – Jetson), and the rest were sent to various jails and transitional programs. This situation was meant to be temporary while the state fixed and renovated the LCIW. Four years after the flooding, however, the women are still living in the overcrowded and inadequate ad hoc housing facilities.

At the Jetson Center for Youth in Louisiana, implementing physical distancing measures is nearly impossible. One of the rooms housing 70 women is filled with 40 bunk beds about an arm’s length apart and they only have three toilets and four sinks for all the women. Due to overcrowding, when COVID emerged, the prison could not provide additional space for the incarcerated women to physically distance, so instead, they asked the women to “alternate head and foot positions on adjacent bunks to increase their breathing zone.”

Until 7 May 2020, the two geographically separate detention centers were reporting combined COVID-19 testing and infection numbers, as LCIW. On 7 April, LCIW reported three cases among the incarcerated population and one case among the staff. These numbers increased steadily to 37 incarcerated people and 20 staff by 21 April. Three days later, the prison began testing asymptomatic and symptomatic cases, which led to cases increasing almost fivefold within a few days. By 6 May there were 217 cases among prisoners and 44 among the staff.

On 7 May the DPSC began to report LCIW as two separate prisons—LCIW-Hunt and LCIW-Jetson.

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60 Lea Skene 2020.
That same day, there were 165 cases among the incarcerated population at Hunt and 52 at Jetson. By the end of May, these numbers increased to 169 and 168 incarcerated women testing positive at Hunt and Jetson, respectively. In total there were 337 cases among the incarcerated population at the two facilities and two deaths at Elayn Hunt. Both LCIW-Hunt and LCIW-Jetson were among the most severely COVID-19 affected facilities. By the time they tested all the women the facilities had infection rates of 62% and 87% respectively. Many of the cases were asymptomatic.61

**FLORIDA**

| Homestead Correctional Institution (Homestead, FL), pop. 668 |
| Lowell Correctional Institution (Ocala, FL), pop. 2200 |
| Florida Women’s Reception Center (Ocala, FL), pop. 800 |

Women’s prisons in Florida have been hit particularly hard: three of them are among the ten prisons with highest positive test rates in the country.

The high percentage of women testing positive at the Homestead Correctional Institution illustrate how insufficient testing can result in widespread outbreaks in carceral settings. The first time that the prison reported a woman testing positive was not until early May, when three women with symptoms were tested. While awaiting results, the women were sent to three different dorms.63 On 10 May, the prison announced that two of the women tested positive, as had one staff member. Two days later the number rose to 73 positive tests among incarcerated women; by 17 May, 231 of the incarcerated women and 19 staff members had tested positive.64 By the end of May, mass testing revealed that 44% of the women had COVID.

One of the women at Homestead said that after testing positive, she was given a floor-mat and put in solitary confinement. Because her door was locked, she was forced to bang on the door and cry to receive basic medication such as paracetamol or ibuprofen.65 “I can’t believe how I’m being handled,” she told her mother in an email, “they haven’t even let me shower.”66 Another woman in similar conditions said, “I haven’t had a drink of water since morning nor have they given me a shower. No staff has been coming to see me at all.”67 Kelly Knapp, senior attorney of civil rights organization Southern Poverty Law Center, claimed that, “Forcing people with COVID-19 to sleep on mats on the floor or in disciplinary isolation is cruel and inhumane.”68

The Lowell Correctional Institution is the largest women’s prison in the US, housing around 2,200 women, 474 of whom are over 50 years old.69 It has a long record of human rights abuses against women, for which it is currently under investigation by the U.S. Department of Justice. Its record on protecting women from COVID-19 is equally bad. By 28 July, reportedly 444 women had tested positive for COVID-19.70 Ten days later, by 7 August, over 900 women had the virus

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65 Dasgupta 2020.
68 Dasgupta 2020.
According to a woman incarcerated at Lowell at the time, on 27 July, the prison accepted a transfer of women coming from the Florida Women’s Reception Center. These new women, who were immediately placed in the main unit, apparently were “coughing and sneezing.” A few days later several women who had been in the dorm with the new women fell ill. Subsequently, several tested positive for COVID-19.

Another woman at Lowell conveyed to her girlfriend outside the prison that as the virus spread, incarcerated women were feeling increasingly desperate. When women started feeling sick, following the arrival of the group from the Florida Women’s Reception Center, the staff claimed it was only summer colds. She added that, “You gotta be dead just about before they’ll come to help.”

Debra Bennett-Austin, formerly incarcerated at Lowell and founder of the Change Comes Now nonprofit, has been steadily receiving messages from incarcerated women at Lowell. A message from 12 August read, “They do not take our temperature every day. Monday and Tuesday no one came to take it. Today when the nurse came she didn’t write down anyone’s temps and didn’t seem to care what the thermometer read.” Suzanne Somma, released from Lowell in August 2020 said that even with all the restrictions in place, women were still “bounced around” in the facility, potentially causing cross contamination. She added that temperature checks were not regularly made.

Representative Dianne Hart from Tampa said in April 2020 that prison’s lack of adequate medical care was her main concern, adding that she was “petrified that none of our facilities are really prepared correctly.” She also said that Centurion, the private medical care provider used by state prisons in Florida is “one of the worst providers we could possibly have.” Despite having over 1,000 positive cases as of September 2020, so far, no women from Lowell have been granted compassionate release.

No cases of COVID-19 were reported among the women incarcerated at the Florida Women’s Reception Center until July. But then, an outbreak surged. On 29 July, 358 women tested positive and one woman died from COVID-19-related causes. The number of women testing positive continued to rise steadily. Lana Blair, incarcerated at this prison, stated that

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73 DeLuca 2020, “Loved Ones.”

74 DeLuca 2020, “Loved Ones.”

75 DeLuca 2020, “Loved Ones.”

76 DeLuca 2020, “Loved Ones.”


78 Fillmore 2020.


80 DeLuca 2020, “Fears Grow.”


83 Florida Department of Corrections, 2020, “FDC Responds to COVID-19 at Florida Women’s Reception Center.” (August 4). Available
guards working in her dorms were not wearing any protective equipment and that the cleaning supplies that women received were “watered down.” She added that, “Being told to separate is impossible. We are sleeping 12 inches from other inmates in a dorm of 86 women who share 12 toilets and nine showers.”

In a particularly egregious case, a woman who is a paraplegic as a result of being brutally beaten by guards at the Lowell Correctional Institute on 21 August 2019, was denied a test after she was exposed to women who had tested positive. Cheryl Weimar, who is 51, was originally sentenced to three years in prison, but is now bed-ridden and relies on catheters, mechanical breathing assistance, and feeding tubes as a result of having her neck and spinal cord broken by guards. According to her lawyers, correctional officers “knowingly and deliberately” allowed the doors of a unit housing women with COVID-19 to stay open for over 45 minutes, exposing nearby incarcerated women and staff, including Weimar. Following the incident, several nurses and the director of nursing quit their jobs, leaving the prison severely understaffed with medical providers. Weimar’s medical condition makes her particularly vulnerable to COVID-19. One of her nurses said that she fears “[the Florida Department of Corrections] and the medical staff will let her die and not give her the testing and care that she will need and which should be provided in a hospital.”

FEDERAL PRISON

Federal Medical Center (FMC) – Carswell (Carswell, TX), pop. 1305

FMC-Carswell is the only medical facility for women in the Federal Bureau of Prisons. It has been the subject of multiple allegations of medical malpractice, neglect and sexual abuse of incarcerated people by staff in the past.

The death of Andrea High Bear (many news stories and BOP used her married name, Andrea Circle Bear, but her grandmother corrected them) of the Cheyenne River Sioux on 28 April made national headlines. The 30-year-old woman and mother of five was 8.5 months pregnant with her sixth child when she was transferred on 20 March, from a jail in Winner, South Dakota to serve a two-year, drug-related sentence at FMC Carswell in Fort Worth, Texas. On the 28th, she was sent to a local hospital due to potential concerns related to her pregnancy. She was returned to the prison the same day. Three days later, experiencing symptoms of fever, dry cough, and ‘other symptoms,’ she returned to the hospital and was put on a ventilator. The next day her baby was born via caesarian section. On 4 April, An-

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87 Gross 2020, “Florida Inmate Paralyzed.”
88 Gross 2020, “Florida Inmate Paralyzed.”
drea High Bear tested positive for COVID-19 and she died two weeks later.

As her granddaughter entered the BOP system, LeBeau explained, information dried up.⁹⁵

“There are so many things the BOP never told us as they were happening: that Andrea was moving out of quarantine to a hospital, that she had COVID-19, that she was dying. Any information I ever got was from the hospital, not Carswell…Families like ours are trying our best. We call wardens, prisons and jails every day. No one calls back.”

The BOP reported no more than two positive cases among the incarcerated population at FMC Carswell through the end of June. But on 2 July, the number jumped to 25; a week later it reached 80; and on 16 July, it was at 181. Within a week, another two women died there: Sandra Kincaid, a 69-year old white woman died on 15 July, and Teresa Ely, a 50-year-old white woman who died on 20 July. By early August, the prison reported 1,323 people tested, of whom 542 were positive, with 150 active cases and 392 recoveries.⁹⁶

Twenty-eight-year-old Reality Winner, who tested positive at the prison in July, denounced cleaning and isolation practices, “They allowed someone positive from our unit to go to a hospital unit where dialysis and chemo patients live, starting the infection spread down there.”⁹⁷ Despite pleading for cleaning supplies for weeks the conditions inside did not improve. The women were given some cloth masks weeks before the number of cases reached 500, but with four women in each cell the virus spread rapidly through the medically vulnerable population.⁹⁸ FMC Carswell is the only specialized medical federal prison for women with underlying health conditions.⁹⁹

In the FMC Carswell, by the time they started mass testing in early August at least 510 women had COVID-19, nearly 40% of the prison population.¹⁰⁰

MASSACHUSETTS

Massachusetts Correctional Institution (MCI) - Framingham (Framingham, MA), pop. 190¹⁰¹

In Massachusetts, overcrowding at the state’s only prison for women, MCI-Framingham, has been fueled by the lack of separate jail space for women in many of the county jails.¹⁰² As a result, many counties have been sending those detained pretrial to MCI-Framingham.¹⁰³ The prison reported its first five positive cases on the same day: 9 April. By the end of that month, the number of cases surged to 85 women testing positive. At the time, it was one of the country’s worst reported outbreaks in prison. From April through October, a total of 101 women had tested positive for the virus.

Leslie Credle, formerly incarcerated at MCI-Framingham and a member of the Families for Justice as Healing non-profit, said that “the medical conditions were dire even before COVID-19. Due to the outdated medications women seemed to have a lot of seizures. It would take so long for nurses to go check on them that the incarcerated women inside the prison became their own nurses. We would have to jump in and hold a

⁹⁵ LeBeau 2020.
⁹⁶ Conley and Siegel 2020.
⁹⁷ Franklin 2020.
⁹⁸ Franklin 2020.
⁹⁹ Franklin 2020.
¹⁰³ The only proposed solution for the overcrowding at the prison has been the establishment of a new jail for women, which was discussed by the state senate in 2019. In 2020, even while delaying police reform, legislators voted to dedicate spending to build the new jail.
woman having a seizure to avoid her banging her head on the floor.”

The lockdown, Credle noted, has been extremely hard on the women: “It’s like you’re in solitary confinement,” she said, adding that, “The cells are similar to living in your bathroom at home with another person, making it especially difficult to socially distance.” Kimya Foust, who is incarcerated at MCI-Framingham and was interviewed over the phone by Stacy Borden of Families for Justice as Healing, noted that women in the prison were moved around continually; she had been moved four times in a single week. She explained that the prison authorities were attempting to move positive people into one area and keep people without symptoms in another. But the sum impact was that without thorough testing, the movements aided the spread of the virus.

Foust also described the isolation women experienced. They were let out of their cells for 30 minutes a day, only four women at a time. Patricia Olsen, another woman at MCI-Framingham talked about her feelings of despair and isolation, stating, “I have friends who have been here for 30 years and when I watch out my window, people I care about are getting sick and taken away. And you’re stuck in your room with no one to talk to and living with the fear of losing other friends that still have not returned.”

The lock downs have also had a direct impact on women’s relatives. Ayana Aubourg, Director of programs at Families for Justice as Healing said, “You’re not only talking about people who are incarcerated but also their families. It has a ripple effect. What happens in prison doesn’t just stay in prison, it has a spillover effect into all of our communities.” As Shanita Jefferson, whose mother, Angela Jefferson, is incarcerated at MCI-Framingham, noted: “We have a family out here that is ready to support her… at the time of this pandemic they [women] feel abandoned.” All three women, Foust, Olsen and Jefferson are part of the clemency campaign organized by Families for Justice and Healing, requesting that Massachusetts’ Governor Charlie Baker use his clemency powers to release women who are “aging, sick, survivors of sexual violence and […] who have served decades of time already.”

California

California Institution for Women (Chino, CA), pop. 1553

In California, since mandatory-sentencing laws were approved in the mid-1980s the female prison population skyrocketed. In 1980, there were 1,316 women in California’s state prisons. Thirteen years later, in 1993, the population was 7,232—an increase of 450%. As a result, overcrowding is a significant problem.
problem in many of the state’s prisons. The Supreme Court ruled in 2011 that California’s prison overcrowding violated the Eighth Amendment’s ban on “cruel and unusual punishment.” In direct response to the decision, California passed a justice realignment plan, sending thousands of people from prisons to county jails. Women benefited most from this policy. In 2012, the number of women in state prisons, compared with the design capacity of these facilities, fell from 170% to 116.9%. However, a mere year later women’s prisons were once again the most crowded among the California state prisons. The main reason behind this sudden reversal was the conversion of the main women’s prison into a men’s prison in order to relieve overcrowding in other facilities. While successfully decreasing overcrowding in other men’s prisons, the measure worsened conditions for women.

The California Institution for Women (CIW) has been one of the prisons in the state most affected by COVID-19. The facility reported its first positive test among incarcerated women on 6 April, and immediately imposed a prison-wide lockdown. That same day, the California Department of Corrections and Rehabilitation (CDCR) announced a policy requiring all correctional staff members to wear masks. Some women at CIW claimed that officials did not inform them about what was happening and that these sudden measures left them “confused and terrified” about their safety.

By 29 April, only 17 of 1,566 women had been tested for COVID-19. The California Correctional Health Care Services policy is based on CDC guidelines, which, at the time, recommended only testing close contacts of positive cases if they developed symptoms of the virus, or if there was a significant outbreak at a prison. Lashauna Blanks, a woman incarcerated at CIW, said that she was told her cellmate had COVID-19 two days after she disappeared from her cell. While Blanks was put in quarantine she was not tested following state policy since she did not have any evident symptoms. This was despite her job: washing the prison ambulances that were transporting sick women to the hospital.

April Harris, a 44-year old woman incarcerated at CIW, provided unique insight into the daily lives of women at the prison during the outbreak when she shared parts of her diary with different prisoner advocacy groups, including the California Coalition for Women Prisoners. Speaking about the early days of the outbreak at CIW she said, “I feel like we could be sitting on a ticking time bomb right now with so many more people affected that we don’t know. Women are still considered second-class citizens, and when we become incarcerated, we’re forgotten.”

When the first cases were detected at CIW, officers proceeded to check everyone’s temperature twice daily and forced the women to stay in their cells all day. “They slammed us down, brought our food and our


119 Fleischer 2013.

120 Fleisher 2013.


122 Guo 2020.


124 Dugdale 2020.

125 Dugdale 2020.
medication to the doors” said Harris. She added that she had to wait weeks to use a phone or pick up items at the commissary.

As the weeks passed the conditions continued to deteriorate. Harris described in her journal that, “The girls are busting out their windows. The girl next to me has officially lost her mind. I can hear glass breaking while she is screaming.” On the same day she also added, that “An inmate ran out of her room when they opened her door for breakfast and is refusing to go back in. She is screaming she wants to talk to her family.” A few days later she wrote, “People are screaming that they are going to hang themselves. The banging is the loudest since I’ve been here.”

The lockdown and related restrictions on movement exacerbated the lack of mental healthcare services at CIW. At least four women attempted suicide while in isolation for COVID-19. Many women refused to get tested or to have their temperature checked to avoid being put in solitary confinement. April Harris confirmed these fears saying that, “People aren’t scared of COVID-19, they are scared of the treatment of isolation.”

Many women in prison are able to survive the experience by building powerful friendships with other incarcerated women. The months-long lockdowns have closed off many of these relationships for the women at CIW. One of Harris’s closest friends, Rianne Theriaultodom, has experienced this enforced isolation first hand. She arrived to CIW with a fourth-grade education. With the ongoing support of Harris she has managed to earn her G.E.D. and is currently working towards getting a degree in Sociology. In normal circumstances the two women live four doors away and are crucial people in each other’s lives. Theriaultodom says that her friend “inspires much of [her] growth.”

Their separation following the outbreak of COVID-19 in the facility was therefore very traumatic. Rianne fell sick first and Harris followed a few days later. After she tested positive, Harris was told to gather a few of her belongings and was transferred to a different part of the prison. A few weeks later both women were moved again to a 220-person housing unit, but their cells were on opposite sides of the hall. For those who are incarcerated, this form of isolation can be nearly unbearable. Before the pandemic started, women could move around the prison and spend the days with their friends. With the restrictions introduced in response to COVID-19, they are now confined to their cells for more than 23 hours a day.

By 24 July, 280 incarcerated women at CIW had tested positive for the coronavirus, and one had died. By September the number of total cases since the beginning of the pandemic was 352.

**MICHIGAN**

*Women’s Huron Valley Correctional Facility (Ypsilanti, MI), pop. 2000*

In Michigan, between 2009 and 2015, the number of women behind bars (including prisons and jails) increased by 30%, while men’s numbers declined 8% over the same time period. Around 2000 of these incarcerated women live in the state’s only prison for women, the Women’s Huron Valley Correctional Facil-

126 Dugdale 2020.
127 Dugdale 2020.
129 Fagon 2020.
130 Fagon 2020.
131 Guo 2020.
133 Guo 2020.
134 Fagon 2020.
135 Fagon 2020.
ity (WHVCF).

The first COVID-19 case in a Michigan prison was reported on 27 March at the WHVCF. On 15 April, the prison reported having 49 cases among the incarcerated population. Two weeks later the number had gone up to 79, but only 135 women had been tested in the facility. By mid-May, 94 women had tested positive and four had died from COVID-19. A total of 273 tested positive by early June. By early September, 288 women had tested positive.

In trying to stop the outbreak, many prisons placed those who had tested positive or were exposed to COVID-19 in solitary confinement. Huron Valley widely adopted this practice.

One of the women placed in solitary confinement due to COVID-19 was Ursula Bolton. She was hospitalized after getting sick in prison, and as her symptoms worsened, she was put in a medically induced coma for 20 days. After being discharged from the hospital she was placed in solitary confinement back at WHVCF. Bolton was being treated for delirium when she left the hospital, a condition that got worse after she was forced into complete isolation. She also suffered from depression and confusion during this time. One of her friends grew so concerned about her mental state in solitary that she breached protocol to inform Bolton’s son about her mother’s situation.

Another policy adopted by the prison was “cohorting,” which consisted on grouping women based on their health. Several women like Kylee Beauchamp, who had been close contacts of positive cases, were placed in the gymnasium regardless of whether themselves were positive for COVID-19. According to Beauchamp, who was paroled soon after, “On a daily basis they had 20, 30 people moving in and out, so you’re constantly getting re-exposed to people who could possibly have it. They had no idea what to do with people. It was just ridiculous. They didn’t have a plan, they didn’t have anything.”

Women’s Huron Valley had been the subject of numerous complaints regarding overcrowding and unsanitary conditions before the COVID-19 pandemic hit. In 2018, the Department of Corrections said that the population was around 2,100, well below the prison’s capacity of around 2,400. However, advocates for incarcerated women argue that the capacity has been inflated. A prison’s design capacity is the number of incarcerated people the architects or planners intended for the facility. The operational capacity, on the other hand, is the number of people the prison can actually house, which is often lower than the design capacity due to factors such as overcrowding or unsanitary conditions.

141 Horan 2020.
142 Horan 2020.
143 Horan 2020.
144 Horan 2020.
146 Egan and Jackson 2020.
148 “Terms & Definitions: Jail Inmate Characteristics.” Bureau of Justice Statistics. Available at: https://www.bjs.gov/index.cfm?
other hand, is the number of people that can be accommodated in the prison. While design capacity is set by the original prison plans, operational capacity can be altered by making changes to the existing space. In the case of the Women’s Huron Valley prison, in order to make space for the additional numbers, the day rooms, recreation spaces, offices and storage units were converted into additional cells. Tammy Weidenhamer, who was incarcerated at the prison said, “There isn’t enough room for people to stay six feet apart.”

According to an architect specialized in prison design, the prison did not obtain any building permits, and in some cases did not even use architectural plans, to convert different spaces into cells nor did they ensure these new cells had adequate ventilation. After examining the prison blueprints and visiting the facility the architect concluded that at least 14 of the units, housing over 1,000 women, were “overcrowded and constitut(ing) cruel and unusual punishment.” For example, one of the recreation rooms converted into a housing dorm for 16 women has less than 18 square feet per person. Women at the prison have also complained about having insufficient lockers, desks and chairs, the ongoing invasion of their personal space, lack of security and privacy in the new cells, lack of ventilation, lack of cleaning supplies, toilet paper, feminine hygiene products, and insufficient clothes.

While in 2018, when the attorneys filed the reports, these circumstances were said to amount to cruel and unusual punishment; in 2020 they also contributed to the Women’s Huron Valley Prison becoming a COVID-19 hotspot.

PART FIVE: CONCLUSION

The numerous hurdles that obstruct the physical, mental, emotional and economic well-being of women in prison are not new, but in the pandemic, they gain new capacity to harm. This paper aimed to shine a light on the distinct needs of women in prison given the risks posed by COVID-19 and the extent to which they have already suffered as a result of the virus.

As a testament to the resilience and strength of women who have been imprisoned, some of the strongest leaders in efforts to draw attention to what has happened inside prisons are formerly incarcerated women who have become advocates for justice. Around the country and in each of the states that we profiled, organizations – often led by formerly incarcerated women – have mobilized to draw attention to both long-term and COVID-19 issues for this population.

We conclude by presenting five of the demands most commonly articulated by these women’s organizations.

1. Release people:

- Grant 180-days Good Time to allow everyone within six months of going home to get home (VOTE—Louisiana);
- Issue medical parole for everyone with respiratory conditions, anyone who is immunocompromised, and anyone over 60 years old (see recommendations for commutations in Addendum II, “I don’t want to die in prison”);
- Governors should use their clemency power to bring people home (see the campaign work of Families for Justice as Healing to learn more about this issue in Massachusetts).

2. Better equip people inside prisons to protect themselves physically, emotionally and mentally:

- Provide masks and gloves to all staff and incarcerated people;
- Refrain from use of solitary or lockdown to achieve medical isolation;
- Reduce the costs of calls and video so that incarcerated people can maintain their connec-
tions with loved ones. These are widely issued demands, hence we do not identify them with any particular organization’s work.

3. Create stronger oversight mechanisms to review how prisons uphold the human rights of the women they incarcerate:

- Create a jail and prison COVID-19 oversight commission under the Office of Public Health and CDC, with the power to interview sick people, enforce basic medical standards, and ensure families have a right to know about the health of their loved ones (see the work of VOTE-Louisiana).

4. Do not allow the crisis moment to distract attention from longer-term goals:

- Support efforts to change prison and the broader criminal justice system, as is being done by VOTE Louisiana, Massachusetts Criminal Justice Coalition, The Future Justice Fund, the Florida Campaign for Criminal Justice Reform, the Michigan Collaborative to End Mass Incarceration, Families for Justice as Healing, the California Coalition for Women Prisoners, among many others.

Among advocates for the rights of incarcerated people, there are multiple views about how to define the strategic goal of longer-term change in America’s use of mass incarceration. Some of the above organizations explicitly work towards prison abolition, a holistic approach to transforming how societies address and repair both the causes and consequences of crime, while others focus on reforming the current system. Both strategies find common ground on some issues — and the implications of the public health crisis sparked by COVID-19 in prisons has united them in many ways — while working within different strategic frameworks. During the period of crisis ushered in by the pandemic, attention logically turned to immediate and acute issues, but the conversation about more comprehensive change remains on-going.

5. Support efforts that help incarcerated people advocate for themselves:

- Support organizations led by formerly incarcerated women, an umbrella group for these organizations is the National Council for Incarcerated and Formerly Incarcerated Women;
- Expand educational opportunities for women inside prisons (see the work of Jamii Sisterhood);
- Enable incarcerated people to access to their voting rights (see the work of The Sentencing Project);
- Empower people directly impacted by incarceration in decision-making about the justice system (as an example, see the legislative recommendations put forward by Daughters Beyond Incarceration and the Louisiana Women’s Incarceration Task Force).